

# Elementary MENUS

## April 2025

**Did you know?**  
Staying active helps build strong bones and muscles, relieves stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!



**Questions or Comments?**  
General Manger: Candice Whitbeck  
Cwhitbeck@wsd7.org

This institution is an equal opportunity provider



| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
|   | <b>1</b><br><b>Breakfast</b><br>Trix French Toast<br><b>Lunch</b><br>Chicken Chilaquiles<br>Cheese Quesadilla<br>Popcorn Chicken Salad<br>Sunbutter & Jelly<br>Charro Pinto Beans       | <b>2</b><br><b>Breakfast</b><br>Strawberry Toaster<br><b>Lunch</b><br>Sloppy Joe Sandwich<br>Mini Corndogs<br>Buffalo Chicken Salad<br>Ham & Cheese Wrap<br>Steamed Corn                              | <b>3</b><br><b>Breakfast</b><br>Strawberry Shortcake<br><b>Lunch</b><br>Spaghetti & Meatballs<br>Popcorn Chicken<br>Chef Salad<br>Popcorn Chicken Wrap<br>Spiced Green Beans           | <b>4</b><br><b>Breakfast</b><br>Very Berry Smoothie<br><b>Lunch</b><br>Hawaiian Pizza<br>Mozzarella Bites<br>Chicken Caesar Salad<br>Ham & Cheese Sandwich<br>Italian Veggie Blend   |
| <b>7</b><br><b>Breakfast</b><br>Powder Donut<br><b>Lunch</b><br>Sweet & Sour Chicken<br>Beef BBQ Rib Sandwich<br>Turkey & Cheese Sub<br>Cobb Salad<br>Steamed Broccoli    | <b>8</b><br><b>Breakfast</b><br>Mini Strawberry Bagel<br><b>Lunch</b><br>Chicken Nachos<br>Bean & Cheese Burrito<br>Popcorn Chicken Salad<br>Sunbutter & Jelly Sandwich<br>Charro Beans | <b>9</b><br><b>Breakfast</b><br>Nutrigrain Bar<br><b>Lunch</b><br>Sonoran Dog<br>Chicken Tenders<br>Buffalo Chicken Salad<br>Ham & Cheese Wrap<br>Steamed Corn  | <b>10</b><br><b>Breakfast</b><br>French Toast Sticks<br><b>Lunch</b><br>Chicken Alfredo<br>Cheese Breadsticks<br>Popcorn Chicken Wrap<br>Popcorn Chicken Salad<br>Spiced Green Beans   | <b>11</b><br><b>Breakfast</b><br>Sunbutter Bagel<br><b>Lunch</b><br>Pepperoni Pizza<br>Buffalo Chicken Nuggets<br>Chicken Caesar Salad<br>Ham & Cheese Wrap<br>Italian Veggie Blend  |
| <b>14</b><br><b>Breakfast</b><br>Breakfast Bowl<br><b>Lunch</b><br>Beef & Broccoli<br>Spicy Popcorn Chicken<br>Turkey & Cheese Sub<br>Cobb Salad<br>Peppered Broccoli     | <b>15</b><br><b>Breakfast</b><br>Omelet & Biscuit<br><b>Lunch</b><br>Beefy Nachos<br>Cheese Quesadilla<br>Popcorn Chicken Salad<br>Sunbutter & Jelly Sandwich<br>Charro Beans           | <b>16</b><br><b>Breakfast</b><br>Banana Muffin<br><b>Lunch</b><br>Grilled Cheeseburger<br>Chicken Corn Dog<br>Buffalo Chicken Salad<br>Ham & Cheese Wrap<br>Smiley Fries                              | <b>17</b><br><b>Breakfast</b><br>Very Berry Parfait<br><b>Lunch</b><br>French Bread Pizza<br>Chef Salad<br>Popcorn Chicken Wrap<br>Spiced Green Beans                                  | <b>18</b><br><b>No School</b>  |
| <b>21</b><br><b>Breakfast</b><br>Chocolate Donut<br><b>Lunch</b><br>Grilled Cheese Sandwich<br>Chicken Drumstick<br>Ham & Cheese Sub<br>Cobb Salad<br>Steamed Corn        | <b>22</b><br><b>Breakfast</b><br>Blueberry Muffin<br><b>Lunch</b><br>Bean & Cheese Burrito<br>Barbacoa Nachos<br>Popcorn Chicken Salad<br>Turkey & Cheese Sub<br>Pinto Beans            | <b>23</b><br><b>Breakfast</b><br>Breakfast Nachos<br><b>Lunch</b><br>Cheesy Chicken Sandwich<br>Chicken Tenders and Mac<br>Ham & Cheese Croissant<br>Buffalo Chicken Salad<br>Steamed Crinkle Carrots | <b>24</b><br><b>Breakfast</b><br>Egg & Bacon w/ Toast<br><b>Lunch</b><br>Cinnamon Roll w/ Sausage<br>French Toast w/ Sausage<br>Chef Salad<br>Sunbutter & Jelly Sandwich<br>Tater Tots | <b>25</b><br><b>Breakfast</b><br>Strawberry Peach Smoothie<br><b>Lunch</b><br>Beef Walking Taco<br>Cheese Pizza<br>Turkey & Cheese Wrap<br>Chicken Caesar Salad<br>Peppered Broccoli |
| <b>28</b><br><b>Breakfast</b><br>Mini Maple Pancakes<br><b>Lunch</b><br>Orange Chicken<br>Chicken Tenders<br>Turkey & Cheese Sandwich<br>Cobb Salad<br>Spiced Green Beans | <b>29</b><br><b>Breakfast</b><br>Breakfast Pizza<br><b>Lunch</b><br>Chicken Flour Tacos<br>Chicken Nuggets<br>Ham & cheese Sub<br>Popcorn Chicken Salad<br>Pinto Beans                  | <b>30</b><br><b>Breakfast</b><br>Mini Sausage Pancakes<br><b>Lunch</b><br>Beefy Macaroni<br>Grilled Cheeseburger<br>Ham & Cheese Wrap<br>Buffalo Chicken Salad<br>Sweet Potato Fries                  |  |  |

Breakfast and Lunch Free to Students / Adult Breakfast \$2.85 Adult Lunch \$4.85