

SAUK CENTRE SECONDARY SCHOOL

The Place to Dream, Believe, and Achieve



2025-2026

REGISTRATION GUIDE

GRADES 9-12

A LETTER FROM THE PRINCIPAL

Dear Sauk Centre Secondary School Students:

Registration is an exciting process! It provides students the opportunity to look at his or her personal dreams for the future, review academic progress, and create a plan to attain personal and academic goals.

Our Mainstreeter Registration Guide serves as a tool for the many academic programs offered at Sauk Centre Secondary School. It contains course descriptions, specific information about graduation requirements, and general information to assist you in planning for college and your career.

Please read the guide carefully. It will prove to be helpful in answering many of your registration questions. Planning your academic program is truly a team effort that involves parents, students and staff.

Consider the information in this guide thoughtfully. Making good academic choices during your time at Sauk Centre Secondary School will help you to be successful as you make decisions that will impact your future. In addition, counseling staff will meet with students to assist them in selecting courses that meet graduation requirements and career goals.

We want you to experience a fulfilling secondary school career. We hope you will take full advantage of the outstanding educational opportunities available to you at Sauk Centre Secondary School. Challenge yourself to exceed your personal goals.

Students and parents may access the Mainstreeter Registration Guide by visiting the school's website at www.isd743.org. Click on the **Secondary School** page and navigate to the Counseling page.

Your partner in learning,



Sheila Flatau
Principal

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REGISTRATION CONSIDERATIONS

The curriculum at Sauk Centre Secondary School is designed to provide students a comprehensive education that can be enhanced by a variety of special interest and college-level courses classes. Sauk Centre Secondary School is committed to post-secondary planning. Many of our students choose to go on to some post-high school education.

The selection of classes is a process that should not be taken lightly. You are planning your future. Talk to your parents, a school counselor, teachers, or any adult who can help you make wise choices. When selecting your classes you must keep in mind college entrance requirements, some technical college programs, military specialties, or work programs may require additional classes beyond what Sauk Centre requires for graduation.

It is essential that students make thoughtful choices regarding registration for courses. Parents and students must understand that staffing decisions are based on student registration selections. Budgetary decisions are based on registration numbers, course sections are closed when enrollment numbers reach maximum allowance, and instructional supplies are ordered based on course enrollment. Once a student registers for a class and that class is scheduled, the student has a responsibility of remaining in the class and completing it.

During registration, students will select their primary and alternate choices for courses. Every attempt will be made to schedule the primary requests for each student. However, in the event that it is impossible to schedule a specific combination of student requested courses or a course is not offered due to lack of enrollment, alternative choices will be used to fill the student's schedule. Students are encouraged to make their primary and alternative selections carefully.

SCHEDULE CHANGE POLICY

The high school master schedule and staffing are determined by the registration process. For this reason, requests for schedule changes after registration become difficult to accommodate.

Students will not be allowed to change classes simply because they have changed their minds. Schedule changes will be limited to the following reasons or situations. In most cases, a student cannot drop a class with fewer than 15 students enrolled. To ensure class loads remain consistent, requests for specific teachers cannot be honored. **Any exceptions to these guidelines must be approved by the building principal with parent, teacher and counselor input. Student/Parent Handbook Page 16**

Requests can ONLY be made for the following reasons:

Schedule changes WILL NOT be made for:

1. A student needs to withdraw from a course due to medical reasons. The student must provide a doctor's recommendation to have their schedule changed for medical reasons.
2. A student does not meet the requirements of the course or does not have a prerequisite completed.
3. A student has failed a class.
4. An obvious error is on the student's schedule (i.e., two classes scheduled at the same time).
5. A student wishes to drop a Study Hall, Work Experience, Youth Service, or Independent Study to add a course.
6. A student needs to schedule a course required for graduation for admission to a specific post-secondary school or program.
7. The change is a recommendation or requirement on a student's IEP.

