Planned Menu Spreadsheet

Portion Values - Detailed

Page 1

	Portion Size	Plan Qty	Cals (kcal)	Sugars (q)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/01/2025	0.20		(1100.1)	(9/		(9/	(9/	(9/
4 day Anna HS lunch	Total	800						
Stuffed Potato-Taco Meat	1 each	200	398	*4	46.12	13.03	5.51	*0.20
Quesadilla,chix, w/veg: Proc 2	1 EACH	300	167	*1	2.67	7.8	3.75	*0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	150	326	6	30.0	13.65	6.63	0.00
Baked Potato, Variety	servings	30	481	*6	68.05	12.47	3.64	0.00
Spicy Chicken Sandwich	1 each	120	368	3	40.0	14.73	2.65	0.00
Cilantro Lime Rice	1/2 CUP	450	201	*0	35.26	5.02	0.27	*0.00
Corn, Elotes	.5 Cup	200	108	3	21.19	3.56	1.47	*0.00
Refried Beans: Process 2: M/MA	1/2 cup	200	144	1	21.68	2.7	1.35	0.00
Pineapple Rings w/ Cherry	1/2 CUP	560	103	22	24.42	1.09	0.91	0.00
Fresh Fruit	1 EACH	500	79	14	20.41	0.26	0.05	0.00
PICANTE	2 OZ	200	4	0	0.94	0.02	0.00	0.00
RANCH DRESSING, KENS PC	PC	500	91	1	1.01	9.11	1.52	0.00
Mustard: individual PC	1 each	300	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	100	10	1	3.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	345	120	18	20.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	100	11	11.0	2.5	1.50	0.00
Weighted Daily Average			723	*39	98.97	22.89	7.31	*0.05
% of Calories				*21.3%	54.7%	28.5%	9.1%	*0.1%
Nutrient Guideline			550-650				<10.00	

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Apr 1, 2025 thru Apr 30, 2025

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Planned Menu Spreadsheet

Portion Values - Detailed

Page 2

	Portion Size	Plan Qty	Cals (kcal)	Sugars (q)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/02/2025	0.20		(1100.1)	(9/	(9/	(9/	(9/	(9/
4 day Anna HS lunch	Total	940						
Bacon Ranch Burger	1 EACH	300	314	4	28.59	13.38	4.42	0.00
BBQ Pulled Pork Sliders: LS	1 each	200	500	18	55.06	19.06	6.02	0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	200	326	6	30.0	13.65	6.63	0.00
Baked Potato, Variety	servings	40	481	*6	68.05	12.47	3.64	0.00
Sub Sandwich: Ciabata, Ham	1 each	200	226	*4	28.59	5.49	2.54	0.02
French Fries, Crinkle Cut 1/2"	1/2 cup serv	650	102	0	16.09	3.81	1.27	0.00
Baked Beans:Process 2	1/2 cup	200	134	*14	30.58	0.52	0.09	*0.00
Fresh Fruit	1 EACH	500	79	14	20.41	0.26	0.05	0.00
Sidekicks: Variety	1 each	672	80	19	20.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	340	120	18	20.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	140	100	11	11.0	2.5	1.50	0.00
Mustard: individual PC	1 each	100	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	150	10	1	3.0	0.0	0.00	0.00
Cond - BBQ Sauce, 1 oz	1 each	100	30	3	8.1	0.0	0.00	0.00
Cond - Parmesan Cheese Pkg	1 each	80	17	0	0.0	1.14	0.57	0.00
RANCH DRESSING, KENS PC	PC	500	91	1	1.01	9.11	1.52	0.00
Weighted Daily Average			655	*40	89.74	21.13	6.80	*0.00
% of Calories				*24.7%	54.8%	29.0%	9.3%	*0.0%
Nutrient Guideline			550-650				<10.00	

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Apr 1, 2025 thru Apr 30, 2025

