



STAR VISTA

Helping All Ages and Stages Through Life's Challenges

HEALTH AMBASSADOR PROGRAM FOR YOUTH (HAP-Y)

The program seeks to train youth ages
16-24 to become Health Ambassadors.



Become a Youth Health Ambassador!

StarVista's HAP-Y program is hosting a training program that will offer support and education around mental health and wellness. The trainings cover common challenges in mental wellness, signs and risks of suicide, suicide prevention, and how to access mental health services.

Trained Health Ambassadors become community agents who help raise awareness and help increase access to behavioral health services through information sharing and/or providing referrals when appropriate.

Participants can receive community service hours or internship hours in collaboration with their academic institutions.



*A program of StarVista's Youth and
Community Empowerment Services*

We are looking to engage youth who are:

- Interested in learning more about mental health & wellness
- Passionate about serving their community
- Between 16-24 years of age
- Residents of San Mateo County
- Able to commit to 40-50 hours of training over 14-week period

Youth who successfully complete the program earn a completion bonus of \$700. Submit your application now- we have a new cohort starting every January, May, and September!

Contact Us



Call or Text: (650) 554-1257



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www.star-vista.org/hap-y

