

Menu Name : Twin Cities International Lunch Menu					Meal Pattern : NSLP		Meal : Lunch				
APRIL - 2025											
Hot Meals	Tuesday, April 1, 2025		Wednesday, April 2, 2025		Thursday, April 3, 2025		Friday, April 4, 2025		Week II		
	Walking Taco		French Bread Pizza		Chicken Nuggets w/ Ketchup		Fresh Baked Big Daddy's Pizza				
	Nacho Cheese Doritos, Cheese & Crema		Sliced Cucumbers w/ Dip		Baby Carrots & Ranch Dip		Garden Greens Salad & Homemade Dressing				
	Black Bean Salad & Shred Lettuce		Daily Fruit		Daily Fruit		Daily Fruit				
	Daily Fruit		Choice Milk		WG Roll		Choice Milk				
	Choice Milk				Choice Milk		Fresh Baked Cookie				
Hot Meals	Monday, April 7, 2025		Tuesday, April 8, 2025		Wednesday, April 9, 2025		Thursday, April 10, 2025		Friday, April 11, 2025		Week III
	Chicken Tenders & Ketchup		Penne Pomodoro		Mandarin Orange Chicken		Old Fashioned Hamburger		Fresh Baked Big Daddy's Pizza		
	Crispy Ranch Crackers		W/ Cheese		Steamed Brown Rice		Beef Patty, WG Bun & Ketchup		Garden Greens Salad & Dressing		
	Pinto Bean Salad & Cucumbers		Baby Carrots		Celery Sticks & Dip		Corn Salad		Daily Fruit		
	Daily Fruit		Daily Fruit		Daily Fruit		Daily Fruit		Choice Milk		
	Choice Milk		Choice Milk		Choice Milk		Choice Milk				
Hot Meals	Monday, April 14, 2025		Tuesday, April 15, 2025		Wednesday, April 16, 2025		Thursday, April 17, 2025		Friday, April 18, 2025		Week IV
	Spicy Chicken Sandwich		Burrito Bowl		Brunch Lunch		Twisted Cheese Breadsticks		Fresh Baked Big Daddy's Pizza		
	WG Bun & Ketchup		Taco Beef, Seasoned Rice		French Toast Sticks & Syrup		Warm Red Sauce		Mixed Greens Salad & Dressing		
	Pinto Beans Salad		Corn Salad & Boom Sauce		Sliced Cucumbers & Dip		Carrot Slims & Dip		Daily Fruit		
	Sliced Cucumbers & Dip		Daily Fruit		Daily Fruit		Daily Fruit		Choice Milk		
	Daily Fruit & Choice Milk		Choice Milk		Choice Milk		Choice Milk				
Hot Meals	Monday, April 21, 2025		Tuesday, April 22, 2025		Wednesday, April 23, 2025		Thursday, April 24, 2025		Friday, April 25, 2025		Week V
	Premium Chicken Nuggets		BBQ Chicken Drumstick		Beef Taco Stick		Mandarin Orange Chicken		Fresh Baked Big Daddy's Pizza		
	Ranch Dip		Potato Stix & Ketchup		Pinto Bean Salad		Seasoned Rice		Baby Carrots & Dip		
	Wheat Crackers		Daily Fruit		Celery Sticks & Dip		Crisp Broccoli & Dip		Daily Fruit		
	Fresh Sliced Cucumbers		WG Dinner Roll		Daily Fruit		Daily Fruit		Choice Milk		
	Daily Fruit & Choice Milk		Choice Milk		Choice Milk		Choice Milk		Fresh Baked Cookie		
Hot Meals	Monday, April 28, 2025		Tuesday, April 29, 2025		Wednesday, April 30, 2025		<div>Whole Grains in School Meals</div> <div>Whole grains are nutritional powerhouses, packed with fiber, vitamins and minerals that provide sustained energy. Our school meals include whole-grain-rich breads and grains to ensure students get the nutritional benefits to keep them focused throughout the day. From whole-grain-rich cereals and muffins at breakfast to whole-grain-rich rice, tortillas and dinner rolls at lunch, our menus feature a variety of grain items to inspire joyful eaters.</div>				Week VI
	Crunch Wrap		Cheeseburger		Spicy Buffalo Chicken Calzone						
	WG Tortilla, Shred Cheese, Ranch Dip		Cool Ranch Doritos		Celery Sticks						
	Shred Lettuce		Garden Greens & Dressing		Daily Fruit						
	Cheesy Refried Beans		Daily Fruit		Choice Milk						
	Daily Fruit & Choice Milk		Choice Milk								

