

ST. AMANT HIGH SCHOOL • 12035 HIGHWAY 431, ST. AMANT, LA 70774 • ISSUE 9 • APRIL 2025

STA's first powerlifting state champion

BY: JAYDEN PINO Gata Data Reporter

Junior Ella Young won first place in the division I women's 114 pound weight class at the Louisiana High School Powerlifters Association (LHSPLA) state championship which took place from Wednesday, March 26 through Saturday, March 29. Along with Young, eight other St. Amarlia students placed in this championship.

"My adrenaline was so high the whole time. It is just crazy to think about because I wasn't expecting to place first. It didn't feel real," said Young. This is the first state champion title won by a St. Amant student. As a junior in high school, she has a proin high school, she has an additional year to compete in powerlifting for St. Amant High School, and she plans on setting new personal records for her bench presses, and

"She started lifting with us last year and she has really progressed. She showed a total understanding of how to use the gear which is the tough part because it's one thing to be strong but you thing to be strong but you have to actually learn how to use the gear," said STA powerlifting coach, Coach

Ella Young weighed in at 113.5 pounds. She completed all three of her squats at 275, 295, and 310 pounds. Her first two bench press attempts were successes at 165 pounds and 180 pounds but her last attempt failed. Her first deadlifts were a success at 275 pounds and her last tree deadlifts were unsuccessful. last two deadlifts were unsuccessful.

Her bench press performance propelled her into the first place standing for her division. She set two new personal records in this competition with her 310 pound squat and her 180 pound bench press. Despite her last two deadlifts being failures, her total weight lifted was 765 pounds, 25 pounds heavier than the total weight lifted by the second place position in her weight class. This total is an accumulation of the weight from the lifters heaviest lifts from their squat, bench press and weight from the lifters heaviest lifts from their squat, bench press and

deadlift categories. In each of these categories, they get three attempts to lift the highest possible weight.

Aside from Ella Young, four other St. Amant students participated in the women's division consisting of senior Madison Ficklin, sophomore Calli Hargrave, senior Mattie Johnson and senior

Chloe Pregnant. Ficklin placed sixth place in the 148 pound weight class. Hargrave placed fifth in the 181 pound weight class. Johnson placed tenth in the 202 pound weight class and Pregnant placed fifth in the super heavyweight weight class

heavyweight weight class.

In the men's division, the STA student competitors were made up of senior Maddox Parker, Tyree Williams and Junior Luke Rachal. Parker won third place in the 165 pound weight class, Rachal placed sixth in the same weight class, and Williams placed fourth in the 181 pound weight class.

Both Parker and Rachal showed that they are adaptive lifters. Coach Roberts says that Parker did a great job adjusting to using powerlifting gear this season, which he previously had little experience using. Roberts also added that Rachal had an impressive performance considering he is a junior who jumped three weight classes for the competition. "It was a rough season. It was not

actually the way we wanted to finish, but ultimately when you look at it there's a constant incline in progress

since the first year we started it. It is just a matter of getting it more constant across the board," said Roberts.

While this is the last powerlifting meet of the season, lifters from St. Amant High School have the opportunity to compete in future national meets not affiliated with STA this year. This event served to demonstrate the skill of many STA powerlifters and from it St. Amant won their first powerlifting state championship title in the form of a student powerlifter that will continue to work towards improving her ability in the sport of powerlifting.



PHOTO CONTRIBUTED BY LHSAA

Gator Baseball Team bats their way up to fourth in the district

BY: JONAH MORRIS Gata Data Reporter

The St. Amant High School baseball team achieved a 3-3 district record after winning the series against East Ascension High School on March 29.

With the help of star players such as Jace Moody, Nicholas Frederick and more, the gators defeated East Ascension with a score of 12-5 in their first match and 5-1 in their second match.

In the first match of the

In the first match of the series, star player Jace Moody had an impactful performance. Moody batted in three runs,

which means he scored three total runs for the team.

During the second match of the series, star player Nicholas Frederick was sure to exemplify his importance to the team. As a pitcher, Frederick played six innings (of nine total) and only allowed one run against the team.

The Gators also split the series against Walker High School on March 25, meaning that the Gators won and lost one match out of two matches

one match out of two matches against Walker.

This has significance in demonstrating STA's skill, considering that

Walker is currently ranked seventh of all non-select division one high school baseball teams in Louisiana.

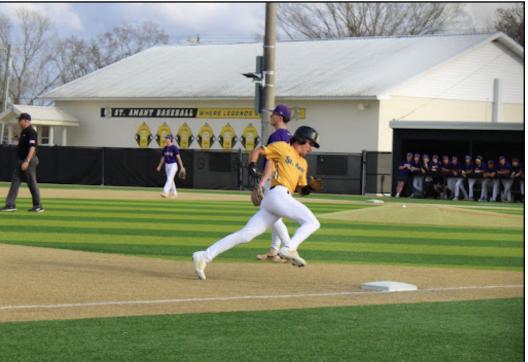
In summary, the strength of the Gators' pitchers and batting ability overall in the series against East Ascension and the preceding games have led to a decent start to the season Following the series against East Ascension High School, though, the Gators lost

School, though, the Gators lost the first game of the series against Live Oak High School on April 1, bringing the Gators' record down to 16-12 overall and 3-4 in the district.

