

SHAC
SCHOOL HEALTH ADVISORY COUNCIL



School Health Advisory Council

#WEARECLINTISD

School Health Advisory Council



Thursday, Jan. 23, 2025

9:00-11:00 AM

Clint ISD Central Office

Board Room #700

Team Lead:

Rodrigo Hernandez,

Assistant Director of Special Education

SHAC
SCHOOL HEALTH ADVISORY COUNCIL



CLINT INDEPENDENT SCHOOL DISTRICT

CORE VALUES

Committed to student success as a shared responsibility among students, parents, educators, the School Board and the community.

Learner-Centered by ensuring that all students receive quality teaching and engaging instruction.

Innovative in using global thinking and technology to empower students to become lifelong learners.

Nurturing by creating an educational environment where all students are socially and emotionally supported, safe and valued.

Transparent through open communication, leadership, accountability and integrity.





Agenda for January 23, 2025

- Welcome
- Family Survey (Scan QR)
- SHAC Overview
- Presentations:
 - FFA Regulation Guidelines: Student Wellness and Health Services
 - Fitnessgram
 - Human Trafficking
- Announcements
 - Menu Advisory Board
 - New Year, New You! Family Event at Horizon High School
 - Health Fair & 5K Run/ 1 Mile Walk - Date Change
- Questions & Answers
- Conclusion: Next Meeting - March 27, 2025 @ 9 a.m.

Our meeting will be recorded. Minutes will be taken and posted. Spanish translation available.

Family Survey

- Welcome
- Please scan the QR code to answer a few questions on our family survey.



SHAC
SCHOOL HEALTH ADVISORY COUNCIL



SHAC Overview

Mr. Hernandez



2024/2025 District SHAC Team

- **Rodrigo Hernandez**, Assistant Director of Special Education
- **William Swanson**, Project Director of ACE CCLC
- **Deborah Luevanos**, Culture & Community Coordinator
- **Anthony Prado**, Chief Operations Officer
- **Amanda Rueda**, Assistant Director Data & Accountability
- **Carlos Villalobos**, Director Child Nutrition Program
- **Sergio Chairez**, Child Nutrition Financial Director
- **Idalia Valdez**, Clint ISD Head Nurse
- **Gisela Lucero**, Director of EIS
- **Adriana Maciel**, SPED Coordinator
- **Valerie Martinez**, Benefits & Risk Management Coordinator
- **JaiLynne Cho**, Secretary of C&I / PR

SHAC
SCHOOL HEALTH ADVISORY COUNCIL





What is SHAC?

School Health Advisory Councils (SHACs) help parents and the community have a voice in issues that impact child health. Whether it is about school meals, staff wellness, vaping, recess or bullying; SHACs can provide input and resources to District leadership as they work to find solutions to the health challenges they face.



SHAC - Meeting Requirements

- SHAC must hold at least four public meetings each school year.
- “Public meeting” requirements:
 - Must post notice of date, hour, place and subject 72 hours prior
 - Must make an audio or video recording of the meeting and maintain minutes
 - Must submit the recording and minutes within 10 days for posting on the district website



SHAC Meeting Student Health Advisory Council

Clint ISD Admin Building
14521 Horizon Blvd.
El Paso, TX 79928
915-926-4000

Oct. 02, 2024 @ 9 a.m.
Nov. 21, 2024 @ 9 a.m.
Jan. 23, 2025 @ 9 a.m.
Mar. 27, 2025 @ 9 a.m.

Register To Attend :



All family members and parents are invited. SHAC is the best way to express your voice in how health curriculums are addressed in our schools.

www.clintweb.net

SHAC District Website





FFA Regulation Guidelines: Student Wellness and Health Services

Wellness Plan



Referred to as the “wellness plan” (the plan), is intended to implement policy FFA(LOCAL), which has been adopted by the Board to comply with the requirements for a school wellness policy.

[Section 9A(a) of the National School Lunch Act (NSLA), 42 U.S.C. 1758b; 7 C.F.R. Part 210.]

<https://pol.tasb.org/PolicyOnline/PolicyDetails?key=436&code=FFA#regulationsTabContent>

Strategies to Solicit Involvement: Federal law requires that certain stakeholders be involved in the development, implementation, and periodic review and update of the wellness policy.