4 day Anna HS lunch 003 - Anna High School

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

Planned Menu Spreadsheet

Portion Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (q)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat¹ (g)
Thu - 04/03/2025	0120		(noal)	(9/	(9/	(9/	(g/	(9/
4 day Anna HS lunch	Total	840						
Lunchable, Ham Roll up	1 EACH	300	343	17	43.8	12.32	5.74	0.00
Chef Salad, Fajita Chicken	1 each	200	305	*4	31.97	11.07	3.08	0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	150	326	6	30.0	13.65	6.63	0.00
Baked Potato, Variety	servings	40	481	*6	68.05	12.47	3.64	0.00
HAMBURGER/CHEESEBURGER: HS	SERVING	150	314	4	23.6	14.09	5.61	0.00
Lettuce/Tom/Pick: Sec	1 each	210	8	*0	1.7	0.08	0.01	*0.00
Broccoli w/ Cheese Sauce	1/2 Cup	380	54	1	6.47	1.18	0.67	0.00
Salad, side	1 Cup serv	200	19	0	3.45	0.27	0.04	0.00
Fresh Fruit	1 EACH	500	79	14	20.41	0.26	0.05	0.00
Juice, Variety	1 each	840	62	13	15.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	345	120	18	20.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	100	11	11.0	2.5	1.50	0.00
Mustard: individual PC	1 each	100	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	150	10	1	3.0	0.0	0.00	0.00
Cond - Parmesan Cheese Pkg	1 each	80	17	0	0.0	1.14	0.57	0.00
RANCH DRESSING, KENS PC	PC	500	91	1	1.01	9.11	1.52	0.00
Weighted Daily Average			596	*41	78.64	19.32	6.71	*0.00
% of Calories				*27.6%	52.8%	29.2%	10.1%	*0.0%
Nutrient Guideline			550-650				<10.00	

Mon - 04/07/2025								
4 day Anna HS lunch	Total	890						
Beef Fingers-Advce:Sec Proc 2	5 each	340	328	1	20.16	20.16	5.04	0.00
Popcorn Chicken: Process 2	serving	230	0	0	0.0	0.0	0.00	0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	220	326	6	30.0	13.65	6.63	0.00
Baked Potato, Variety	servings	40	481	*6	68.05	12.47	3.64	0.00
Chef Salad, Fajita Chicken	1 each	60	305	*4	31.97	11.07	3.08	0.00
Roll, whole wheat 2oz	1 each	380	150	4	24.0	1.5	0.00	0.00
Potatoes, mashed	1/2 CUP	750	66	1	13.97	0.82	0.00	0.00
Green Beans, froz: Process 2	1/2 CUP	140	40	2	5.03	0.5	0.17	0.00
Fresh Fruit	1 EACH	500	79	14	20.41	0.26	0.05	0.00
Fruit cocktail: 13.14	1/2 CUP	490	83	13	19.7	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	350	120	18	20.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	100	11	11.0	2.5	1.50	0.00
Cond - Ketchup individual	1 each	300	10	2	3.0	0.0	0.00	0.00
Cond - BBQ Sauce, 1 oz	1 each	150	30	3	8.1	0.0	0.00	0.00
RANCH DRESSING, KENS PC	PC	400	91	1	1.01	9.11	1.52	0.00

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Apr 1, 2025 thru Apr 30, 2025

4 day Anna HS lunch 003 - Anna High School

Planned Menu Spreadsheet

Portion Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			577	*31 *21.3%	77.94 54.1%	18.44 28.8%	4.92 7.7%	0.00 0.0%
Nutrient Guideline			550-650				<10.00	

