Wellness Council Meeting Minutes

February 10, 2025

Members:

Kai Byrd (Superintendent)	Caitlin Bruni (Nurse)
Jackie Nathman (Assistant Principal)	Peter Ferrara (Chartwells Director of Dining Services)
Brandy Spargo (HR, BOE Executive Assistant)	Andrea Hubbard (Curriculum Coach)
Donna Ricciardi (Business Manager)	Panos Lapatas (Parent)
Teri Brunelli (BOE Office Assistant)	Jennifer Searles (Parent)

Attending: Kai Byrd, Brandy Spargo, Donna Ricciardi, Teri Brunelli, Caitlin Bruni, Jennifer Searles

Absent: Andrea Hubbard, Jackie Nathman, Panos Lapatas

Visitors: None

Call to Order

- Mrs. Brunelli called the meeting to order at 3:30 p.m. via Zoom.

Approval of Minutes

1. **Motion** by Byrd, second by Ferrara to approve the November 25, 2024 meeting minutes as presented. *The motion carries 6 yes, 0 abstain*

Agenda

1. Update on Staff and Student Wellness
    a. Mrs. Brunelli provided an update.
        ➔ Wellness Challenge started
        ➔ 12 staff joined the challenge. $60 reward for completing it

APPROVED

b. Triennial Assessment
   - ➔ State training was cancelled-has not been rescheduled
   - ➔ Due June 2025

Future agenda items

- Approval of February 10, 2025 Meeting Minutes
- 2024-2025 Staff Wellness
- 2025 Student Wellness
- Update on Triennial Assessment

Adjournment

- Meeting adjourned at 3:35 p.m.

Next meeting: March 31, 2025

APPROVED