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.

MAY 2025 Menu (Subject to Change)						
Hot Meals				Thursday, May 1, 2025	Friday, May 2, 2025	Week VI
				Tinga & Corn Chips	Fresh Baked Big Daddy's Pizza	
				Spicy Chicken Tinga served with Corn Chips	Baby Carrots	
				Lime Corn Salad	Daily Fruit	
				Sliced Cucumbers	Choice Milk	
			Daily Fruit & Choice Milk			
Hot Meals	Monday, May 5, 2025	Tuesday, May 6, 2025	Wednesday, May 7, 2025	Thursday, May 8, 2025	Friday, May 9, 2025	Week I
	Brunch Lunch	Juicy Ranch Drumstick	Beef Sambusa	Asian Chow Mein Bowl	Fresh Baked Big Daddy's Pizza	
	Easy-Bite Waffles & Syrup served with Yogurt Cup	Fresh Bakery Roll	Corn Chips & Cholula	Whole Grain Chow Mein Noodles with Asian Sesame Chicken	Baby Carrots	
	Hashbrown Patties & Ketchup	CKC Baked Beans & Carrot Slims	Corn Salad	Mixed Greens Salad & Dressing	Daily Fruit	
	Sliced Cucumbers, Daily Fruit	Daily Fruit	Daily Fruit	Daily Fruit	Choice Milk	
Choice Milk	Choice Milk	Choice Milk	Choice Milk	Grahams		
Hot Meals	Monday, May 12, 2025					Week II
	Golden Breaded Chicken Patty Sandwich					
	Ketchup					
	Corn Salad					
	Celery Sticks					
Daily Fruit & Choice Milk						

Menu Name : Twin Cities International Breakfast Menu Grade Level / Age Group :K-8 Grades					Meal Pattern : NSLP	Meal : Breakfast					
APRIL - 2025											
Breakfast		Tuesday, April 1, 2025		Wednesday, April 2, 2025		Thursday, April 3, 2025		Friday, April 4, 2025		Week II	
		Vanilla Boli		Cinnamon Roll		Mini Pancake Puffs		Warm French Toast Sticks Pack or WG Brekkie			
		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)			
		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)			
		Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day									
Breakfast	Monday, April 7, 2025 Banana Chocolate Chip Oatmeal Round		Tuesday, April 8, 2025 Glazed Honey Breakfast Bun		Wednesday, April 9, 2025 Super Slice Bread		Thursday, April 10, 2025 Cake Glazed Donut		Friday, April 11, 2025 Warm Chocolate Swirl		Week III
	100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		
	Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		
	Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day										
Breakfast	Monday, April 14, 2025 WG Brekkie		Tuesday, April 15, 2025 Cinnamon Toast Crunch Muffin		Wednesday, April 16, 2025 Banana Loaf		Thursday, April 17, 2025 Choco Crisp Belgian Waffle		Friday, April 18, 2025 Warm Choco Donut Bites		Week IV
	100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		
	Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		
	Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day										
Breakfast	Monday, April 21, 2025 Strawberry Boli		Tuesday, April 22, 2025 French Toast Breakfast Bread		Wednesday, April 23, 2025 Banana Chocolate Chip Muffin		Thursday, April 24, 2025 Donut Pull Aparts		Friday, April 25, 2025 Warm Caramel Mini Cinnis		Week V
	100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		
	Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		
	Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day										
Breakfast	Monday, April 28, 2025 Pumpkin Muffin		Tuesday, April 29, 2025 Chocolate Cake Donut		Wednesday, April 30, 2025 Apple Cinnamon Brekkie		<div>Whole Grains in School Meals</div> <div>Whole grains are nutritional powerhouses, packed with fiber, vitamins and minerals that provide sustained energy. Our school meals include whole-grain-rich breads and grains to ensure students get the nutritional benefits to keep them focused throughout the day. From whole-grain-rich cereals and muffins at breakfast to whole-grain-rich rice, tortillas and dinner rolls at lunch, our menus feature a variety of grain items to inspire joyful eaters.</div>				Week VI
	100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)						
	Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)						
	Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day										
*** Three Items meet USDA requirements (One Item must be fruit).											
Skim & 1% milk served daily. All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.											
This menu is 100% pork-free. All rice dishes /rice products are made of whole grain brown rice.											