- The SHAC will permit the following persons to work with the SHAC on the District’s wellness policy and plan: parents, students, the District’s food service provider, physical education teachers, school health professionals, Board members, administrators, and members of the public. See more at:
<https://pol.tasb.org/PolicyOnline/PolicyDetails?key=436&code=FFA#regulationsTabContent>
- The SHAC will solicit involvement and input of these other interested persons by:
 - Posting on the District’s website the dates and times of the SHAC meetings at which the wellness policy and plan are scheduled to be reviewed, discussed and evaluated.
 - Listing in the Student Handbook the name and position of the person responsible for oversight of the District’s wellness policy and plan, along with an invitation to contact that person if anyone is interested in participating in the development implementation, and evaluation of the wellness policy and plan.



Mrs. Rueda

Fitnessgram



State law requires school districts to annually assess the physical fitness of students enrolled in grade three or higher and to provide the results of individual student performance on the administered physical fitness assessments to the Texas Education Agency (TEA). The Physical Fitness Assessment Initiative (PFAI) is a program designed to collect and analyze the required student physical fitness data.

What Physical Fitness Assessment are Required for grades 3-12

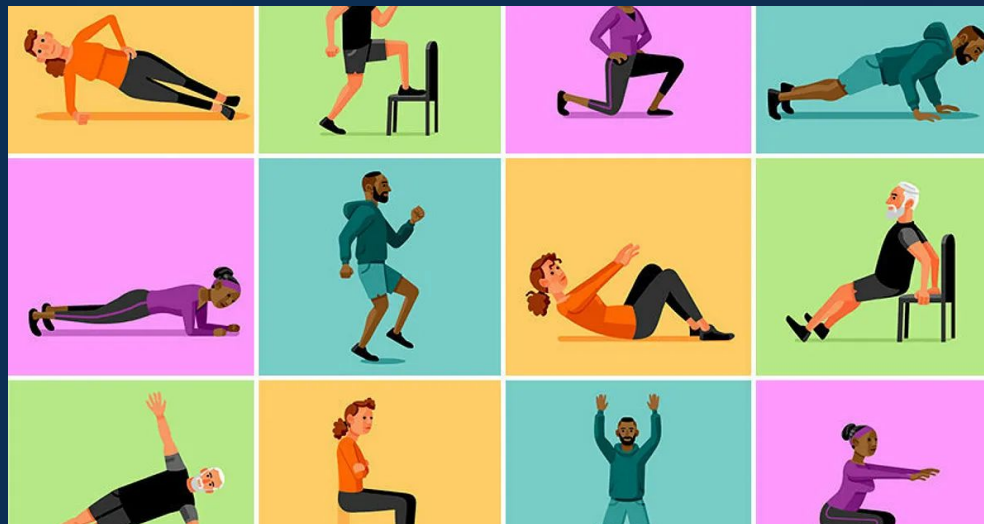


- Aerobic Capacity
- Pacer or One-Mile Run or One-Mile Walk
- Body Composition
- BMI or Skinfold
- Muscular Strength and Endurance
- Curl-Up, Turn Lift and one other item: Push-Up or Modified Pull-Up or Pull-Up or Flexed Arm Hang
- Flexibility
- Back Saver Sit and Reach or Shoulder Stretch

Assessment Window



February 3, 2025 - May 2, 2025





Human Trafficking Youth Prevention Education (HTYPE)



Ms. Sanchez
Stronger Connections

Human Trafficking Youth Prevention Education (HTYPE)



Presenter: Ms. Aidee Sanchez

Stronger Connection School Counselor Coordinator/DAEP School Counselor
Director of CISD School Counseling: Angelica Bailon

This is a Human Trafficking prevention education program to educators and other staff that equips them to identify and respond to students who are experiencing human trafficking or are at high risk, how to report concerns, and how to respond to student disclosures. This program also educates students on how to identify risk factors and is designed to build resilience to labor trafficking and sex trafficking by strengthening students' knowledge and skills, increasing their perception of risk, and encouraging the adoption of healthy behaviors.

Region 19 applied for a Human Trafficking grant and teamed up with several districts in the region. CISD is part of this grant, the district has received evidence based education to train all staff and students.