- Request a specific teacher / to switch sections for the same course to get a different teacher
- Change lunch periods
- Have a class with a friend
- Changed your mind

COLLEGE AND TECHNICAL SCHOOL INFORMATION

Technical Colleges and Community Colleges (Alexandria Tech, St. Cloud Tech, Ridgewater)

- Educational requirements vary for different courses of study, but generally a high school diploma is the minimum requirement for most programs.
- Many degree programs require advanced math, science, English, and computer skills that are beyond our graduation requirements.
- Check with your counselor for information about required classes for specific degree programs at technical colleges.
- Students might need to take the Accuplacer test (at the technical college they plan on attending) in both reading and math as an entrance requirement.

Minnesota State University System (Bemidji, Mankato, Moorhead, St. Cloud, Southwest, Winona)

College Requirement

4 years of English

3 years of math (to include Algebra, Geometry, Advanced Algebra)

3 years of science (to include Biology)

2 years of a single global language

3 years of social studies (to include American History & Geography)

1 year of visual or performing arts

ACT test is being waived; however, this score could be used for scholarships being offered.

Sauk Centre Equivalent

12 credits

12 credits

10 credits

4 credits

11 credits

2 credits

University of Minnesota System (Twin Cities, Duluth, Morris, Crookston)

College Requirement

4 years of English

3-4 years of math (to include Algebra, Geometry, & Advanced algebra)

3-4 years of science (to include Biology, Chemistry, & Physics)

2 years of a single global language

3 years of social studies (to include American History & Geography)

1 year of visual or performing arts

ACT test is being waived; however, this score could be used for scholarships being offered.

Sauk Centre Equivalent

12 credits

12+ credits

10+ credits

4 credits

11 credits

2 credits

Private Colleges – requirements vary greatly (St. Bens, St. Johns, St. Thomas, Concordia)

College Requirement

4 years of English

3-4 years of math (to include Algebra, Geometry, Advanced Algebra)

3-4 years of science (to include Biology, Chemistry, Physics)

2 years of a single global language

3 years of social studies (to include American History and Geography)

1 year of visual or performing arts

ACT test is being waived; however, this score could be used for scholarships being offered.

Sauk Centre Equivalent

12 credits

12+ credits

10+ credits

4 credits

11 credits

2 credits

Please note that each college or university sets standards of preparation that it believes will provide the background necessary for students to succeed. In addition to academic preparation a school may consider other factors in making admissions decisions such as activities, leadership potential and work experiences. This is particularly true at more selective schools. If you are college-bound, we strongly advise you to research specific requirements for admission to the schools of your choice.

COLLEGE IN THE SCHOOLS (CIS)

CENTRAL LAKES COLLEGE, ALEXANDRIA TECHNICAL & COMMUNITY COLLEGE, AND SOUTHWEST MN STATE UNIVERSITY

Sauk Centre Secondary School has partnered with Central Lakes College (CLC) in Brainerd to be able to offer classes for college credit at no charge. All classes are taught at Sauk Centre Secondary by certified Sauk Centre staff. Students who earn college credit in these classes should be able to transfer the credits to the college of their choice upon graduation.

Prerequisites:

1. Juniors must have a cumulative GPA of 3.0 and Seniors are required to have a cumulative GPA of 2.8.
2. Students must complete CLC registration, application for admission, data enrollment form, and authorization for the release of student information.
3. Students who do not meet these requirements can apply for an appeal through CLC.

CIS Courses offered for the 2025-2026 school year are listed below.