Despite this loss, the St. Amant Gators' overall record of 16-12 has them placed at twenty-third of all non-select division one high school baseball teams in Louisiana, and their new district record of 3-4 has brought them to fourth in the district.

Overall, the St. Amant Gators have held up as a district contender and remain

district contender and remain as optimistic as they were at the beginning of the season.



STAFF PHOTO BY MADELYN LONG

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Senior Meeting Recap

BY: LAILAH GRANIER Gata Data Reporter

For any seniors who might have missed the senior class meeting on Wednesday April 2, here's a summary on everything that was covered.

Starting on Monday April 27, Seniors need to turn in their computers and computer charger as soon as possible or else they will not be able to receive their cap, gown, and graduation tickets. If

students are missing their chargers, they will be given a 40 dollar fee to replace it. For seniors that are interested in buying a laptop, there will be an email sent out from the Tech Department with a google form to fill out and students will pay 25 dollars for a laptop.

Seniors also need to pay attention to the other fees that they have

to pay located on Student Cash Online. The deadline for fees is Wednesday April 30 at noon. Failure to take care of these fees will cause the student to not be allowed in participating in graduation or receiving transcripts and diplomas. On Tuesday April 29, CTE Awards Night will be held at 6:00 pm in the Gold Dome

at noon.

who are unable to attend at this time can collect the items after noon on Saturday Thursday Friday May 1 1st & 2nd

END OF THE YEAR CALENDAR (April 27th-May 10th) Tuesday Sunday Wednesday Monday April 27 28 TURN IN CTE Awards Water Day COMPUTER, CHARGER & Night 6:00 pm Block EXAMS (Report to 1st Block) 3rd & 4th OOKS AS SOON AS POSSIBLE **Block EXAMS** GAP & GOWN DISTRIBUTION DEADLINE Senior Shirts w/Jeans FOR FEES (NOON) can be worn April 28th-May 1st Awards Night Awards Night Graduation Missing Graduation GRADUATION Scholarship 7:00pm MUST BE APPROVED BY MRS. CARTERS Graduation REMINDERS: Recognition 5:30 Gates Open Everyone must hav a TICKET Practice :00am Gold Dome

Graduation Practice will take place on Thursday, May 8 at 9:00 am in the Gold Dome. This practice is mandatory and seniors will need to bring their ID. This practice will show students where they will sit on the field and give out graduation tickets. Depending on the location, 8 tickets will be given for the Pit and 6 tickets will be given if graduation is moved to Lamar Dixon. If seniors are unable to attend the practice, students must contact Mrs. Carter immediately at christina.carter@apsb.org before May 6. Students that fail to do so will not be allowed to participate in graduation.

On Friday May 9, Graduation will start at 7:00 pm and will be located at the Pit or Lamar Dixon. Seniors need to report to the said location at 6:30 pm for roll call and gates will open at 5:30 pm. Missing roll call will result in students not being allowed to participate in graduation.

Water Day will be on May 1, and seniors must report to first block after for attendance to be taken. At 8:00 am, students then can go

to the commons in order to receive their caps and gowns. After

receiving these items, they have to exit campus immediately. Students

Seniors are also able to wear their senior shirts with jeans on April 28 through May 1. The Deadline to order senior shirts is April 4 and students can order them on school cash online for 15 dollars. Be sure to recognize these important dates for graduation requirements in order to avoid repercussions.

PROM 2025 Information

to celebrate technical students and their accomplishments in WorkKeys and CTE. Senior Awards Night will be held on Wednesday, May 7 at 6:00 pm in the Gold Dome. Seniors with a GPA of 3.0 or higher are invited to attend and the event will highlight GPA, Clubs, Scholarships,

and Subject Matter Awards. If Students want to be recognized for their scholarship or military tuition exemption that they have received, they can scan the QR code located in the PDF on the gator hub before May 5

St. Amant High School's 2025 official Prom Court was announced on Friday, March 28. Juniors and seniors cast their votes during the week on boys and girls who they felt should be on the court. Prom King and Queen will be crowned at the "White Lights and Golden Nights" Prom night which will be held on Saturday, April 12 from 8-11 pm. This event will be held at the VFW Post 3693 (42430 Churchpoint Road, Gonzales Louisiana) Gonzales, Louisiana).

