R-4 Life Management and Personal Awareness

Policy Type: Results

Students will live healthy, satisfying, and productive lives.

Students will:

4.1 understand and apply principles of sound physical health, including nutrition, hygiene, and fitness

4.2 understand and apply principles of sound mental and emotional health, and learn to identify signs of emotional health concerns in self and others, and when to seek supportive resources

4.3 understand the opportunities and risks posed by digital technology and social media, including social-emotional risks and safety impacts

4.4 identify, understand and develop their personal strengths and interests

4.5 develop higher-level thinking skills in order to be able to create and innovate

4.6 be resilient, take informed risks, deal constructively with failure, and be flexible and adaptable to change

4.7 be able to cooperate and collaborate within a diverse group of people in order to attain desired outcomes

4.8 identify challenging personal goals and develop, evaluate and implement plans to achieve them, including post-high school goals that extend their K-12 learning to attainable next levels of education, training or employment

4.9 learn and apply principles of sound financial management in order to support self and family.

April 26, 2006 – Adoption of Policy Governance - E-4 Technology
October 25, 2017 – Dissolved (Technology now contained in E-2)
October 25, 2017 – Adopted E-4 Life Management and Personal Awareness (E-4 now incorporating former E-5 Personal Awareness & Expression and E-6 Life Management)
July 11, 2024 – Converted to Coherent Governance

Monitoring Method - Internal report
Monitoring Frequency - Annually