CLC Course Name	CLC /ATCC Course #	College Credits	Sauk Centre Credits	Sauk Centre Course Name	Additional Prerequisites
Introduction to College Algebra	MATH 1506	3	1	Introduction to College Algebra	Accuplacer in Elementary Algebra of 76, Accuplacer in College level math of 35, OR ACT Math score of 24 AND C+ or better in Alg 3B
Beginning Spanish II	SPAN 1402	4	2	Spanish 3	C- or better in Span 2
Calculus 1	MATH 1477	5	2	College Calculus	C+ or better in PreCalc
College Algebra	MATH 1470	3	1	College Algebra	C+ or better in Introduction to College Algebra
Community Band I	MUSC 1408	1	1 per semester	College Band	Audition
Composition I	CLC ENGL 1410	4	1	College Comp I	10 th grade Lang Arts and Accuplacer score of 78
Composition II	ENGL 1411	4	1	College Comp II	College Comp I
Film Appreciation	ATCC ENGL 1454	3	1	Film Appreciation	10 th grade Lang Arts
Fundamentals of Chemistry	CHEM 1414	4	2	College Chemistry	Algebra I & II General Chemistry
Film Appreciation	ENGL 1454	3	1	Film Appreciation	10 th grade Lang Arts
Intro to Humanities	ENGL 1450	3	1	Intro to Humanities	Reading College Level
Intermediate Spanish I	SPAN 2401	4	2	Spanish 4	C- or better in Span 3
PreCalculus	MATH 1472	5	2	Pre-Calculus	C+ or better in College Algebra
Introduction to Literature	ENGL 1463	3	1	Introduction to Literature	10 th Grade Lang Arts

SMSU Course Name	SMSU Course #	College Cred	Sauk Centre Credits	Sauk Centre Course Name	Additional Prerequisites
Introduction to Education	EDU 101	3	2	Introduction to Education	Juniors need 3.0 GPA and be in top 1/3 of class Seniors need 3.0 GPA and top 1/2 of class

GRADUATION REQUIREMENTS

CLASSES OF 2026, 2027, 2028, and 2029

Subject Area	Credits	Course Name	Grade Level	Credits
Language Arts	12	English 9	9	4
		SH Language Arts	10	4
		Literature Elective	11 – 12	1
		Composition Elective	11 - 12	1
		Language Arts Electives	11 - 12	2
Mathematics	11	Non-Linear Algebra	9	4
		Geometry/Algebra IIA	10	4
		Algebra IIB, IIC	11	2
	or	Algebra IIIA	11	1
	11	Non-Linear Algebra	8	4
		Geometry/Algebra IIA	9	4
		Algebra IIB, IIC	10	2
		Algebra IIIA	10	1
Science	10	Earth Science	9	2
		General Biology I	10	2
		Chemistry or Physics	11-12	2
		General Biology II and Science Electives	10-12	4
Social Studies	11	World History	9	2
		Geography	10	2
		Personal Finance	10-12	1
		American History	11	3
		Economics	12	1
		Government	12	2
Health Physical Education	3	Phy Ed	9	1
		SH Health	10	1
		SH Phy Ed	10	1
Computer Technology	1	Career Exploration	9	1
Art	2	2 Art Electives	9-12	2
		Art Courses, Band, Choir, Music Studies, Digital Graphics, Film Appreciation, Introduction to Humanities, Photography 1, Pottery, Tech Comp Design, Theater Arts, Video Production, Web Page Design		
Total Number of Required Credits				50
Total Number of Elective Credits				30
Total Number of Credits Scheduled				80
Total Number of Credits Required for Graduation				77*

Durable Skills

Sauk Centre Secondary School is committed to graduating students with skills that will increase their chances for success in life after high school. Durable skills, often referred to as "soft" or "transferable" skills, are essential for long-term success. Unlike technical or job-specific skills, which may change with evolving industries, durable skills remain relevant across various fields and situations.

For high school graduates, durable skills are the foundation for navigating both personal and professional challenges. In college, they enable students to manage time effectively, work well in teams, and adapt to new environments. In the workforce, these skills empower individuals to excel in any career by fostering collaboration, enhancing customer relationships, and solving complex problems. Employers increasingly value candidates who demonstrate these abilities, as they can quickly learn new roles, lead initiatives, and communicate effectively.

In short, mastering durable skills is crucial for thriving in today's dynamic world, as they help individuals succeed in a wide range of careers, build meaningful relationships, and continue growing personally and professionally throughout life.

All of our course offerings integrate at least one of the following durable skills:

1. Communication
2. Leadership
3. Metacognition
4. Critical Thinking
5. Collaboration
6. Character
7. Creativity
8. Growth Mindset
9. Mindfulness
10. Fortitude



WHAT IS CAREER AND TECHNICAL EDUCATION?

