



BISD COMPREHENSIVE SCHOOL COUNSELING PROGRAM

Comprehensive School Counseling Program (CSCP) BISD Mission Statement-

The mission of the Bridgeport ISD counseling department is to support all students by fostering social, emotional and academic growth in a safe environment, leading to success.

Program Vision- At Bridgeport ISD, our vision is for our comprehensive counseling services to promote student growth, addressing social, emotional, and academic needs. We aim to inspire confidence, resilience, and achievement, ensuring that every student not only succeeds academically but also develops the skills and well-being necessary for lifelong success.

Below are the defining elements of our CSCP:

- Delivery- Campus school counselors deliver the comprehensive school counseling program with
- support from administration and campus staff.
- Competencies- To plan, implement, and evaluate the CSCP; to collaborate with and promote the CSCP to our stakeholders
- Clients- Students are served through our campus with the possibility to expand to the families and community, as needed and supported.
- Organizational Elements- Elements that go into making our school counseling program organized to help ensure that unnecessary elements are left out and needed elements are maintained are:
 - The master counseling yearly calendar
 - Following the [5th Edition TX Model for CSCP](#)
 - Weekly schedules
 - Weekly PLC's (professional learning community)
 - TX Model guidance lesson curriculum indicators/goals
 - Annual Agreement with Principal
 - District and CDS Counseling Handbook for systems and procedures
 - Research-based interventions such as Solution Focused Brief Counseling

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. Provide Guidance and Support for Children and Young Adolescents
2. Provide Better Services Through Collaboration
3. Establish a District/School Plan
4. Clarify the Role of the School Counselor
5. Involve Parents
6. Responsible Decision Making

Program Assumptions

- Professionally certified counselors are hired
- All students, parents, teachers, and other recipients have equal access to the program
- The work setting reflects:
 - Administrative commitment to and support of the program
 - A positive work environment
 - An adequate budget
- School administrators are working to understand and support the program's priorities and demands
- Program and Staff Development:
 - Time and opportunity are provided for designing and evaluation the program
 - Relevant training is available
- Budget: an adequate budget is established to support program needs and goals
- Materials, supplies and equipment: the school counselor has items necessary to support development and implementation of the program
- Facilities: the facilities accessible to the school counselor are sufficient and appropriate

Program Goals

Program SMART Goals for the 2024-2025 School Year

#1. BISD Counselors will provide at least 4 meetings to educate parents and guardians regarding items impacting students.

#2. BISD students will reach 88% qualifying with a CCMR point.

#3. Students will develop at least 3 methods to self-regulate their concerns.

CSCP Design Priorities

Clients- ranked by importance according to our goals (1 is most important):

1. Students
2. Parents
3. Teachers
4. Community
5. Administrators

Student Needs- ranked by importance according to our goals (1 is most important):

1. Prevention
2. Remediation
3. Crisis

Student Competencies- ranked by importance according to our goals (1 is most important):

1. Intrapersonal skills for Personal Health and Safety
2. Interpersonal Skills
3. CCMR

School Counselor Competencies- ranked by importance according to our goals (1 is most important):

1. Program Management
2. Professional Behavior/Standards
3. Guidance
4. Advocacy
5. Counseling
6. Student Assessment
7. Consultation

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Responsive Services
2. Individual Planning
3. Guidance Curriculum
4. System Support

BISD Counseling Department Monthly Calendar

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

<u>Components</u>	<u>Content Areas</u>
Guidance Curriculum	Interpersonal Effectiveness
Responsive services	Intrapersonal Effectiveness
Individual Planning	Personal Health and Safety
System Support	Post-Secondary Planning and Career Readiness

2. The program goals of the Comprehensive School Counseling Program:

Counseling Program Goals for the 2024-2025 School Year

#1. BISD Counselors will provide at least 4 meetings to educate parents and guardians regarding items impacting students.

#2. BISD students will reach 88% qualifying with a CCMR point.

#3. Students will develop at least 3 methods to self-regulate their concerns.