Tue - 04/08/2025								
4 day Anna HS lunch	Total	950						
Chicken Faj Wrap:Sec Process 1	1 each	140	528	*4	57.14	16.97	6.40	*0.00
Nachos: Beef	SERVINGS	350	367	2	23.89	21.6	9.33	0.66
Pizza, Pepperoni,rnd, wedge wg	1 each	220	326	6	30.0	13.65	6.63	0.00
Baked Potato, Variety	servings	40	481	*6	68.05	12.47	3.64	0.00
BBQ Pulled Pork Sliders: LS	1 each	200	500	18	55.06	19.06	6.02	0.00
Spanish Rice, Pkg	.5 Cup	450	106	1	20.0	2.01	0.00	0.00
MEXICALI CORN 1/2 cup	1/2 CUP	280	79	*2	19.49	1.5	0.03	*0.00
Refried Beans: Process 2: M/MA	1/2 cup	200	144	1	21.68	2.7	1.35	0.00
Fresh Fruit	1 EACH	500	79	14	20.41	0.26	0.05	0.00
Pineapple Rings w/ Cherry	1/2 CUP	572	103	22	24.42	1.09	0.91	0.00
PICANTE	2 OZ	230	4	0	0.94	0.02	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	380	120	18	20.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	100	11	11.0	2.5	1.50	0.00
Mustard: individual PC	1 each	100	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	100	10	1	3.0	0.0	0.00	0.00
Cond - BBQ Sauce, 1 oz	1 each	100	30	3	8.1	0.0	0.00	0.00
Weighted Daily Average			690	*38	94.99	21.31	8.44	*0.24
% of Calories				*22.1%	55.0%	27.8%	11.0%	*0.3%
Nutrient Guideline			550-650				<10.00	

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Apr 1, 2025 thru Apr 30, 2025

Planned Menu Spreadsheet

Portion Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/09/2025	0120		(Roal)	(9/	(9)		(9/	(9/
4 day Anna HS lunch	Total	1060						
Cheesy Rotini	2/3 CUP	250	202	*3	16.47	5.52	3.00	*0.00
Sub Sandwich: Ciabata, Ham	1 each	250	226	*4	28.59	5.49	2.54	0.02
Pizza, Pepperoni,rnd, wedge wg	1 each	220	326	6	30.0	13.65	6.63	0.00
Baked Potato, Variety	servings	40	481	*6	68.05	12.47	3.64	0.00
Chicken Salad on Croissant	SERVINGS	300	349	*7	36.95	16.39	4.14	0.03
Mixed Veggie Cups	1/2 cup	350	76	*3	4.59	5.44	0.82	0.00
Salad, side	1 Cup serv	230	19	0	3.45	0.27	0.04	0.00
Fruited Jello Dessert	4 oz	350	0	*N/A*	0.0	0.0	0.00	*N/A*
Fresh Fruit	1 EACH	500	79	14	20.41	0.26	0.05	0.00
Fruit cocktail: 13.14	1/2 CUP	490	83	13	19.7	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	350	120	18	20.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	100	11	11.0	2.5	1.50	0.00
Mustard: individual PC	1 each	100	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	100	10	1	3.0	0.0	0.00	0.00
Cond - Parmesan Cheese Pkg	1 each	80	17	0	0.0	1.14	0.57	0.00
RANCH DRESSING, KENS PC	PC	400	91	1	1.01	9.11	1.52	0.00
Weighted Daily Average			481	*26	59.70	16.39	5.13	*0.01
% of Calories				*22.0%	49.7%	30.7%	9.6%	*0.0%
Nutrient Guideline			550-650				<10.00	

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Apr 1, 2025 thru Apr 30, 2025