7.8 million high school students and **3.3 million** college and adult students participate in CTE, learning skills in the classroom and on the job.¹

CTE is delivered at comprehensive and CTE-dedicated high schools, magnet schools, area technical centers, community and technical colleges and some four-year universities.

CTE students earn industry certifications and licenses, postsecondary certificates, associate degrees, bachelor's degrees and higher.

CTE is good for students, good for businesses and good for communities.

CTE high school students are college and career ready – **96%** graduate high school and most enroll directly in college.²

Associate degrees in CTE fields can pay **up to \$2.8 million** in lifetime earnings - and pay more than bachelor's degrees in other fields - while limiting student debt.³

CTE is the answer to the nation's projected deficit of **6 million** skilled workers through 2032.⁴

CTE PREPARES THE WORKFORCE ACROSS A WIDE RANGE OF INDUSTRIES AND OCCUPATIONS.

- Agriculture
- Construction
- Arts, Entertainment & Design
- Management & Entrepreneurship
- Education
- Energy & Natural Resources
- Financial Services
- Hospitality, Events & Tourism
- Healthcare & Human Services
- Digital Technology
- Public Service & Safety
- Advanced Manufacturing
- Marketing & Sales
- Supply Chain & Transportation

LEARN MORE ABOUT CTE AT ACTEONLINE.ORG

¹ Perkins Collaborative Resource Network, Perkins Data Explorer, customized Consolidated Annual Report data, 2022-23.
² Perkins Collaborative Resource Network, Perkins Data Explorer, customized Consolidated Annual Report data, 2021-22; U.S. Department of Education, Office of Elementary and Secondary Education, Consolidated State Performance Report, 2010-11 through 2017-18; U.S. Department of Education, NCES, IPEDS-09, Base-year, 2013 Update, High School Transcript, and Second Follow-Up.
³ Carnevale, A. P., Cheah, B., & Weinzinger, E. (2021). The college payoff: More education doesn't always mean more earnings. Georgetown University Center on Education and the Workforce; College Board, Annual Survey of Colleges; NCES, IPEDS Fall 2021 Enrollment data and IPEDS 2022 Institutional Characteristics data.
⁴ Lightcast. (2024). The rising steam: Building a future-ready workforce to withstand the looming labor shortage.

JANUARY 2025

CTE prepares the workforce across a wide range of industries and occupations in areas such as agriculture, construction, arts, entertainment, and design, management and entrepreneurship, education, energy and natural resources, financial services, hospitality, events, and tourism, healthcare and human services, digital technology, public service and safety, advanced manufacturing, marketing and sales, and supply chain and transportation.

AGRICULTURE

ANIMAL SCIENCE

Grade: 9-12

1 quarter

Durable Skills: Character: Self-Motivation

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

Students will learn about correct animal terminology, animal genetics, reproduction, selection, nutrition, and management of horses, dairy cattle, beef cattle, goats, swine and sheep. Other topics include animal anatomy and physiology, animal diseases and animal research. Students will also go on field trips to view different farms and see new and upcoming technology used on production farms. **Attendance on field trips will be a requirement of the course.**

CAREER SEMINAR I

Grade Level: 10-12

1 quarter

Durable Skills: Metacognition: Goal Setting

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

Have you thought about what you want to do after high school, college, technical school, military work or which job you would like to pursue and be trained in? In Career Seminar I you will explore different occupational groups and options. Student application of interest inventories, technical computer guidance system MN Career Information System (MCIS), will be used.

Attendance is required on all field trips.

Career Seminar I is a prerequisite class for On The Job Training. Career Seminar I is a prerequisite for students taking any type of WBL class or class that allows them to have an internship and be paid. EX: Careers in Community students that want to take the second semester of the class need to take and pass Career Seminar I first.

PERSONAL LEADERSHIP

NEW!

