


**GF APRIL 2025**

**Stissing Mt Jr/Sr High School 6-12**

**Meal Prices**

Breakfast: No Charge      Reduced: No Charge  
Lunch: No Charge      Reduced: No Charge  
Hudson Valley Fresh Milk: \$0.60

<b>BREAKFAST:</b> <i>Three Components Served Daily.</i> <i>Grain 1 oz.</i> <i>Fruit 1 cup</i> <i>Milk 8 oz.</i> <i>450-500 Calories</i>	Monday	Tuesday	Wednesday	Thursday	Friday	<b>DID YOU KNOW?</b> <a href="http://MySchoolBucks.com">MySchoolBucks.com</a> makes meal payment convenient and simple! Scan the code below to go to the website:    You can manage your student's account and make payments online.
	<i><b>*CHOOSE A MEAL* BREAKFAST</b></i>					
	French Toast Cereal/Muffin Diced Pears Orange HVF Milk	Hot Egg /Ham/Cheese Croissant Cereal/Muffin Orange Wedges Orange Juice HVF Milk	Pancakes Sausage Links Cereal/Muffin Applesauce Orange Juice HVF Milk	Breakfast Pizza Cereal/Muffin Fruit Cocktail Orange Juice HVF Milk	Upstate Yogurt Granola Cereal/Muffin Peaches Orange Juice HVF Milk	
	<i><b>*CHOOSE A MEAL* LUNCH</b></i>					
	<b>SANDWICH SHOP</b> Have your sandwich custom ordered!!  <b>SALADS GALORE</b> Check out our Salad Bar. Featuring a variety of Locally Grown items!!  **Salads include NY Whole Grain Pita Chips	All Buns Gluten Free Available. GFA All Pasta Salad are Gluten Free GF Sliced Bread Available for Sandwich Shop	1 GF NY Slate Beef Cheeseburger w/Bun (GFA) Lettuce/Tomato Salad Bar, Baked Beans Diced Pears, HVF Milk	2 GF Steelhead Trout, Quinoa Salad Salad Bar Green Beans Strawberry Cup HVF Milk	3 GF Roast Chicken Seasoned Rice Salad Bar Butternut Squash Applesauce, HVF Milk	4 GF GF Cheese Pizza Salad Bar Buttered Broccoli Fresh NY Apple HVF Milk
7 GF NY Beef Meatball Marinara w/Bun (GFA), Salad Bar NY Butternut Squash Diced Peaches, HVF Milk		8 GF All Beef Naco Tuesday, Corn Chips Cheddar Cheese Salad Bar Refried Beans, Salsa Diced Pears, HVF Milk	9 GF Mediterranean Pasta Salad Salad Bar Red Beets Fruit Cocktail HVF Milk	10 GF All Beef NY Hot Dog w/Bun (GFA) Salad Bar Baked Beans Diced Peaches, HVF Milk	11 GF  ½ Day No Lunch	
14  Spring Recess		15  Spring Recess	16  Spring Recess	17  Spring Recess	18  Spring Recess	<b>Allergy Alerts!</b>  Call for details. Some menu items may contain tree nuts and or seeds.
21  Spring Recess		22  Spring Recess	23 GF Breakfast for Lunch Egg /Ham/Cheese Patty Cherrios, Salad Bar Hash Brown Potato Pineapple Chunks, HVF Milk	24 GF Roast Chicken and Rice Salad Bar Steamed Corn Fruit Cocktail HVF Milk	25 GF GF Cheese Pizza Salad Bar Buttered Broccoli Fresh NY Apple HVF Milk	<b>WE ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER!</b> Employment Opportunities Available!!
28 GF Quinoa Salad w/Ham Steak Salad Bar Steamed NY Peas Diced Peaches HVF Milk		29 GF All Beef Twin Taco Tuesday Corn Taco Shell Cheddar Cheese Salad Bar Refried Beans, Salsa Diced Pears, HVF Milk	30 GF NY Roast Turkey Steamed Rice Roasted Potatoes Salad Bar NY Apple, HVF Milk	Everyday Vegetarian Option: Peanut Butter/Jelly or American Cheese Sandwich	Protein 2 oz Whole Grain 2 oz Vegetable 1 cup Fruit 1 cup Milk 8 oz 750-850 Calories	