4 day Anna HS lunch 003 - Anna High School

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Planned Menu Spreadsheet

Portion Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/10/2025	0120		(noal)	(9/	(9/	(9/	(9/	(9/
4 day Anna HS lunch	Total	1050						
HAMBURGER/CHEESEBURGER: HS	SERVING	330	314	4	23.6	14.09	5.61	0.00
BBQ Pulled Pork Sliders: LS	1 each	280	500	18	55.06	19.06	6.02	0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	200	326	6	30.0	13.65	6.63	0.00
Baked Potato, Variety	servings	40	481	*6	68.05	12.47	3.64	0.00
Chicken Faj Wrap:Sec Process 1	1 each	200	528	*4	57.14	16.97	6.40	*0.00
French Fries, Shoestring Cut	1/2 cup serv	780	120	0	17.61	4.8	1.20	0.00
Baked Beans:Process 2	1/2 cup	220	134	*14	30.58	0.52	0.09	*0.00
Lettuce/Tom/Pick: Sec	1 each	210	8	*0	1.7	0.08	0.01	*0.00
Fresh Fruit	1 EACH	500	79	14	20.41	0.26	0.05	0.00
Juice, Variety	1 each	700	62	13	15.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	350	120	18	20.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	150	100	11	11.0	2.5	1.50	0.00
Mustard: individual PC	1 each	100	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	150	10	1	3.0	0.0	0.00	0.00
Cond - BBQ Sauce, 1 oz	1 each	100	30	3	8.1	0.0	0.00	0.00
Cond - Ketchup individual	1 each	250	10	2	3.0	0.0	0.00	0.00
RANCH DRESSING, KENS PC	PC	400	91	1	1.01	9.11	1.52	0.00
Weighted Daily Average			706	*35	91.38	23.46	7.72	*0.00
% of Calories				*20.0%	51.7%	29.9%	9.8%	*0.0%
Nutrient Guideline			550-650				<10.00	

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Apr 1, 2025 thru Apr 30, 2025

Planned Menu Spreadsheet

Portion Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/14/2025			((3/	(3/	(3/	(3/	.3/
4 day Anna HS lunch	Total	1030						
CHIČKEN ALFREDO WITH A TWIST	1 CUP	350	355	*0	43.94	7.49	3.10	*0.11
Breadstick: WG Cheesy Gar14.15	1 each	360	90	2	13.0	3.0	0.50	0.00
Pizza, Pepperoni WH: Proc 2	1 each	180	339	8	26.95	15.97	7.99	0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	230	326	6	30.0	13.65	6.63	0.00
Stuff Potato, ham: Process 2	1 each	40	493	7	83.98	7.99	3.79	*0.00
Sub Sandwich: Ciabata, Ham	1 each	230	226	*4	28.59	5.49	2.54	0.02
Salad, side	1 Cup serv	175	19	0	3.45	0.27	0.04	0.00
Broccoli w/ Cheese Sauce	1/2 Cup	200	54	1	6.47	1.18	0.67	0.00
Fresh Fruit	1 EACH	500	79	14	20.41	0.26	0.05	0.00
Mandarin Orange Slices	1/2 cup	490	83	17	18.63	0.0	0.00	0.00
Mustard: individual PC	1 each	100	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	100	10	1	3.0	0.0	0.00	0.00
RANCH DRESSING, KENS PC	PC	400	91	1	1.01	9.11	1.52	0.00
Cond - Parmesan Cheese Pkg	1 each	80	17	0	0.0	1.14	0.57	0.00
MILK,Chocolate FF: Process 1	1 each	345	120	18	20.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	145	100	11	11.0	2.5	1.50	0.00
Weighted Daily Average			537	*28	70.07	15.35	5.83	*0.04
% of Calories				*20.5%	52.2%	25.7%	9.8%	*0.1%
Nutrient Guideline			550-650				<10.00	