Grade Level: 10-12

1 quarter

Durable Skills: Leadership

CTE Course: No

Prerequisite: None

College Credit: No

Personal Leadership is designed to acquaint students with the theories and principles of personal and servant leadership development and allow students to integrate skills to his/her own life. The ultimate goal of the course is personal growth and transformation to a higher version of yourself. Students will be given ample opportunities to grow as individuals and develop leadership skills. Students will acquire practical skills and knowledge by exploring elements of group dynamics, advanced planning, communication, decision making, mind management, and more.

COMPANION ANIMALS

Grade Level: 9-12

1 quarter

Durable Skills: Critical Thinking: Intellectual Curiosity

CTE Course: No

Prerequisite: None

Credit: 1

College Credit: No

This course is for those interested in companion animals; dogs, cats, fish, etc. We will look at different breeds, care and management, disease and health, and more. The class will also be responsible for the care and maintenance of the class animals. Veterinary medicine for companion animals will also be discussed and contact with local professionals will be made.

FLORICULTURE

Grade Level: 9-12

1 quarter

Durable Skills: Character: Self-Motivation

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

Fees for this class: \$35-This will go towards the two arrangements they will make in the class and get to take home.

Students enrolled in Floriculture will learn about flower design and arrangement. We will discuss production, timing, and marketing of floriculture crops grown in

(AGRICULTURE CONTINUED)

greenhouses and fields. Students will have the opportunity to design flower arrangements and create a plan for arrangements at a wedding.

LARGE MAMMALS: WILDLIFE

Grade Level: 9-12

1 quarter

Durable Skills: Character: Self-Motivation

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

Students will learn about the large mammals that roam North America. Topics include moose, elk, deer, wolves, and bears. Students examine how these species can affect and can destroy an area.

FISH & WILDLIFE

Grade Level: 9-12

1 quarter

Durable Skills: Character: Accountability

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

Fees for this class: \$25

Students will learn about the fish that swim in our rivers as well as the small game that wander our woods. Students will learn how to identify these animals, as well as information about their habitats and information on how they live. Students will have the opportunity to make an ice fishing rod that they will take home.

HORTICULTURE

Not Available in 2026-27

Grade Level: 9-12

1 quarter (offered every other year)

Prerequisite: None

Durable Skills: Critical Thinking: Intellectual

Curiosity

CTE Course: Yes

Credit: 1

College Credit: No

Students will learn about how to grow and properly take care of a variety of plants. Students will also get the opportunity to grow some plants of their own using growing tables. Some topics covered include: plant care and management, invasive species, pests and diseases. There will also be a short lesson on landscaping.

ART

All courses offered in the Art department meet the Art credit requirement for graduation.

ART I

Grade Level: 9-12

1 quarter

Durable Skills: Metacognition: Detail Oriented, Time Management **Creativity:** Innovation

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

In this course, students will learn about a variety of art materials and techniques. Students will be introduced to drawing, painting, printmaking, sculpture, and pottery. This course is a great introduction to visual arts and is recommended for beginner students that want to try a little of everything.

BEGINNING POTTERY

Grade Level: 9-12

1 quarter

Durable Skills: Metacognition: Detail Oriented, Time Management **Creativity:** Innovation

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

In this class students will learn about clay fundamentals and processes. Students will learn handbuilding techniques and the basics of wheel throwing. The clay process will also be learned as students are expected to get involved in creating, firing, and glazing their work. There is a material fee of \$15 for this course.

INTRO TO MEDIA ARTS

(PREVIOUSLY NAMED DRAWING)

Grade Level: 9-12

1 quarter

Durable Skills: Metacognition: Detail Oriented, Time Management **Creativity:** Innovation

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

This course introduces students to essential skills for pursuing careers in art, communication technology, and other creative fields. Students will explore concept drawing, technical drawing, and an introduction to digital art and design. Key industry-standard software,

including Adobe Photoshop, Illustrator, and Procreate, will be introduced. In addition, students will study design principles, elements, and basic color theory to enhance their artistic and technical abilities.

