

5th and 6th Grade Curriculum Overview

5th Grade:

Day 1	Day 2	Day 3
<ul style="list-style-type: none"> • Puberty, Male and female reproductive anatomy and function • Physical changes which occur with puberty (hair, odor, shape, hormones, menstruation, voice) • Puberty development and uniqueness for individuals • Emotional, hormones • Hygiene needs (showering, menstruation products, deodorant) 	<ul style="list-style-type: none"> • Pregnancy, Fetal Development • Abstinence • Abuse • Sex Trafficking • HIV basics (transmission, protection) • Sexually transmitted diseases- privacy and risk factors 	<ul style="list-style-type: none"> • Healthy Relationships • Bullying, Cyberbullying • Peer Pressure • Media, Social Media Pornography • Sexting • Internet Safety • Self-esteem, value and worth • Social changes which occur with puberty (friendships, attractions)

6th Grade:

Day 1	Day 2	Day 3
<ul style="list-style-type: none"> • Body development changes review (5th grade basics- changes which occur with puberty) • Abstinence • Healthy Decision Making • Social Media • Peer Pressure • Friendships, trust and respect 	<ul style="list-style-type: none"> • Sexually transmitted diseases • HIV review • Boundaries and safety- peer pressure, refusal skills • Healthy Relationships 	<ul style="list-style-type: none"> • Media, Social Media • Sexting • Cyberbullying • Sex trafficking • Self-esteem, value and worth