Tue - 04/15/2025								
4 day Anna HS lunch	Total	1150						
Tacos,pork,beef,chicken	2 Each	330	331	2	35.28	14.09	6.03	1.01
Chicken Quesadilla -8"tortilla	1 EACH	330	288	*0	20.84	13.29	5.56	*0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	180	326	6	30.0	13.65	6.63	0.00
Baked Potato, Variety	servings	30	481	*6	68.05	12.47	3.64	0.00
Nachos: Diced Chicken	SERVINGS	280	331	2	25.3	17.11	7.76	0.00
Refried Beans: Process 2: M/MA	1/2 cup	200	144	1	21.68	2.7	1.35	0.00
Spanish Rice 1/2 cup w/ Rotel	0.50 cup	450	124	*0	22.05	2.94	0.03	0.00
Corn, Elotes	.5 Cup	200	108	3	21.19	3.56	1.47	*0.00
Fresh Fruit	1 EACH	500	79	14	20.41	0.26	0.05	0.00
Pineapple Rings w/ Cherry	1/2 CUP	500	103	22	24.42	1.09	0.91	0.00
PICANTE	2 OZ	150	4	0	0.94	0.02	0.00	0.00
RANCH DRESSING, KENS PC	PC	400	91	1	1.01	9.11	1.52	0.00
MILK, Chocolate FF: Process 1	1 each	345	120	18	20.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	195	100	11	11.0	2.5	1.50	0.00

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Apr 1, 2025 thru Apr 30, 2025

4 day Anna HS lunch 003 - Anna High School

Planned Menu Spreadsheet

Portion Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			578	*26 *18.1%	72.65 50.2%	20.90 32.5%	8.05 12.5%	*0.29 *0.5%
Nutrient Guideline			550-650				<10.00	

Wed - 04/16/2025								
4 day Anna HS lunch	Total	0						
Chef Salad, turkey Sec. Proc 1	1 each	0	0	*0	0.0	0.0	0.00	*0.00
Sub Sandwich, Turkey:Croissant	1 EACH	0	0	*0	0.0	0.0	0.00	0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	0	0	0	0.0	0.0	0.00	0.00
Baked Potato, Variety	servings	0	0	*0	0.0	0.0	0.00	0.00
Bacon Ranch Burger	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Mixed Veggie Cups	1/2 cup	0	0	*0	0.0	0.0	0.00	0.00
Pork & Beans: Process 2	1/2 cup	0	0	0	0.0	0.0	0.00	0.00
Fresh Fruit	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Sidekicks: Variety	1 each	0	0	0	0.0	0.0	0.00	0.00
Pudding, Choc, cn: 07-08	1/2 CUP	0	0	*N/A*	0.0	0.0	0.00	*N/A*
Mustard: individual PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Cond - Ketchup individual	1 each	0	0	0	0.0	0.0	0.00	0.00
RANCH DRESSING, KENS PC	PC	0	0	0	0.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	0	0	0	0.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	0	0	0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	*0	0.00	0.00	0.00	*0.00
% of Calories				*0.0%	0.0%	0.0%	0.0%	*0.0%
Nutrient Guideline			550-650				<10.00	

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Apr 1, 2025 thru Apr 30, 2025

Planned Menu Spreadsheet

Portion Values - Detailed

Page 9

	Portion Size	Plan	Cals	Sugars	Carb	T-Fat	S-Fat	Tr-Fat ¹
Thu - 04/17/2025	3120	Qty	(kcal)	(<u>g</u>)	(g)	(g)	(<u>g</u>)	(<u>g)</u>
4 day Anna HS lunch	Total	0						
Bacon Ranch Burger	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Turkey Club Wrap: Sec 13.14	1 each	0	0	*0	0.0	0.0	0.00	*0.00
Pizza, Pepperoni, rnd, wedge wg	1 each	0	0	0	0.0	0.0	0.00	0.00
Baked Potato, Variety	servings	0	0	*0	0.0	0.0	0.00	0.00
Chef Salad, turkey Sec. Proc 1	1 each	0	0	*0	0.0	0.0	0.00	*0.00
Lettuce/Tom/Pick: Sec	1 each	0	0	*0	0.0	0.0	0.00	*0.00
French Fries, Shoestring Cut	1/2 cup serv	0	0	0	0.0	0.0	0.00	0.00
Baked Beans:Process 2	1/2 cup	0	0	*0	0.0	0.0	0.00	*0.00
Fresh Fruit	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Juice, Variety	1 each	0	0	0	0.0	0.0	0.00	0.00
Mustard: individual PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Cond - Ketchup individual	1 each	0	0	0	0.0	0.0	0.00	0.00
RANCH DRESSING, KENS PC	PC	0	0	0	0.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	0	0	0	0.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	0	0	0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	*0	0.00	0.00	0.00	*0.00
% of Calories				*0.0%	0.0%	0.0%	0.0%	*0.0%
Nutrient Guideline			550-650				<10.00	

