CS/SS Elementary PreK-5 GF APRIL 2025

Meal Prices

Breakfast: No Charge Lunch: No Charge

Hudson Valley Fresh Milk \$.60 (Included with meals)

BREAKFAST:	Monday	Tuesday	Wednesday	Thursday	Friday	
Three Components Served Daily.	*CHOOSE A MEAL* BREAKFAST					DID YOU
Grain 1 oz. Fruit 1/2 cup Low Fat Milk 8 oz. 350-500 calories	French Toast Cereal/Muffin Diced Pears Orange HVF Milk	Hot Egg/Ham/Cheese Croissant Cereal/Muffin Orange Wedges Orange Juice HVF Milk	Pancakes Sausage Links Cereal/Muffin Applesauce Orange Juice HVF Milk	Breakfast Pizza Cereal/Muffin Fruit Cocktail Orange Juice HVF Milk	Upstate Yogurt Granola Cereal/Muffin Peaches Orange Juice HVF Milk	MySchoolBucks.com makes meal payment convenient and
SANDWICH SHOP						simple! Scan the code below to go to the
Daily choice of	All Buns Gluten Free 1 GF 2 GF 3 GF 4 GF					website:
GRILLED CHICKEN TURKEY/CHEESE HAM/CHEESE TURKEY/HAM/CHEESE CHICKEN SALAD PEANUT BUTTER/JELLY AMERICAN CHEESE	Available. GFA All Pasta Salad are Gluten Free GF Sliced Bread Available for Sandwich Shop	NY Slate Beef Cheeseburger w/Bun (GFA) Lettuce/Tomato Salad Bar, Baked Beans Diced Pears, HVF Milk Day 4	Steelhead Trout, Quinoa Salad Salad Bar Green Beans Strawberry Cup HVF Milk Day 5	Roast Chicken, Seasoned Ricc Salad Bar Butternut Squash Applesauce HVF Milk. Day 6	eGF Cheese Pizza Salad Bar Buttered Broccoli Fresh NY Apple HVF Milk Day 1	You can manage your student's account and make payments online.
SALADS GALORE MONDAY GRILLED CHICKEN TUESDAY	7 GF NY Beef Meatball Marinara w/Bun (GFA) Salad Bar NY Butternut Squash Diced Peaches, HVF Milk Day 2	8 GF All Beef Naco Tuesday, Corn Chips Cheddar Cheese Salad Bar Refried Beans, Salsa Diced Pears, HVF Milk Day 3	9 GF Mediterranean Pasta Salad Salad Bar Red Beets Fruit Cocktail HVF Milk Day 4	10 GF All Beef NY Hot Dog w/Bun (GFA) Salad Bar Baked Beans Diced Peaches, HVF Milk Day 5	7/2 Day No Lunch Day 6	
TURKEY	14	15	16	17	18	Allergy Alerts!
WEDNESDAY CHOPPED HAM/CHEESE THURSDAY CHEF SALAD	Spring Recess	Spring Recess	Spring Recess	Spring Recess	Spring Recess	Call for details. Some menu items may contain tree nuts and or seeds.
FRIDAY CHICKEN CAESAR **Salads include NY Whole Grain Pita Chips QUESTIONS/COMMENTS Please call Larry Anthony, FSD 518.398.7181	Spring Recess	22 GF Spring Recess	23 GF Breakfast for Lunch Egg /Ham/Cheese Patty Cherrios Salad Bar Hash Brown Potato Pineapple Chunks, HVF Milk Day 1	24 GF Roast Chicken and Rice Salad Bar Steamed Corn Fruit Cocktail, HVF Milk Day2	25 GF GF Cheese Pizza Salad Bar Buttered Broccoli Fresh NY Apple HVF Milk Day 3	WE ARE AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER! Employment Opportunities Available!!!
	28 GF Quinoa Salad w/Ham Steak Salad Bar Steamed NY Peas Diced Peaches. HVF Milk Day 4	29 GF All Beef Twin Taco Tuesday Corn Taco Shell Cheddar Cheese, Salad Bar Refried Beans, Salsa Diced Pears, HVF Milk Day 5	30 GF NY Roast Turkey Steamed Rice Roasted Potatoes Salad Bar. NY Apple HVF Milk Day 6		5 Components Served. Whole Grain 1 oz Protein 2oz Vegetable ½ cup Fruit ½ cup Milk 8 oz Calories 550-650	