Let's Explore the Why...



1 What is Human Trafficking?



DEFINITION according to U.S. Department of Justice:

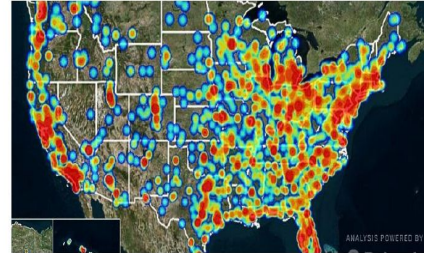
Human trafficking is a crime involving the exploitation of someone for the purpose of compelled labor or a commercial sex act through the use of **force, fraud, or coercion**.*



*Any case that involves a child under the age of 18 who is induced to perform a commercial sex act is a crime regardless of if force, fraud, or coercion occurred. **There are no exceptions.**

Key Statistics

- Human Trafficking is the third largest, fastest-growing criminal enterprise globally (UNODC).
- In 2021, a total of 3,534 human trafficking cases in Texas were reported to the National Human Trafficking Hotline.
- In 2020, Texas ranked second in human trafficking cases reported by state.



Locations of **reported** human trafficking cases in the United States (2019 heatmap)

www.polarisproject.org/myths-facts-and-statistics/

A look at Texas



Human trafficking is complex and dynamic.

It is widespread but exact numbers are often hard to come by due to misinformation and the need for more information.

Activate Window
Go to Settings to act

2 The Need for Prevention in ESC19

- *The FBI has identified the **El Paso-Juarez Metro** as an increasingly active center for human trafficking*
- *Region 19 students face compounding vulnerabilities, as more than 80% are considered economically disadvantaged. 91% of students are Hispanic and over 30% of the student population utilizes ESL services.*
- *Educators, caregivers, and community leaders have expressed an urgent need for human trafficking prevention and intervention resources.*

How is CISD Implementing this plan.

TX ED. Code Alignment



PROTOCOL



PROTECT works alongside schools and community stakeholders to ensure that in the event a minor is identified or self-identifies as a victim of human trafficking, there are coordinated, agreed-upon response protocols and procedures in place.

- TEC. 38.004
- TEC 38.0041
- TAC 61.1051
- TFC 161

TRAINING



PROTECT provides comprehensive training to school communities across the country to increase their knowledge about how to recognize human trafficking, respond using a trauma-informed approach, report suspected cases and prevent this crime.

- TEC 38.004
- TEC 38.0041
- TEC 61.1051

EDUCATION



PROTECT offers trauma-informed lesson plans for elementary, middle and high school students. Educators may download the vetted curriculum from the PROTECT online system and use immediately with their students.

- TEC 38.004
- TEC 38.004 (b)

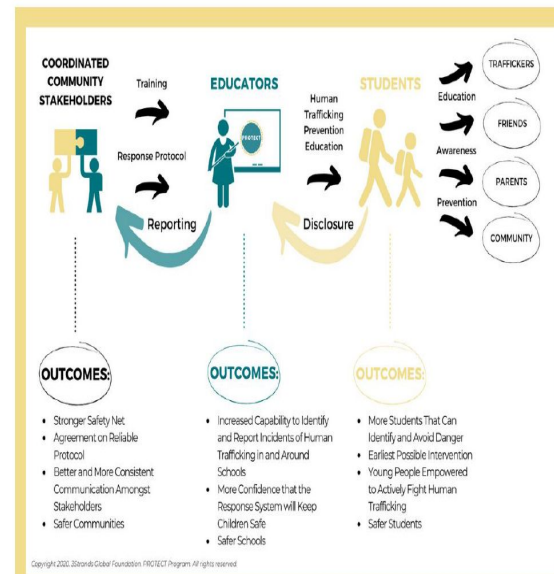
RESEARCH



PROTECT researchers track and analyze the data from the training and prevention education. Through a developed logic model, PROTECT aims to increase understanding, awareness, and positively impact behavioral changes.

Activate Windows
Go to Settings to activate Windows.

Program Implementation



- ☒ Comprehensive
- ☒ Community-wide
- ☒ Adaptable
- ☒ Sustainable

Activate Windows
Go to Settings to activate Windows.



