



GRUPO DE PADRES

Youth Contact Inc Presents a Virtual Space Where Spanish Speaking Parents Can Come Together to Listen and Talk About Mental Health Principles



WEDNESDAYS
2024-2025 SCHOOL YEAR



6:00- 7:00PM



ZOOM
Meeting ID: 833 1436 4384
Passcode: grupo

MARCH 26TH

The benefits of the
Parent Group

APRIL 2ND

The Volcanoes of Anxiety

APRIL 9TH

How to manage changes

APRIL 16TH

The manifestation of
Grief

APRIL 23RD

The importance of
communication

APRIL 30TH

How to manage our own
emotions as parents

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