ART II: SCULPTURE

Durable Skills: Metacognition: Detail Oriented, Time Management **Creativity:** Creative Thinking

Grade Level: 9-12

1 quarter

Prerequisite: None

Credit: 1

College Credit: No

This course will focus on sculpture and three-dimensional art forms and practices. Students can expect to work with a variety of materials including clay, paper mache, plaster, and recycled objects.

ART APPRECIATION

Grade Level: 9-12

1 quarter

Durable Skills: Metacognition: Detail Oriented, Time Management **Creativity:** Innovation

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

Art Appreciation is an introduction to art history. This course is project-based, so students can expect to create their own works of art that are influenced by the cultures and civilizations that are studied. Expect to learn about how historical events have impacted the arts and compare historical art to modern art from today.

ILLUSTRATION & DIGITAL IMAGING

(PREVIOUSLY NAMED ILLUSTRATION)

Grade Level: 9-12

1 quarter

Durable Skills: Metacognition: Detail Oriented, Time Management **Creativity:** Innovation

CTE Course: Yes

Prerequisite: **Intro to Media Arts**

Credit: 1

College Credit: No

Illustration builds on foundational drawing and design skills, deepening students' understanding of visual storytelling and creative design. Students will refine their techniques in both traditional and digital media, exploring advanced concepts in

character design, environment illustration, and

(ART CONTINUED)

narrative-driven artwork. Emphasis will be placed on industry-standard software, particularly Adobe Illustrator and Procreate. Additionally, students will explore typography, learning how to effectively integrate type with imagery to enhance visual communication. Throughout the course, students will create professional-level artwork tailored for a variety of creative industries, including publishing, entertainment, and advertising.

PAINTING

Grade Level: 9-12

1 quarter

Durable Skills: Metacognition: Detail Oriented, Time Management **Creativity:** Innovation

CTE: No

Prerequisite: Art I

Credit: 1

College Credit: No

Fees for this class: YES (material fee of \$5)

Students in the course will build on the knowledge they learned in Art 1. We will explore color and color theory in depth and experiment with different paints and painting styles. Students will continue to develop their understanding of design principles and elements and establish their own creative style.

PHOTOGRAPHY

NEW!

Grade Level: 9-12

1 quarter

Durable Skills: Creativity: Creative Thinking

CTE: Yes

Prerequisite: Intro to Media Arts

Credit: 1

College Credit: No

Learn to take amazing photos by mastering camera settings, composition tricks, and editing techniques! Explore photography's history, career paths, and the ethics of digital media while working on hands-on projects. From portraits to action shots, you'll experiment with lighting, creative effects, and professional editing tools. The class wraps up with a portfolio showcasing your best work—get ready to see the world through a new lens!

COMPUTER TECHNOLOGY

CAREERS EXPLORATION 9

REQUIRED

Grade Level: 9

1 quarter

Durable Skills: Character: Self-Motivation

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

This is a course designed to prepare students for their futures – both academic and career wise. Students will explore their own interests to determine careers that might appeal to them, and they will also investigate specific careers and what skills they will need. Other aspects of career planning are learning about post-secondary education options including available programs and costs. Students will review keyboarding skills to improve their computer efficiency, and new aspects of using word processing software such as formatting text for MLA style and desktop publishing will be covered. Students will learn to use spreadsheets to organize and format data and program them to perform basic calculations. Breaking the Google habit will be emphasized when students are introduced to other search engines and databases and taught useful search strategies. Because students are constantly exposed to the Internet, computer safety and security will be covered. Students will also learn the rules of an effective PowerPoint presentation. At the end of the quarter, students will use their computer skills to explore careers based on their interests, values, and abilities. The computer programs used in this class will include Microsoft Word, Excel, and PowerPoint.