Let's Explore the How

Prior to this year: ReThink Ed and HQIM curriculum was used to teach students about this topic in grades 6th-12th what is human trafficking and how to get help.

The Journey to PROTECT

Learning Objectives:

- Recall the **federal definition** of human trafficking
- Describe how sex and labor trafficking **occurs in the United States**.
- Recognize **situations and indicators** that may raise concerns about sex and labor trafficking with a special emphasis on children and youth in school settings.
- Provide examples of **strategies commonly used** by traffickers to groom and recruit children and youth for sex and labor trafficking.
- List **protective factors** that can decrease the risk of exploitation.
- Apply a **trauma-informed** and **person-centered** approach when addressing human trafficking in a personal and professional setting.
- Practice **responding to disclosures** in a culturally responsive, linguistically appropriate, trauma-informed, and person-centered manner.
- Understand **your legal obligations** to report human trafficking.
- Identify **local and national resources** for those who have experienced human trafficking and/or are at risk.



HUMAN TRAFFICKING

101

HOW TO
RECOGNIZE IT

HUMAN TRAFFICKING

102

HOW TO
SAFELY
RESPOND

HUMAN TRAFFICKING

103

HOW TO
REPORT IT
& PREVENT IT

Activate Win
Go to Settings to



.....Curriculum for Grades 4-5

Safe People, Safe Places, Safe Choices

SAFE

.....Curriculum for Grades 6-8

My Inner Voice

AWARE

.....Curriculum for Grades 9-10

Understand and Recognize Human Trafficking

CAPABLE

.....Curriculum for Grades 11-12

Building Resilience and Protective Skills

EMPOWERED

Elementary School Curriculum



Elementary School Curriculum

Safe People Safe Places Safe Choices

share what you know!

Start Here:
isof.tygetform.com/pre-ntype

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Safe Circles Activity

Think about the **people** and **places** that make you feel **safe**

- My Safe People In-person
- My Safe People Online
- My Safe Places

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My Rights:

- I have the right for my body and feelings to be respected.
- I have the right to **feel safe and supported** at home, at school, online, and in my community.
- I have the right to **say "NO"** if something does not feel right.
- I have the right to **get help** if someone crosses my personal boundaries.

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Resources for support

ABUSE IS NOT YOUR FAULT.

TEXT CALL CHAT

CHILDHELP HOTLINE
1-800-4-A-CHILD
(1-800-422-4453)
childhelp.org

SADDER & CRISIS HOTLINE
9-8-8
988lifeline.org

You are not alone Help is available

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MENSAJE DE TEXTO LLAMADA CHARLAR

EL ABUSO NO ES TU CULPA.

LÍNEA DIRECTA DE AYUDA INFANTIL
1-800-4-A-CHILD
(1-800-422-4453)
childhelp.org

LÍNEA DIRECTA DE SUICIDIO Y CRISIS
9-8-8
(llamada o mensaje de texto)
988lifeline.org

No estás solo(a) Hay ayuda disponible

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Middle School Curriculum



Middle School Curriculum



share what you know

My Inner Voice

Start Here: 3sgf.typeform.com/pre-types

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Forms of Abuse

physical - emotional - neglect - sexual - human trafficking

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Secrets, Surprises

and How to Tell the Difference

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If someone you know is being harmed...

- Trust your inner voice.
- Tell a trusted adult.
- Let them know you care about them and that you want to help.
- Let them know that their fault.
- Listen to what they are telling you and believe them.

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Possible Signs of Human Trafficking

Someone you believe may be in a sex trafficking situation if:

- They are being forced to work.
- They have been forced into sex work.
- They have been forced to work in a dangerous or unsafe environment.
- They have been forced to work in a high-pressure or high-risk environment.
- They have been forced to work in a high-risk environment.
- They have been forced to work in a high-risk environment.
- They have been forced to work in a high-risk environment.
- They have been forced to work in a high-risk environment.

Someone you believe may be in a sex trafficking situation if:

- They have been forced to work in a high-risk environment.
- They have been forced to work in a high-risk environment.
- They have been forced to work in a high-risk environment.
- They have been forced to work in a high-risk environment.
- They have been forced to work in a high-risk environment.
- They have been forced to work in a high-risk environment.
- They have been forced to work in a high-risk environment.