MAY 2025 Menu (Subject to Change)							
Breakfast					Thursday, May 1, 2025	Friday, May 2, 2025	Week VI
					Lemon Poppyseed Breakfast Bread	Warm Glazed Honey Breakfast Bun	
					100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	
					Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	
					Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day		
Breakfast	Monday, May 5, 2025	Tuesday, May 6, 2025	Wednesday, May 7, 2025	Thursday, May 8, 2025	Friday, May 9, 2025	Week I	
	Apple Frudel	Banana Chocolate Chip Oatmeal Round	Orange Dream Muffin	Mini Cinnis	Warm Choco Donut Bites		
	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)	100% 4.23 oz Fruit Juice (1 item)		
	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)	Choice Milk & Second Fruit (1 item each)		
	Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day						
Breakfast	Monday, May 12, 2025					Week II	
	Maple Snack'n Waffle						
	100% 4.23 oz Fruit Juice (1 item)						
	Choice Milk & Second Fruit (1 item each)						
	Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered						

Menu is subject to infrequent changes

MAY 2025 Menu (Subject to Change)										
Hot Meals				Thursday, May 1, 2025		Friday, May 2, 2025				
				Beef Meatballs		Chicken & Potatoes				
				Brown Rice		Steamed Rice				
				Steamed Carrots & Peas		Fresh Carrot Slims				
				Fruit of the Day		Fruit of the Day				
				Corn Chips & Milk Substitute		Milk Substitute				
Hot Meals	Monday, May 5, 2025		Tuesday, May 6, 2025		Wednesday, May 7, 2025		Thursday, May 8, 2025		Friday, May 9, 2025	
	Yummy Beef & Scallion		Chicken Sukkhar		Beef Fried Rice		Spice Rubbed Chicken Fillet		Beef Taco Meat Over Rice	
	Golden Corn Chips		Steamed Rice		Fresh Broccoli		Steamed Rice		Serve Seasoned Beef on Brown Rice	
	Black Bean & Fresh Carrots		Steamed Green Beans		Fruit of the Day		Baby Carrots		Steamed Black Beans & Corn	
	Fruit of the Day		Fruit of the Day		Milk Substitute		Fruit of the Day		Fruit of the Day & Corn Chips	
	Milk Substitute		Milk Substitute				Milk Substitute		Milk Substitute	
Hot Meals	Monday, May 12, 2025									
	Chicken Supreme									
	Steamed Rice									
	Steamed Green Beans									
	Fruit of the Day									
	Milk Substitute									
Hot Meals										

