

Round Valley Unified School District
Wellness Committee

76280 High School street, Covelo California
RVUSD Staff Room

Wellness Committee Meeting
Friday, March 7th, 2015 – 2:00 p.m.

Call Meeting to order/Roll call: @ 1:35pm, by Carmen Smithburg, In attendance: Joe Dukepoo,
Johnny Gurrola, Kay Richards

Triennial assessment of Wellness Policy

Action/Discussion Items:

Item 1. Standards for food and beverage provided/ marketed, Nutrition education and Promotion

Discussion: Ways we can improve our school compliance with wellness policy and Promote more nutrition education

Posting policy standards in staff rooms, Handing out smart snack information at staff and parent meetings. Reminders to teachers, staff and parents of policy standards as part of planning special events and class room parties.

Incorporating more nutrition education with school gardening projects

Item 2. Physical activity

Discussion: Ways to improve student participation

Our elementary physical education teacher (Johnny Gurrola)

recently attended a C.A.T.C.H training (Coordinated Approach To Child Health)

Item 3. Any Other changes needed to wellness policy

Discussion: Update site principles contact information

Change from personalized emails to school phone number and site principles extensions

Add Non- discrimination statement to wellness policy

Updated policy will go to school board meeting for approval April 14th

Next wellness committee meeting will be 4/16 @ 1:30

Next triennial wellness policy assessment will be school year 2026/2027

Other topics of Discussion: Food service equipment/ site needs.

High school needs for concessions - commercial microwave, food warmer, electric can opener

Elementary kitchen/ cafeteria – Ovens, Milk Case

Public Comment: N/A

Adjournment: Motion to adjourn made by Carmen Smithburg and seconded by Joe Dukepoo

Meeting Adjourned 2:15