Mon - 04/21/2025								
4 day Anna HS lunch	Total	0						
SPAGHETTI AND MEAT SAUCE	1 CUP	0	0	*0	0.0	0.0	0.00	*0.00
Turkey & Cheese Panini	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	0	0	0	0.0	0.0	0.00	0.00
Baked Potato, Variety	servings	0	0	*0	0.0	0.0	0.00	0.00
Sub Sand, Turkey: Crois w/veg	1 EACH	0	0	*0	0.0	0.0	0.00	0.00
Broccoli w/ Cheese Sauce	1/2 Cup	0	0	0	0.0	0.0	0.00	0.00
Baby Carrots	1 bag	0	0	0	0.0	0.0	0.00	0.00
Fresh Fruit	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Fruit cocktail: 13.14	1/2 CUP	0	0	0	0.0	0.0	0.00	0.00
Cond - Parmesan Cheese Pkg	1 each	0	0	0	0.0	0.0	0.00	0.00
Mustard: individual PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	0	0	0	0.0	0.0	0.00	0.00
RANCH DRESSING, KENS PC	PC	0	0	0	0.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	0	0	0	0.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	0	0	0	0.0	0.0	0.00	0.00

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Apr 1, 2025 thru Apr 30, 2025

Planned Menu Spreadsheet

Portion Values - Detailed

Page 10

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			0	*0 *0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	*0.00 *0.0%
Nutrient Guideline			550-650				<10.00	

Tue - 04/22/2025								
4 day Anna HS lunch	Total	0						
Nachos: Beef	SERVINGS	0	0	0	0.0	0.0	0.00	0.00
Crispito, Chick & Cheese WG: 2	2 each	0	0	0	0.0	0.0	0.00	0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	0	0	0	0.0	0.0	0.00	0.00
Baked Potato, Variety	servings	0	0	*0	0.0	0.0	0.00	0.00
HAMBURGER/CHEESEBURGER: HS	SERVING	0	0	0	0.0	0.0	0.00	0.00
Lettuce/Tom/Pick: Sec	1 each	0	0	*0	0.0	0.0	0.00	*0.00
Refried Beans: Process 2: M/MA	1/2 cup	0	0	0	0.0	0.0	0.00	0.00
MEXICALI CORN 1/2 cup	1/2 CÚP	0	0	*0	0.0	0.0	0.00	*0.00
Fresh Fruit	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Pineapple Rings w/ Cherry	1/2 CUP	0	0	0	0.0	0.0	0.00	0.00
PICANTE	2 OZ	0	0	0	0.0	0.0	0.00	0.00
Mustard: individual PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Cond - Ketchup individual	1 each	0	0	0	0.0	0.0	0.00	0.00
RANCH DRESSING, KENS PC	PC	0	0	0	0.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	0	0	0	0.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	0	0	0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	*0	0.00	0.00	0.00	*0.00
% of Calories				*0.0%	0.0%	0.0%	0.0%	*0.0%
Nutrient Guideline			550-650				<10.00	

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Apr 1, 2025 thru Apr 30, 2025