#4 - Guidance lessons will be delivered monthly with topics including social awareness, self-awareness, responsible decision making, self-management, relationship skills and personal well-being.

#5 - Provide students with tools to successfully navigate and manage their future goals through academic planning/scheduling options.

CALENDAR



August

Content Area- Respect/ Beginning of Year Procedures/Expectations/Meet the Counselor

CSCP Goals Addressed-

- Students will develop at least 3 methods to self-regulate their concerns.
- Guidance lesson(s) will be delivered each month to TORO/WIN Classes and to general education classrooms at the elementary level. Topics include social awareness, self-awareness, responsible decision making, self-management, relationship skills and personal well-being.
- Provide students with tools to successfully navigate and manage their future goals through academic planning/scheduling options.

Domain- CASEL area - Social Awareness

Guidance Curriculum Lesson Topics (GC)- Resolution of Respect, CHAMPS/ Counseling procedures

TX SB 123 Character Trait- School Pride (123.B.9)

Major Projects/Events - 6th Grade/New Student Orientation, Freshman/New Student Orientation, Introduce counselor to all classes, BIS Bull Bash Assembly to review CHAMPS

September

Content Area- Responsibility

CSCP Goals Addressed-

- Students will develop at least 3 methods to self-regulate their concerns.
- Guidance lesson(s) will be delivered each month to TORO/WIN Classes and to general education classrooms at the elementary level. Topics include social awareness, self-awareness, responsible decision making, self-management, relationship skills and personal well-being.

Domain- CASEL area - Self-awareness

Guidance Curriculum Lesson Topics (GC)- Responsibility

TX SB 123 Character Trait- Trustworthiness & Integrity & School Pride (123.B.2, 123.B.3, 123.B.9)

Major Projects/Events- Start With Hello Week, Suicide Prevention Month

October

Content Area- Cooperation/Respect (BIS)

CSCP Goals Addressed -

- Students will develop at least 3 methods to self-regulate their concerns.
- Guidance lesson(s) will be delivered each month to TORO/WIN Classes and to general education classrooms at the elementary level... Topics include social awareness, self-awareness, responsible decision making, self-management, relationship skills and personal well-being.
- BISD Counselors will provide at least 4 meetings to educate parents and guardians regarding items impacting students.

Domain- CASEL area - Social Awareness & Responsible Decision making

Guidance Curriculum Lesson Topics (GC)- Cooperation/Respect/Trustworthiness

TX SB 123 Character Trait- Respect, Courtesy, & Citizenship (123.B.8, 123.B.4)

Major Projects/Events- Red Ribbon Week, Guest Speaker on Responsible Decision Making, Parent Cafe - Helping Teens Deal with Stress and Relationships, TSIA2 Testing, PSAT/SAT Testing, High School Minute Meetings with all students, Bullying Prevention Month

November

Content Area- Gratitude

CSCP Goals Addressed -

- Students will develop at least 3 methods to self-regulate their concerns.
- Guidance lesson(s) will be delivered each month to TORO/WIN Classes and to general education classrooms at the elementary level. Topics include social awareness, self-awareness, responsible decision making, self-management, relationship skills and personal well-being.
- BISD Counselors will provide at least 4 meetings to educate parents and guardians regarding items impacting students.

Domain- CASEL area - Self-Awareness & Relationship Skills

Guidance Curriculum Lesson Topics (GC)- Gratitude

TX SB 123 Character Trait- Gratitude (123.B.10)

Major Projects/Events- Generation Texas Week (College & Career Week), Parent Cafe - Goal Setting, High School Minute Meetings with all students

December

Content Area- Community

CSCP Goals Addressed -

- Students will develop at least 3 methods to self-regulate their concerns.
- Guidance lesson(s) will be delivered each month to TORO/WIN Classes and to general education classrooms at the elementary level. Topics include social awareness, self-awareness, responsible decision making, self-management, relationship skills and personal well-being.
- BISD Counselors will provide at least 4 meetings to educate parents and guardians regarding items impacting students.

