



Mansfield ISD School Health Advisory Council Minutes (SHAC)

1110 W. Debbie Lane; Mansfield, TX 76063, Wednesday March 26, 2025

12:00PM – 1:00PM

Introductions:

- Meeting begins- called to order at 12:02pm

SHAC Business:

- Overview of SHAC
 - What is required
 - What SHAC provides for the district
- Approve minutes from February 13, 2025
 - Motion to approve by Windsor Giblin, second motion by Krystle Garrett- Green
 - No discussion
 - Passed by 100%

Discussion Topics:

- Anti Bullying Campaigns, Investigations & Next Steps
 - Speaker: Tamara Vardy Director of Student Services
 - Anti Bullying Campaigns, timeline and investigation documents were shared with our committee
 - We discussed investigation timeline, parent contact, safety plan considerations, counselor notification, investigation/retaliation warning, parent communication/letters, corrective actions, submissions and appeals process.
 - We reviewing the worksheet that school counselors go through to identify bullying and what next steps are warranted for review.
 - Questions were raised around metrics, if parents have been notified and asked to provide feedback on the process.
 - Discussion around the bullying committee that previously existed, however is no longer in effect.
 - Training for Asst. Principals occurs monthly for consistency and transparency on practices and process.
 - Schools do not get negatively impacted if they have higher bullying rates, however they can get flagged for more training or resources if needed.
 - Our House on MISD website needs better promotion and visibility.

- Physical Education Sub Committee
 - Speaker: George Fassett
 - Reviewed the overview to be submitted to the District for recommendations on extra recess times
 - Objective is for all students PK-4 to have the opportunity for 150 minutes of outdoor free play each week.
 - Outdoor & Indoor free play recommendations and examples were provided
 - Additionally, providing <http://linkproject.tcu.edu/> for MISD educators to review the benefits to unstructured play for both students and teachers
 - Will provide recommendations from Ms. Hostin at Boren Elementary in terms of schedules/etc
- Wellness Sub Committee
 - Speaker: Windsor Giblin & Ana Horn
 - Reviewed subcommittee notes and breakdown for recommendations for mental wellbeing and Employee Appreciation
 - Shared both proposals created with the entire SHAC committee and asked for feedback.
 - This Employee Appreciation proposal advocates for a comprehensive and consistent staff appreciation program across all Mansfield ISD schools. Recognizing the interconnected roles of all staff members, from cafeteria workers to specialists, we propose a shift towards a more holistic & Staff Appreciation & model. This initiative aims to boost staff morale, reduce stress, and ultimately create a more positive and supportive learning environment for our students.
 - The Mental Wellbeing proposal is to provide our district's Principles with information and visibility around resources highlighting the Total Rewards & Benefits available to employees within the district. Additionally, give visibility into the lasting wellbeing benefits that Zen Rooms & Calming Corners can provide to both employees and students within our District, thus enabling safe places for restoration, healthy coping & de-escalation tactics, as well as provide a safe place for mental and emotional regulation.
- Parking Topic
 - Speaker: Margaret Couldron
 - Margaret will submit on behalf of the committee a proposal for maps to be displayed on all school's pages for first week of school.

Closing:

- Motion to End Meeting: Krystle Garrett- Green motioned to adjourn the meeting , second motion by Allan Turner
- Meeting was adjourned at 12:58
- Motion passed at 100%