
**2024-2025
School Health Advisory Council (SHAC)
Meeting #4
April 1, 2025**

A meeting of the Midlothian ISD School Health Advisory Council will be held April 1, 2025 beginning at 9:00 AM via [TEAMS \(video linked here\)](#). The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice.

1. CALL TO ORDER

- a. Announcement by the presiding officer that a quorum of members is present, that the meeting has been duly called, and that notice of the meeting has been posted in accordance with the Texas Open Meetings Act, Texas Government Code Chapter 551

2. PUBLIC COMMENT

- a. Members of the public may address the SHAC during the public comment portion of the meeting in accordance with Board policy BED (LOCAL). Individuals wishing to speak shall email krista.tipton@midlothianisd.org by 4:00 pm the day prior to the scheduled SHAC meeting. Failing to meet this requirement will forfeit the requested public comment. According to the Texas Open Meetings Act, committee members will listen to the comments but will not conduct an interchange with the speaker. Speakers are limited to one minute each and if multiple individuals are speaking on the same item not listed on the agenda, a spokesperson must be appointed to speak.

3. INFORMATION ONLY

- a. FitnessGram
- b. MISD Vaping Data
- c. SHAC Programming: Return on Investment
- d. Fentanyl Awareness Community Meeting
- e. End of Year Survey

4. ADJOURNMENT

On this, the 31st day of March, 2025, this Notice posted an original copy was posted in the window of the School District Administration Building at 8:00am on said date.

Krista Tipton

Krista Tipton, M. Ed
Executive Director of Administration and Student Services

The SHAC Meeting Minutes

4/01/25

1. Welcome– Krista Tipton called the meeting to order at 9:02 am and welcomed everyone and introduced the speakers for the meeting.
2. FitnessGram- Scott Fiorenza, PE Coach at Miller Elementary, shared an overview of FitnessGram which is an evaluation system for physical fitness. FitnessGram evaluates these areas: Aerobic Capacity, Body Composition, Muscular Strength, and Flexibility. Reports are available to parents upon request. An example of how the district receives the results was shared with the Committee.
3. MISD Vaping Data- Krista Tipton shared the updated Vaping Data from the last three school years. The data showed a change with the environmental systems. There has been a decline in vaping incidents overall. MISD is keeping aware of the trends with vaping and different drugs available to students.
4. SHAC Programming: Return on Investment- Year in a Review glance at programming was presented by Krista Tipton. The programming includes FitnessGram, Monique Burr, REACH, and YES. Krista shared the requirements for the programming and the cost of investment with each program that MISD has been using. She shared the numbers of students that participated in the programs. Krista also shared some general survey results from the elementary level. Krista stated the RFP process will be happening this year specifically with Educational programming.
5. Fentanyl Awareness Community Meeting- Krista Tipton and Wendy Hein attended a community Fentanyl Awareness Meeting. Krista shared about some of the speakers and the information that was given at this meeting. Jason Higgins spoke at this meeting and shared his personal story/loss because of Fentanyl. Cassie Street also shared the value of this meeting.
6. End of Year Survey- Krista shared the end of year survey QR code with the attendees.
7. Krista Tipton adjourned the meeting at 9:34.

Representatives in attendance:

Krista Tipton
Sabra Golden
Wendy Hein
Emma Adair
Patti Hill
Beth Stokman
Kristin Vernon
Katie Tackett

Cassie Street
Jessica Chambon
Olivia McDonald
Lisa Huski
Joelle Wall
Jessica Martin
Jason Milholen
Danielle White
Mandi Tucker
Lori Cook
Tim Perkins
Alexis Valentine
Whitney Krupala
Rachel Bryant
Scott Fiorenza
Maria Nicolas