Menu Name : K-12 NSLP Offsites Snack Menu Grade Level / Age Group : K-12 Grades					
APRIL - 2025					
		Tuesday, April 1, 2025	Wednesday, April 2, 2025	Thursday, April 3, 2025	Friday, April 4, 2025
Snack		Grahams (1 WG)	Pretzel Goldfish (1 WG)	Harvest Cheddar Sun Chips (1.25 WG)	Chat-Snax (1 WG)
		Cheese Stick(1M)	Roasted Sun Flower Seeds (1 MMA)	Cheese Stick(1M)	6.75 oz Fruit Juice(3/4 C Fruit)
		Monday, April 7, 2025	Tuesday, April 8, 2025	Wednesday, April 9, 2025	Thursday, April 10, 2025
Snack		French Toast Grahams (1 WG)	Baked Cheetos (1.25 G)	Cocoa Cherry Bar (1 WG)	Wafers (1 WG)
		6.75 oz Fruit Juice(3/4 C Fruit)	Cheese Stick(1 MMA)	6.75 oz Fruit Juice(3/4 C Fruit)	Yogurt Cup(1 MMA)
		Monday, April 14, 2025	Tuesday, April 15, 2025	Wednesday, April 16, 2025	Thursday, April 17, 2025
Snack		Pretzel Goldfish (1 WG)	Cheddar Cheese Crisps (1 WG)	Cool Ranch Doritos (1 WG)	Cheez-Its(1 WG)
		Cheese Stick(1M)	6.75 oz Fruit Juice(3/4 C Fruit)	Cheese Stick(1 MMA)	6.75 oz Fruit Juice(3/4 C Fruit)
		Monday, April 21, 2025	Tuesday, April 22, 2025	Wednesday, April 23, 2025	Thursday, April 24, 2025
Snack		Honey Grahams (1 WG)	Cheddar Goldfish (1 WG)	Scooby Grahams (1 WG)	Baked Cheetos (1.25 WG)
		Fava Bean Crisps (1 MMA)	6.75 oz Fruit Juice(3/4 C Fruit)	Yogurt Cup(1 MMA)	Cheese Stick(1 MMA)
		Monday, April 28, 2025	Tuesday, April 29, 2025	Wednesday, April 30, 2025	Whole Grains in School Meals Whole grains are nutritional powerhouses, packed with fiber, vitamins and minerals that provide sustained energy. Our school meals include whole-grain-rich breads and grains to ensure students get the nutritional benefits to keep them focused throughout the day. From whole-grain-rich cereals and muffins at breakfast to whole-grain-rich rice, tortillas and dinner rolls at lunch, our menus feature a variety of grain items to inspire joyful eaters.
Snack		WG Poptart (1 WG)	Bug Bites Grahams (1 WG)	Cocoa Cherry Bar (1.25 WG)	
		6.75 oz Fruit Juice(3/4 C Fruit)	Yogurt Cup(1 MMA)	6.75 oz Fruit Juice(3/4 C Fruit)	

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.



MAY 2025 Menu (Subject to Change)					
Snack				Thursday, May 1, 2025	Friday, May 2, 2025
				Nacho Cheese Doritos (1 WG)	WG Brekkie (1 WG)
				Cheese Stick (1 MMA)	6.75 oz Fruit Juice(3/4 C Fruit)
Snack	Monday, May 5, 2025	Tuesday, May 6, 2025	Wednesday, May 7, 2025	Thursday, May 8, 2025	Friday, May 9, 2025
	Ranch Crackers (1 WG)	Cinnamon Goldfish (1 WG)	Cool Ranch Doritos (1.5 WG)	Cheddar Crisps (1 WG)	Harvest Cheddar Sun Chips (1.25 WG)
	6.75 oz Fruit Juice(3/4 C Fruit)	Yogurt Cup(1 MMA)	Cheese Stick(1 MMA)	6.75 oz Fruit Juice(3/4 C Fruit)	Cheese Stick(1 MMA)
Snack	Monday, May 12, 2025				
	Lemon Blueberry Crackers(1 WG)				
	Yogurt Cup(1 MMA)				