

Fargo South Student Announcements
Wednesday, April 2nd, 2025



Announcements:

- Today from 11am – 1pm we will have the Army in the commons. Please take the time to stop by and see what the military can offer you.
- Did you know that approximately 29,000 units of blood are needed every day? HOSA is hosting our Blood Drive this Friday, April 4th from 9am-1pm at Fargo South. HOSA members will be at a table in the commons this week during lunch runs. Stop by to ask questions and to register to donate.
- Reminder: Millie will not be in the building today.
- **Wellness Wednesday Reminder!** This month's theme is **stress awareness**. As we kick off **Quarter 4**, keep an eye out for signs of stress—like changes in sleep, appetite, or mood. Throughout the month, we'll be sharing tips to help you manage stress and stay on top of things. Take a deep breath—you got this!