

## 7th and 8th Grade Curriculum Overview

### 7th Grade:

Day 1	Day 2	Day 3
<ul style="list-style-type: none"><li>● Choices and Consequences- importance of having information (evidence based research) in order to make informed decisions about sexual activity</li><li>● Pregnancy as a potential outcome of sexual activity</li><li>● Emotional and physical impacts of sexual activity</li><li>● Healthy Relationships, importance of setting boundaries and standards</li><li>● Refusal skills for risky behaviors</li><li>● Infatuation vs love, Guarding your heart</li><li>● Abstinence, Sexual Risk Avoidance</li></ul>	<ul style="list-style-type: none"><li>● Sexually transmitted diseases and infections</li><li>● Understand the transmission of diseases and infections</li><li>● Symptoms (and lack of) for common STIs</li><li>● Dangers and impact STIs and the impact on health<ul style="list-style-type: none"><li>○ Bacterial vs Viral infections</li></ul></li></ul>	<ul style="list-style-type: none"><li>● Importance of setting short and long term goals in our lives</li><li>● Balancing goals with realities and relationships</li><li>● Recognizing destructive behavior patterns (pornography/sexting)</li><li>● Gain awareness of the Impact and influence of social media</li><li>● Safety on the internet</li><li>● Recognizing signs of toxic relationships and guarding against them</li><li>● Learning how to benefit from knowledge and not repeat mistakes</li><li>● Reminders of worth and value – self-esteem and confidence building</li></ul>

**8th Grade:**

Day 1	Day 2	Day 3
<ul style="list-style-type: none"><li>● Abstinence, Sexual Risk Avoidance</li><li>● Making Choices- the importance of having information (evidence based research) in order to make informed decisions about sexual activity</li><li>● Pregnancy as a potential outcome of sexual activity</li><li>● Emotional and physical impacts of sexual activity</li><li>● Importance of setting boundaries and standards for relationships</li><li>● Teen Dating</li><li>● Domestic Violence</li></ul>	<ul style="list-style-type: none"><li>● Sexually transmitted diseases and infections</li><li>● Understand the transmission of diseases and infections</li><li>● Symptoms (and lack of) for common STIs</li><li>● Dangers and impact STIs and the impact on health</li><li>● HPV and HPV Vaccine</li><li>● HIV/AIDS</li><li>● Bacterial vs Viral infections</li></ul>	<ul style="list-style-type: none"><li>● Importance of setting short and long term goals in our lives</li><li>● Balancing goals with realities and relationships</li><li>● Recognizing destructive behavior patterns</li><li>● Media, Social Media, Pornography, Sexting</li><li>● Gain awareness of the Impact and influence of social media</li><li>● Safety on the internet</li><li>● Recognizing signs of toxic relationships and guarding against them</li><li>● Learning how to benefit from knowledge and not repeat mistakes</li><li>● Reminders of worth and value – self-esteem and confidence building</li><li>● Sex Trafficking</li><li>● Cyber Bullying</li></ul>