

RESPONSIBLE DECISION-MAKING MATTERS

We have plenty of opportunities to work as part of a group or team. We're not just talking about sports teams. Other groups that one can belong to include a class, school, club, community group, our families, and more.

We all have strengths, talents, and skills that we bring to these groups that can make them better. Sometimes, in order to make a group work well, one may need to use good leadership skills. Other times, it's helpful to follow the lead of someone else.

Working as part of a team can be challenging, but it can also be rewarding and a way to build relationships while aiming for success!

WHY SEL?

Social Emotional Learning (SEL) can help all kids and adults thrive personally and academically, develop and maintain positive relationships, become lifelong learners, and contribute to a more caring, just world.

Casel.org



SEL FOCUS FOR APRIL: Responsible Decision-Making

- Students in grades K-2 will: Recognize the need for group decisions that support a common goal.
- Students in grades 3-5 will: Consider various perspectives and sources of information when participating in group decision-making.



CONNECTION TO THE PORTRAIT OF AN ELEMENTARY SCHOLAR:

Social Skills

Ways to Practice at Home, School, & in the Community

"I am a leader"

 Work on an important project; practice being an active listener (listen with your whole body); notice talents that others have; teach someone how to do something; speak with confidence

"I am a team member"

 Listen to the ideas that others have; work together to solve problems in a peaceful way; think about ways you can make all of your groups and teams better

TRY THIS AT HOME: "Game Night"

Review Teamwork/Cooperation as a family! Search through your cupboards for some board games your family has not played in a while, or grab a deck of cards for a simple game of Go Fish or Uno. Pop some popcorn or grab another snack and have fun playing together! Look for moments of Teamwork/Cooperation that you can point out.

For example:

- Choosing which game to play
- Choosing who gets to go first
- Handling wins and losses
- Working together to solve a problem

IMPORTANT INFORMATION...

- April 10th Family Reading Night 3:30-5:30
 - April 18th through 25th Spring Break





The SEL focus for April is <u>RESPONSIBLE DECISION MAKING</u>.

Our soft skills being highlighted from the Portrait of an Elementary Scholar

are: <u>I am a leader</u>; <u>I am a team member</u>

All month long, talk as a family about the soft skills for this month. Look for examples of the skills being practiced in books, television shows, movies, in the community, and at home.

PORTRAIT of an ELEMENTARY SCHOLAR



STRONG HABITS OF MIND

- I am persistent.
- I am flexible.
- I am creative.
- I am a problem solver.
- I am kind to myself.



SOCIAL SKILLS

- lam kind.
- I am respectful.
- I am a leader.
- lam confident.
- I communicate well.
- I am a team member.



REAL WORLD SKILLS

- I will do my best.
- I will be on time every day.
- I will learn every day.



CONTRIBUTE TO SOCIETY

- I will take action to help in my home.
- I will take action to help in my school.
- I will take action to create a better and peaceful world.
- I will respect diverse views, races, cultures, and individuals.



A PLAN FOR THE FUTURE

- I will explore careers that interest me.
- I will set daily obtainable goals.

I AM READY FOR MIDDLE SCHOOL!

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