2025 St. amout High School

CAMRYN ACCARDO BELLA BABIN BREA BAILEY FAITH BATEMAN KAYLEE BROUSSARD CLAIRE CLOUATRE JULIA HADDON **BLAKELI LANDRY** JILLIAN MARTIN MARY MCADAMS ADDISON ROBERT AVA VICKNAIR PATRICIA WILSON

KEVIN ACOSTA JACOB ANGEL GAVIN CARPENTER ABRAM CLOUATRE CONNOR DARR WESLEY DYKES EASTON HUMPHREY TIMOTHY JOHNSON **BRODY KERNAN** REID MAYERS TALON PHIAVONG CALEB RICKS **EVAN WILLIAMS**

ST. AMANT HIGH SCHOOL PRESENTS

White Light
& Golden N.

PROM NIGHT 2025

UFW Post 3693 42430 CHURCHPOINT RD. GONZALES, LA 70737

**All Juniors and Seniors MUST have an ID and may bring ONE Guest **Refer to Remind & Class Pages for Prom & Payment Details

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STA's "Tulip and Tot" officially named

BY: ALYSE DUPUY Gata Data Reporters

The famous baby goats have officially been named Tulip and Tot! Naming these goats has provoked attention toward the FFA club at St. Amant. "Having others pitch in names was a great idea from our advisor to help get the community involved and aware of the babies!" Senior Secretary Sophia Patout said. Each of the goats has their own unique personality. Tulip is described as "more curious and friendly" while her brother, Tot, is described as "playful and rambunctious." Many were excited to see these goats, especially since they were twins. The community was able to see the new additions to the goat family on Saturday, March 29, during the FFA farmer's market farmer's market.



STAFF PHOTO BY MADELYN LONG

FFA scores State Welding Championship

BY: CHANCE GOMEZ Gata Data Reporters

St. Amant's FFA welding/carpentry team has proceeded to the last level of state competition. Placing first in the category are seniors Ethan
Sappington and Marco Rivas.
Junior Lysander Lopez and senior
Jesus Rojas placed fourth, along
with seniors Ethan Delaune and Eric Enriquez placing fifth.
Delaune also placed highest point individual of the contest.

To continue moving

forward, the students must perform in various contests that consist of welding a V groove in the 2G and 3G position, which is vertical and and horizontal. Each project has to be made in an hour time frame, which is very difficult to accomplish. They participate in several contests starting from mid February to early April. FFA advisor, Mandy Delaune says, "It is a skill based performance and it has to happen within a certain time frame." Once the team qualifies to compete in the state level of contest, they have reached the farthest they have reached the farthest they can go. FFA teams across the nation share welding, electrical and small engines categories, but carpentry is separated based on the industries near this location. The first competition began mid February and continues to progress over the month

until state level. Each team has to qualify on different levels. "So far they faced first at every level they've been at," said Delaune. All welding contests consist of industry level welds. This means if contestants can weld these, they can enter an entry level job into the workforce.

workforce."

The FFA team competed in Alexandria on April 1 against the top 15 teams in the state. Delaune and Rivas have scored the title of welding state champs, Delaune placed second place individually and Rivas placed seventh. The gold team, consisting of Lopez and Rojas, ranked eleventh in state.



PHOTO CONTRIBUTED BY FFA FACEBOOK

Lady Gators prevail over Walker in second matchup

BY: MADELYN LONG Gata Data Reporter

On April 1. the Lady Gator Softball Team defeated the Walker Wildcats 6-4. With a 5-1 district record. the girls were ready to face the Wildcats for the second time this season after they won 7-5 in March. The Gators entered this game with a renewed sense of purpose following a tough loss to Sam Houston and a previously delayed game against Dutchtown. They were not just looking for a win: they were ready to make a statement and show what they were capable of. Despite a well-played April Fools' ioke. the girls demonstrated their talent and resilience. plaving true to their classic

Lady Gator style.
At the bes ning of the game. the players showed off their new socks that featured the face of beloved Coach Amy Pitre. However, the first three innings of the match-up were nothing funny. The Lady Gators wasted no time and scored five runs, putting them in a far lead. In an interview with The Advocate. Coach Pitre shared that the team had prepared to attack early in the game, which is important in the last few rounds of district play.

Senior Kinlev Meche made the hit that put the first point on the board for the Gators. She then followed it up with a hit to first in the third inning, putting the Gators in a 2-0 lead. Within the inning, more hits were made by Senior Rylie Causey and Junior Bravlee Decoteau. which allowed two runs into home plate.

The Wildcats then came back with three points in the fifth inning, pushing on the Gators tails. After Junior Brooke Rabalais scored, the gap widened to 6-3 and the Wildcat threat was eliminated. The Gators kept Walker's score low as Braylee

Decoteau. Hailev Hebert. and Brently Bourque worked defensively. Bourque specifically struck out a Walker batter and put out a Wildcat on first base. The game ended with a groundout, and the Gators took the victory.

With a current power ranking

of third. the Gators pushed closer to the state lead by winning against the fourth place team. Walker. This game serves as a testament to the next three district games against Live Oak. Prairieville, and Denham Springs. Hopefully, the Gators pull through and keep their momentum as they finish up the regular season this month and slide into playoffs.



STAFF PHOTOS BY JAYDEN PINO