Domain- CASEL area - Social Awareness & Relationship Skills

Guidance Curriculum Lesson Topics (GC) - Community, Cooperation, Team-building

TX SB 123 Character Trait- Citizenship (123.B.8, 123.B.)

Major Projects/Events - Live Thankfully Food Drive- focus on giving back to the community, Coffee with the Counselor (BIS)

WINTER BREAK

January

Content Area- Courage

CSCP Goals Addressed -

- Students will develop at least 3 methods to self-regulate their concerns.
- Guidance lesson(s) will be delivered each month to TORO/WIN Classes and to general education classrooms at the elementary level. Topics include social awareness, self-awareness, responsible decision making, self-management, relationship skills and personal well-being.

Domain- CASEL area - Self-management & Personal Well Being, 8th grade Meeting and Parent Meeting, Course Selection

Guidance Curriculum Lesson Topics (GC)- Courage

TX SB 123 Character Trait- Courage (123.B.1)

Major Projects/Events - Madi's Way Presentation (Opt-In), peer pressure

February

Content Area- Kindness

CSCP Goals Addressed-

- Students will develop at least 3 methods to self-regulate their concerns.
- Guidance lesson(s) will be delivered each month to TORO/WIN Classes and to general education classrooms at the elementary level. Topics include social awareness, self-awareness, responsible decision making, self-management, relationship skills and personal well-being.
- BISD Counselors will provide at least 4 meetings to educate parents and guardians regarding items impacting students.

Domain- CASEL area - Relationship Skills & Social Awareness

Guidance Curriculum Lesson Topics (GC)- Kindness

TX SB 123 Character Trait- Caring (123.B.7)

Major Projects/Events- Parent Cafe - Boost your Teen's Brain Power, Kindness Challenge, Course Selection, Kindness Month, Coffee with the Counselor-Bullying

March

Content Area- Empathy

CSCP Goals Addressed-

- Students will develop at least 3 methods to self-regulate their concerns.
- Guidance lesson(s) will be delivered each month to TORO/WIN Classes and to general education classrooms at the elementary level. Topics include social awareness, self-awareness, responsible decision making, self-management, relationship skills and personal well-being.
- Provide students with tools to successfully navigate and manage their future goals through academic planning/scheduling options.

Domain- CASEL area - Social Awareness & Relationship skills

Guidance Curriculum Lesson Topics (GC)- Empathy

TX SB 123 Character Trait- Caring (123.B.7)

Major Projects/Events- Course Selection (25-26) Meetings with 5th-7th grade, Course Selection, Dual Credit/Onramps Parent Meeting, empathy shoes/walking in someone else's shoes

April

Content Area- Perseverance

CSCP Goals Addressed -

- Students will develop at least 3 methods to self-regulate their concerns.
- Guidance lesson(s) will be delivered each month to TORO/WIN Classes and to general education classrooms at the elementary level. Topics include social awareness, self-awareness, responsible decision making, self-management, relationship skills and personal well-being.
- BISD Counselors will provide at least 4 meetings to educate parents and guardians regarding items impacting students.

Domain- CASEL area - Self-management, Personal Well-being

Guidance Curriculum Lesson Topics (GC) - Perseverance

TX SB 123 Character Trait- Responsibility & Perseverance (123.B.5)

Major Projects/Events - Parent Cafe - Positive Ways to Handle Stress and Anger, testing strategies, CAC presentations to the students, Parent Preview for CAC presentations, Child Abuse Awareness month

May

Content Area- Creativity

CSCP Goals Addressed -

- Students will develop at least 3 methods to self-regulate their concerns.
- Guidance lesson(s) will be delivered each month to TORO/WIN Classes and to general education classrooms at the elementary level. Topics include social awareness, self-awareness, responsible decision making, self-management, relationship skills and personal well-being.

Domain - CASEL area - Responsible Decision Making & Self-management

Guidance Curriculum Lesson Topics (GC) - Creativity

TX SB 123 Character Trait- Caring (123.B.7)

Major Projects/Events - BMS Campus Culture Survey, CAC Student Presentation, BIS Campus Culture Survey, Meet with 2nd grade teachers to make 3rd grade classes