Lunch Menu

Suffern Middle School

or 845-357a7783 ext 11247 Made With Organic Ingredients

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Soft Tacos Turkey Taco Filling Fiesta Corn Black Beans Fresh Orange	2 Homemade Pasta & Meatballs Whole Wheat Dinner Roll Steamed Carrots Cucumber Coins Fresh NY Local Apple	Barbecue Rib Sandwich P Sweet Corn Celery Sticks Pear and Pineapple Cup	A Classic Cheese Pizza Pepperoni Pizza P Steamed Broccoli Fresh Baby Carrots Fresh NY Local Apple Or Pizza Sticks
7 Chicken Bowl with Gravy chicken layered with mashed potatoes and corn, smothered in gravy Whole Wheat Dinner Roll Fresh Baby Carrots Cinnamon	Baked Scoops Turkey Taco Filling Shredded Cheddar Cheese Salsa Black Beans Sweet Corn Fresh Orange	9 Homemade Mac & Cheese	10 Cheese Pizza	11
14	15	SPRING BREAK! SCHOOL CLOSED	17	18
21	22 Turkey Taco Filling Black Beans Soft Tacos Fiesta Corn Fresh Orange	Pasta with Cheese Steamed Carrots Diced Pear Cup	24 Cheeseburger Beef Hot Dog on Bun Oven Baked Fries Baked Beans Fajita Style Onions and Peppers Fresh NY Local Apple	Pepperoni Pizza P Mixed Vegetables Caesar Salad Fresh Orange
28 Whole Wheat Dinner Roll Fresh NY Local Apple Mozzarella stick with french fries Steamed Carrots Chilled Red Pepper Strips	Black Beans	30 Homemade Pasta & Meatballs Steamed Carrots Cucumber Coins Pear and Pineapple Cup		
View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com. *Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. **Menu is subject to change, notice posted		Lunch consists of: Choice of entree * 100% Juice * Choice of Milk: Low Fat White, Fat Free Chocolate or White * Fruit * Grain * Vegetable	Lunch Daily Offerings: Assorted Sandwiches, Peanut Butter & Jelly, Cheese Sandwiches Bagel Lunch w/ Yogurt &Cheese Stick Yogurt Parfait w/ Fruit & Granola Assorted Salads Garden Side Salad , Variety of Veggies & Fruits	
when available. ***In accordance with federal civ and U.S. Department of Agricultu civil rights regulations and policie institution is prohibited from disc	ure (USDA) es, this	If you have any questions please Contact your Food Service Director	(Sliced Apples, Oranges & Bananas) All grains are whole grains or whole wheat Janet Ginocchio, Food Service Director @ jginocchio1@sufferncentral.org	

Made With Natural Ingredients

Pork

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

institution is prohibited from discriminating on the basis of race, color national origin, sex