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SAFETY PLAN

Protecting a Masterpiece

NAME: _____ CLASS: _____

A Safety Plan is a way to teach us when, how, and who to contact in an unsafe or uncomfortable situation. After reading each scenario in the PROTECT lesson, think about what you could do if you were in that situation and answer the questions below.

How is it making me feel?

Who in my safe circle do I go to?

What are my next steps?

Activate Windows
Go to Settings to activate Windows.

High School Curriculum



High School Curricula

Understand & Recognize Human Trafficking

share what you know!

Start Here: 3sgf.typeform.com/pre-htype

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If you:

- See an unsafe situation
- Think about how it is harmful
- Ask yourself what you can do
- Notify a trusted adult; and in the process you will...
- Discover your inner strength

**Reminder: if it is not safe, do not intervene*

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Safety Plan:

When an unsafe or uncomfortable thing happens, what do I do?

- A → ASSESS**
- B → BE PROACTIVE**
- C → CREATE A CONCRETE PLAN**

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JOB POSTING #2

What are your first thoughts when you look at this ad?

Are there any potential red flags?

What would your next steps be?

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EMPLOYMENT RED FLAGS CHECKLIST

Human traffickers are looking to find out what we may be missing in order to help fill that need in our lives. Many times that something that they're trying to fill is a need for a job. They will offer something that sounds too good to be true and try to take advantage of a vulnerable moment. These are some potential red flags that we can recognize in order to protect ourselves.

- ☐ Have they contacted you by phone, but there is no way to call them back?
- ☐ Have they asked you to provide a photo of yourself?
- ☐ Have they given you a task or a start date via email or phone before interviewing with them?
- ☐ Does the position offer pay that is significantly higher than the average for that type of job?
- ☐ Does the job posting focus more on how much money you can earn and not the job responsibilities?
- ☐ Have they asked you to provide money or financial information before they will hire you?
- ☐ Have they told you to keep your conversations a secret?

If you feel your inner voice trying to tell you something, trust it.

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Community/District/State/International Partnership



January is Human Trafficking Awareness Month

Counselors this month are educating faculty and staff

February-March Counselors will receive training regarding the curriculum

Students will receive the curriculum before the end of the Spring Semester

Thank You



Announcements



Menu Advisory Board

The Child Nutrition Program is required to have a Menu Advisory Board consisting of parents, students and staff.

It's sole purpose is to review the current menus, sample upcoming items, provide feedback and help plan the menus within USDA Guidelines.

We would like to invite anyone that would like to attend our first Menu Advisory Board meeting on February 20 at HHS Cafeteria at 5 pm.

If you are interested in being a participant, please speak with Mr. Villalobos or Mr. Chairez after the meeting.

Horizon High School Family Event

- First-Annual Feeder Pattern Event
 - Horizon High Cafeteria
 - 5:00-6:30 PM
 - 6 Horizon Area Schools
 - Giveaways/Door Prizes
 - Free Snacks
 - Family Games
 - Self Care Booths
 - Ft. Bliss Military Resources
-
- Focus is to provide community supports for mental and physical health in the new year!

Celebrate endings—for they precede new beginnings!

PLEASE JOIN US

NEW YEAR! NEW YOU! Family Night

Horizon High School Cafeteria

14651 Horizon Blvd, El Paso, TX 79928

THURSDAY, JANUARY 23, 2025
5:00-6:30 PM

Learn about supportive mental & physical health techniques
to support your family's well being in the new year!

Community Resources! Student Performances!
Mental Health Supports! Family Games! Self Care Stations!
Healthy Snacks & Demos! Give Aways! Military Resources!

Hosted by Horizon High School Feeder Pattern Schools:





Health Fair & 5K Run/1 Mile Walk

- **Rescheduled from Feb 1st to Saturday, May 24th**

8 a.m. - 11 a.m. at Horizon High School Cafeteria.



Questions & Answers

Thank You!

Clint ISD Contact Information:

- **Rodrigo Hernandez**
915-926-4186 (Office)
915-472-1135 (Cell)
- **Next meeting:**
March 27, 2025