Planned Menu Spreadsheet

Portion Values - Detailed

Page 11

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/23/2025			(11201)		.3/	(3/	(3/	
4 day Anna HS lunch	Total	0						
Chicken Pot Pie	Servings	0	0	*0	0.0	0.0	0.00	*0.00
Turkey Club Wrap: Sec 13.14	1 each	0	0	*0	0.0	0.0	0.00	*0.00
Pizza, Pepperoni, rnd, wedge wg	1 each	0	0	0	0.0	0.0	0.00	0.00
Baked Potato, Variety	servings	0	0	*0	0.0	0.0	0.00	0.00
Yogurt Combo: prt, yog, ch cup	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Peas & Carrots: Process 2	1/2 CUP	0	0	0	0.0	0.0	0.00	0.00
Veg: Carrots/Glazed	1/2 cup	0	0	*0	0.0	0.0	0.00	*0.00
Fresh Fruit	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Applesauce Cups, Watermelon	4.5oz cup	0	0	0	0.0	0.0	0.00	0.00
RANCH DRESSING, KENS PC	PC	0	0	0	0.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	0	0	0	0.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	0	0	0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	*0	0.00	0.00	0.00	*0.00
% of Calories				*0.0%	0.0%	0.0%	0.0%	*0.0%
Nutrient Guideline			550-650				<10.00	

Thu - 04/24/2025								
4 day Anna HS lunch	Total	0						
HAMBURGER/CHEESEBURGER: HS	SERVING	0	0	0	0.0	0.0	0.00	0.00
Turkey Club Wrap: Sec 13.14	1 each	0	0	*0	0.0	0.0	0.00	*0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	0	0	0	0.0	0.0	0.00	0.00
Baked Potato, Variety	servings	0	0	*0	0.0	0.0	0.00	0.00
Spicy Chicken Sandwich	1 each	0	0	0	0.0	0.0	0.00	0.00
Lettuce/Tom/Pick: Sec	1 each	0	0	*0	0.0	0.0	0.00	*0.00
French Fries, Crinkle Cut 1/2"	1/2 cup serv	0	0	0	0.0	0.0	0.00	0.00
Mixed Veggie Cups	1/2 cup	0	0	*0	0.0	0.0	0.00	0.00
Fresh Fruit	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Sidekicks: Variety	1 each	0	0	0	0.0	0.0	0.00	0.00
Mustard: individual PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Cond - Ketchup individual	1 each	0	0	0	0.0	0.0	0.00	0.00
RANCH DRESSING, KENS PC	PC	0	0	0	0.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	0	0	0	0.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	0	0	0	0.0	0.0	0.00	0.00

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Apr 1, 2025 thru Apr 30, 2025

Planned Menu Spreadsheet

Portion Values - Detailed

Page 12

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			0	*0 *0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	*0.00 *0.0%
Nutrient Guideline			550-650				<10.00	

Mon - 04/28/2025								
4 day Anna HS lunch	Total	0						
Cheesy Rotini	2/3 CUP	0	0	*0	0.0	0.0	0.00	*0.00
Breadstick: WG Cheesy Gar14.15	1 each	0	0	0	0.0	0.0	0.00	0.00
Chicken Sandwich, Spicy, ClxDx	1 each	0	0	0	0.0	0.0	0.00	0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	0	0	0	0.0	0.0	0.00	0.00
Baked Potato, Variety	servings	0	0	*0	0.0	0.0	0.00	0.00
HAMBURGER/CHEESEBURGER: HS	SERVING	0	0	0	0.0	0.0	0.00	0.00
Green Beans, cn: Process 2	1/2 CUP	0	0	0	0.0	0.0	0.00	*0.00
California Veggies: Process 2	1/2 cup	0	0	0	0.0	0.0	0.00	0.00
Cond - Parmesan Cheese Pkg	1 each	0	0	0	0.0	0.0	0.00	0.00
Mustard: individual PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Cond - Ketchup individual	1 each	0	0	0	0.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	0	0	0	0.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	0	0	0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	*0	0.00	0.00	0.00	*0.00
% of Calories				*0.0%	0.0%	0.0%	0.0%	*0.0%
Nutrient Guideline			550-650				<10.00	

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Apr 1, 2025 thru Apr 30, 2025

