

## STUDENT RECIPE

# CARAMEL PINEAPPLE SALAD

This recipe was created by Alex from Ms. Reid's 3rd Grade class at Lewis & Clark Elementary.



## INGREDIENTS

- 1 container (8oz) Frozen whipped topping - thawed
- 1 container (16oz) caramel
- 1 can (8oz) crushed pineapples (drain all the juice)
- 3 cups of Diced apples
- 1 1/2 cups of walnuts or pecans.
- 1 cups mini marshmallows (6oz)

## INSTRUCTIONS

- Mix Whipped topping & caramel; then set aside
- Drain all of pineapple Juice, then mix with mini marshmallows
- chop apples in small pieces & fold into caramel/whipped topping mixture.
- Fold marshmallow and caramel mixtures together.
- add pecans & place in fridge. Serve cold.

## COST BREAKDOWN

- 1 container (8oz) whipped topping \$1.07
- 1 container (16oz) caramel \$4.48
- Pineapple in 100% Juice (4oz) \$2.98
- 2-3 Apples (Gala) \$4.24 3lb bag or 0.74 each
- Chopped Walnuts (4oz) \$2.36
- Mini Marshmallow, 10z bag \$1.67

