



# Middle School Breakfast & Lunch Menu

# April 2025

hello  
SPRING



## CHOICES

Breakfast	Lunch
<b>Mon-Wed</b> • Fruit Smoothie With Pop Oats <b>Daily</b> • Whole-Grain Cereals/ String Cheese • Fruit Parfait <b>Thurs &amp; Fri</b> • 100% Fruit Juice	<b>Mon &amp; Tues</b> • Buffalo Wings <b>Thurs &amp; Fri</b> • Chef Salad <b>Daily</b> • Bistro Pizza • Spicy Chicken Sandwich • Super Pretzel

**FREE**  
Breakfast & Lunch  
FOR ALL STUDENTS



Choice of Milk Offered Daily

Mon	Tue	Wed	Thu	Fri
 <b>Key</b> Semi-Scratch Cooking Made Fresh in our Central Kitchen	<b>1</b> <b>Breakfast</b> Pizza Bagel Applesauce <b>Lunch</b> Chicken Alfredo Garlic Texas Toast Steam Broccoli Peppered Corn Diced Peaches	<b>2</b> <b>Breakfast</b> Pan Dulce Mixed Fruit <b>Lunch</b> Sloppy Joe Crinkle Cut Fries Shredded Lettuce Fresh Orange	<b>3</b> <b>Breakfast</b> Eggstravaganza Mini Chocolate Muffin Fresh Apple <b>Lunch</b> Chicken Sandwich Shredded Lettuce Sliced Tomatoes Pickles Fresh Pear	<b>4</b> <b>Breakfast</b> Mini Breakfast Bites Diced Pears <b>Lunch</b> Pizza Stick/ Tuna Sandwich Rainbow Carrots Spinach Blue Raspberry Rips
<b>7</b> <b>Breakfast</b> Raspberry Square Diced Peaches <b>Lunch</b> Garlic Cheesy Toast Marinara Sauce Garlic Parmesan Corn Mixed Fruit	<b>8</b> <b>Breakfast</b> Pancake on a Stick Applesauce <b>Lunch</b> BBQ Pork Sandwich Sweet BBQ Beans Colelaw Diced Pears	<b>9</b> <b>Breakfast</b> Chocolate Chip Scone Mixed Fruit <b>Lunch</b> Homemade Turkey & Cheese Sandwich Baked Potato Chips Shredded Lettuce Sliced Tomatoes Pickles Granny Smith Apples	<b>10</b> <b>Breakfast</b> Mini Pancake Sandwich Banana <b>Lunch</b> Orange Chicken Chow Mein Shredded Carrots Shredded Cabbage Fresh Orange	<b>11</b> <b>Breakfast</b> Honey Wheat Bar Diced Pears <b>Lunch</b> Pizza Wedge/ Tuna Sandwich Spring Mix Cherry Tomatoes Raspberry Passionfruit Rips
<b>14</b> <b>Breakfast</b> Crumb Square Diced Peaches <b>Lunch</b> Corn Dog Bites Sweet BBQ Beans Crinkle Cut Fries Mixed Fruit	<b>15</b> <b>Breakfast</b> Early Risers Applesauce <b>Lunch</b> Chicken Pozole Tortilla Chips Shredded Cabbage Radish/ Diced Onions Limes Tangerines	<b>16</b> <b>Breakfast</b> French Toast Sticks Mixed Fruit <b>Lunch</b> Egg Bites Froot Loop Waffle Tater Tots Cherry Tomatoes Spinach Orange Juice	<b>17</b> <b>Breakfast</b> Egg & Sausage Burrito Apple <b>Lunch</b> Fish Sandwich Shredded Lettuce Sliced Tomatoes Strawberries	<b>18</b> <b>Good Friday</b> 
<b>21</b> <b>Breakfast</b> Banana Bread Square Diced Peaches <b>Lunch</b> Mac N Cheese Steamed Broccoli Perfect Pinto Beans Bunny Grahams Hip hop Rosati	<b>22</b> <b>Breakfast</b> Breakfast sausage Pizza Applesauce <b>Lunch</b> Rotini With Meat Sauce Breadstick Spinach Tri Color Peppers Diced Pears	<b>23</b> <b>Breakfast</b> Ultimate Breakfast Round Mixed Fruit <b>Lunch</b> Beef Burger Crinkle Cut Fries Shredded Lettuce Sliced Tomatoes Pink Lady Apples	<b>24</b> <b>Breakfast</b> Mini Chicken & Waffle Sandwich Banana <b>Lunch</b> Popcorn Chicken Cornbread Savory Green beans Mexicorn Gold Nugget Mandarins	<b>25</b> <b>Breakfast</b> Chocolate Banana Benefit bar Diced Pears <b>Lunch</b> Domino's Pizza 3 way Salad Carrot Sticks Mixed Fruit
<b>28</b> <b>Breakfast</b> Strawberry Smoothie Waffle Graham Diced Peaches <b>Lunch</b> Super Pretzel Nacho Cheese Sauce String Cheese Steamed Broccoli Refried Beans Mixed Fruit	<b>29</b> <b>Breakfast</b> Pizza Bagel Applesauce <b>Lunch</b> Chicken Drumstick Breadstick Savory Green Beans Garlic Parmesan Corn Diced Pears	<b>30</b> <b>Breakfast</b> Pan Dulce Mixed Fruit <b>Lunch</b> Chicken Alfredo Texas Toast Broccoli Buds Shredded Carrots Fuji Apples	<b>WHAT MAKES A LUNCH?</b> Select 3-5 components DAIRY GRAINS VEGGIES FRUIT PROTEIN one must be a FRUIT or VEGGIE	<b>WHAT MAKES A BREAKFAST?</b> Select three items in total MILK GRAINS JUICE FRUIT one must be a FRUIT or JUICE

National Pretzel Day