Planned Menu Spreadsheet

Portion Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (q)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/29/2025	0120			(9/	(9/	(9/	(9/	(9/
4 day Anna HS lunch	Total	0						
Chicken Quesadilla -8"tortilla	1 EACH	0	0	*0	0.0	0.0	0.00	*0.00
Crispito, Chick & Cheese WG: 2	2 each	0	0	0	0.0	0.0	0.00	0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	0	0	0	0.0	0.0	0.00	0.00
Baked Potato, Variety	servings	0	0	*0	0.0	0.0	0.00	0.00
Turkey Club Wrap: Sec 13.14	1 each	0	0	*0	0.0	0.0	0.00	*0.00
Refried Beans: Process 2: M/MA	1/2 cup	0	0	0	0.0	0.0	0.00	0.00
Corn Salsa, Roasted	2 OZ	0	0	*0	*0.0	*0.0	*0.00	*0.00
Fresh Fruit	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Fruit: Smoothie, asst flavors	1 each	0	0	*N/A*	0.0	0.0	0.00	0.00
PICANTE	2 OZ	0	0	0	0.0	0.0	0.00	0.00
Mustard: individual PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	0	0	0	0.0	0.0	0.00	0.00
RANCH DRESSING, KENS PC	PC	0	0	0	0.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	0	0	0	0.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	0	0	0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	*0	*0.00	*0.00	*0.00	*0.00
% of Calories				*0.0%	*0.0%	*0.0%	*0.0%	*0.0%
Nutrient Guideline			550-650				<10.00	

Wed - 04/30/2025								
4 day Anna HS lunch	Total	0						
Beef Fingers-Advce:Sec Proc 2	5 each	0	0	0	0.0	0.0	0.00	0.00
Popcorn Chckn: Hot 'N Spicy WG	12 each	0	0	0	0.0	0.0	0.00	0.00
Pizza, Pepperoni,rnd, wedge wg	1 each	0	0	0	0.0	0.0	0.00	0.00
Baked Potato, Variety	servings	0	0	*0	0.0	0.0	0.00	0.00
Sub Sand, Turkey: Crois w/veg	1 EACH	0	0	*0	0.0	0.0	0.00	0.00
Potatoes, mashed	1/2 CUP	0	0	0	0.0	0.0	0.00	0.00
Green Beans, froz: Process 2	1/2 CUP	0	0	0	0.0	0.0	0.00	0.00
Fresh Fruit	1 EACH	0	0	0	0.0	0.0	0.00	0.00
Juice, Variety	1 each	0	0	0	0.0	0.0	0.00	0.00
Mustard: individual PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Mayo PC	1 each	0	0	0	0.0	0.0	0.00	0.00
Cond - Ketchup individual	1 each	0	0	0	0.0	0.0	0.00	0.00
MILK, Chocolate FF: Process 1	1 each	0	0	0	0.0	0.0	0.00	0.00
Milk - Milk1% Lowfat	1 each	0	0	0	0.0	0.0	0.00	0.00

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Apr 1, 2025 thru Apr 30, 2025

Planned Menu Spreadsheet

Portion Values - Detailed

Page 14

	Portion Size	Plan Qty	Cals (kcal)	Sugars (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			0	*0 *0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%	0.00 0.0%
Nutrient Guideline			550-650				<10.00	

Weighted Average	616	*34	*81.56	*19.91	*6.77	*0.07
		*49.4%	*53.0%	*29.1%	*9.9%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	616		550 - 650	100%			-	
Sugars (g)	34				Missing			
Carbohydrate (g)	81.56	21.97%			Missing			
Total Fat (g)	19.91	52.96%			Missing			
Saturated Fat (g)	6.77	29.09%	<10.00%		Missing			
Trans Fat ¹ (g)	0.07	9.89%			Missing			
		0.10%			Ū			

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Apr 1, 2025 thru Apr 30, 2025

4 day Anna HS lunch

003 - Anna High School