

Middle School April 2025 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	Apr 01	02	03	04
	Breakfast W NEW Home Baked Vanilla Mantecadas Muffin W Home Baked Squares Chefables Seasonal Fruit Milk Lunch W Beef Burger on Honey WG Bun W V Grilled Cheese Sandwich W NEW Hoagie: Turkey, Cheddar Cheese, Lettuce & Tomato w/Mayo & Mustard Bagged Baby Carrots Corn Chefables Seasonal Fruit Milk P.M. Snack W Homemade Brazilian Cheese and Coconut Stick	Breakfast W Home Made Concha! Chefables Seasonal Fruit Milk Lunch W Chicken Alfredo Pasta W V Mac & Cheese W NEW Tuna Salad Sandwich on WW Bread Peas Bagged Mixed Roasted Chefables Beans Chefables Seasonal Fruit Milk P.M. Snack A2 Organic Vanilla Yogurt W Yummy Chefables Rolled Oats Cereal	Breakfast W NEW Home Baked Orange Poppy Seed Breakfast Coquille W Home Baked Muffin of the day Chefables Seasonal Fruit Milk Lunch W Chicken Corn Dog W V Cheese Quesadilla Bagged Mixed Roasted Chefables Beans Roasted Garnet Yams Chefables Seasonal Fruit Milk P.M. Snack Chefables Very Own Cheese Sticks W Home Baked Delimanjoo	Breakfast W Home Baked Squares Chefables Seasonal Fruit Milk Lunch W V Slice of Cheese Pizza Bagged Baby Carrots Chefables Seasonal Fruit Milk
07	08	09	10	11
Closed	Closed	Closed	Closed	Closed
14	15	16	17	18
Breakfast W Breakfast Cereal of the Day W Home Baked Muffin of the day Chefables Seasonal Fruit Milk Lunch W Turkey Spaghetti Bolognese W V Bean and Cheese Pupusas W Chicken Salad Sandwich on WW Bread Corn Bagged Baby Carrots Chefables Seasonal Fruit Milk P.M. Snack W Homemade "POP" Rice Chefables Banana "Chips" (Dried Banana Slices)	Breakfast W Home Baked Squares Chefables Seasonal Fruit Milk Lunch W Classic Chicken Sandwich on Honey WG Bun W V Cheese Quesadilla W NEW Hoagie: Turkey, Cheddar Cheese, Lettuce & Tomato w/Mayo & Mustard Bagged Baby Carrots Corn Chefables Seasonal Fruit Milk P.M. Snack W Homemade Brazilian Cheese and Coconut Stick	Breakfast W Home Made Concha! Chefables Seasonal Fruit Milk Lunch W Natural Chicken Tenders W V Mac & Cheese W NEW Tuna Salad Sandwich on WW Bread Green Beans Bagged Mixed Roasted Chefables Beans Chefables Seasonal Fruit Milk P.M. Snack W Homemade Mini Empanadas	Breakfast W Home Baked Whole Grain Cinnamon Waffles Chefables Seasonal Fruit Milk Lunch W Chicken Corn Dog W V Grilled Cheese Sandwich Peas Bagged Mixed Roasted Chefables Beans Chefables Seasonal Fruit Milk P.M. Snack Chefables Very Own Cheese Sticks W Home Baked Delimanjoo	Breakfast W Home Baked KuKu Squares Chefables Seasonal Fruit Milk Lunch W V Slice of Cheese Pizza Bagged Baby Carrots Chefables Seasonal Fruit Milk
21	22	23	24	25
Breakfast W Breakfast Cereal of the Day W Home Baked Muffin of the day Chefables Seasonal Fruit Milk Lunch W Chicken Alfredo Pasta W V Brown Rice & Beans Peas Chefables Seasonal Fruit Milk P.M. Snack W Homemade Soft Pizza Pretzel Stick Chefables Banana "Chips" (Dried Banana Slices)	Breakfast W Home Baked Carrot Raisin Muffin W Home Baked Squares Chefables Seasonal Fruit Milk Lunch W Beef Burger on Honey WG Bun W V Grilled Cheese Sandwich W Chefables Sub Sandwich Bagged Baby Carrots Corn Chefables Seasonal Fruit Milk P.M. Snack W Homemade Brazilian Cheese and Coconut Stick	Breakfast W Home Made Concha! Chefables Seasonal Fruit Milk Lunch W Natural Chicken Tenders W V Cheese Quesadilla W NEW Hoagie: Ham, Swiss, Lettuce & Tomato w/Honey Mustard Green Beans Bagged Mixed Roasted Chefables Beans Chefables Seasonal Fruit Milk P.M. Snack A2 Organic Vanilla Yogurt W Yummy Chefables Rolled Oats Cereal	Breakfast W NEW Home Baked Cornmeal Pancake Chefables Seasonal Fruit Milk Lunch W All Beef HOT DOG on Honey WG Bun W V Bean and Cheese Pupusas Peas Bagged Mixed Roasted Chefables Beans Chefables Seasonal Fruit Milk P.M. Snack Chefables Very Own Cheese Sticks W Home Baked Delimanjoo	Breakfast W NEW COLD Over Night Banana Oats - Cup Chefables Seasonal Fruit Milk Lunch W V Slice of Cheese Pizza Bagged Baby Carrots Chefables Seasonal Fruit Milk
28	29	30		
Breakfast W Home Baked Muffin of the day Chefables Seasonal Fruit Milk Lunch W Natural Chicken Tenders W V Mac & Cheese W Chicken Salad Sandwich on WW Bread Tater Tots Bagged Baby Carrots Chefables Seasonal Fruit Milk P.M. Snack W Homemade "POP" Rice Chefables Banana "Chips" (Dried Banana Slices)	Breakfast W Home Baked Chai Muffin W Home Baked Squares Chefables Seasonal Fruit Milk Lunch W All Beef HOT DOG on Honey WG Bun W V Grilled Cheese Sandwich W NEW Hoagie: Turkey, Cheddar Cheese, Lettuce & Tomato w/Mayo & Mustard Bagged Baby Carrots Corn Chefables Seasonal Fruit Milk P.M. Snack	Breakfast W Home Made Concha! Chefables Seasonal Fruit Milk Lunch W Chicken, Butter Noodles & Parmesan Cheese W V Brown Rice & Beans W NEW Tuna Salad Sandwich on WW Bread Peas Bagged Mixed Roasted Chefables Beans Chefables Seasonal Fruit Milk P.M. Snack A2 Organic Vanilla Yogurt W Yummy Chefables Rolled Oats Cereal		

W

Homemade Brazilian Cheese and Coconut Stick

Notes

- This institution is an equal opportunity provider.
- Lowfat (1%) milk or non-fat milk offered/served at ALL breakfast, and Lunch meals. All Milk served is rBST-free.
- Chefables reserves the right to substitute stated menu items if it becomes unavailable in the market or due to unforeseen circumstances.



Just some of the vegetables this month: Artichoke arugula Asian greens asparagus avocado beets bok choy broccoli rabe Brussels sprouts cabbage carrots cauliflower chard celery collard kale leeks lettuces mushrooms mustard onion parsnips peas potatoes radicchio radishes rutabagas scallions spinach sunchokes squash (winter) tomato turnips



Just some of the fruits this month: Apple Asian pear cherimoyas cherries dates grapefruit kumquat lemon limes mandarin oranges pomelos rhubarb strawberry

NEW

= New menu offering

W

= Whole Grain Rich

V

= Vegetarian Menu Option

🌿

= Field Trip Menu Option

|