DIGITAL GRAPHICS

Grade Level: 10-12

1 quarter

Durable Skills: Metacognition: Detail Oriented

CTE: No

Prerequisite: Career & Computer Exploration 9

Credit: 1

College Credit: No

Students will explore the world of digital photography and creative computer-based graphics. Students will learn a variety of features and uses for the digital camera and computer software will be utilized to enhance/modify digital photos. By using computer and web-based programs, students will also create artworks such as cartoons, posters, animated photos and GIFs. Students will learn to format digital content for their projects and for use on the Internet. Ethical use of the computer to enhance and modify digital content is an integral part of this course. Students will also design and layout business display ads. Grades will be determined by a combination of homework, class assignments, projects, tests/quizzes and daily work ethic. **This course meets an Art credit required for graduation.**

(COMPUTER TECHNOLOGY CONTINUED)

WEB PAGE DESIGN

Grade Level: 10-12

1 quarter

Durable Skills: Communication: hybrid/remote

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

Students will learn to design, plan and build a website using various methods of development. Students will learn basic HTML programming as well as the utilization of the Komposer/WYSIWIG type design software. Students will work with text, manage images, create links and navigation bars, format tables, work with layers, and embed media. Ease of navigation and attractive layout style will also be emphasized. Grades will be determined by a combination of daily assignments, individual projects, tests/quizzes, and daily work ethic/participation.

This course meets an Art credit required for graduation.

DIGITAL MEDIA PRODUCTION

NEW!

Grade Level: 10-12

1 quarter

Durable Skills: Communication: Written Communication

CTE: Yes

Prerequisite: None/*This course meets an Art elective credit required for graduation*

Credit:

College Credit: No

This class will cover all aspects of video making including script writing/storyboarding, filming, shot composition, direction, and post-production techniques such as special effects and computer-based editing. Projects will include public service announcements, advertisements, news reports, entertainment pieces, and documentaries.

CYBERSECURITY

NEW!

Grade Level: 10-12

1 quarter

Durable Skills: Metacognition

This introductory course takes you inside the world of cybersecurity. You will learn cybersecurity basics to protect your personal digital life and gain insights into the biggest security challenges companies, governments, and educational institutions face today. Cybersecurity professionals who can protect and defend an organization's network are in high demand.

EDUCATION

COLLEGE INTRODUCTION TO EDUCATION

Grade Level: 11-12

1 semester

Durable Skills: Metacognition: Teaching Growth

Mindset: Curiosity Mindfulness: Emotional Intelligence

Fortitude: Motivational Skills

CTE: No

Prerequisite: None

Credit: 2

College Credit: Yes – 3 credits from Southwest MN State University

This course is an introduction to early childhood, elementary, and secondary education for students interested in teaching. It includes the study of historical and social foundations of education topics such as inquiry into the teaching and learning process, schools in a multicultural and diverse society, the profession of teaching principles of cooperative group learning and cultural differences, communication, and stereotyping. Fifteen hours of field experience is required.

ENGLISH

ENGLISH 9

REQUIRED

Grade Level: 9

4 quarters

Durable Skills: Critical Thinking: Problem Solving

Collaboration: Interpersonal Relationships

Communication: Written Communication

CTE: No

Prerequisite: None

Credit: 4 **REQUIRED**

College Credit: No

This course works with skills in grammar and composition. Writing assignments of a variety of types and for a variety of purposes are included in the class. A study of the four central genres of literature – the short story, the novel, the play, and poetry – is also part of the curriculum.

SENIOR HIGH LANGUAGE ARTS **REQUIRED**

Grade Level: 10

4 quarters

Durable Skills: Q1: Communications: Presentation,

Verbal Communication **Q3: Leadership:** Leadership

Metacognition: Time Management **Critical Thinking:**

Intellectual Curiosity **Q3 & Q4: Collaboration:** Team Building
CTE: No
Prerequisite: None

(ENGLISH CONTINUED)

Credit: 4 **REQUIRED**

Grade: 10

College Credit: No

Language Arts 10 is a full-year course about communication: reading, writing, and speaking. This course includes a focus on literature that includes short stories, poetry, non-fiction, fiction, and drama. It will enable students to develop an appreciation for literature, an ability to discuss ideas, an understanding of others' beliefs, and an awareness of common human experiences. Students will continue to work on sentence structure, paragraph development, and essay format. Grammar, punctuation, and IXL skill areas are part of the course. Also covered are speaking skills necessary for today's challenging world. Various public speaking situations and interpersonal communication activities are included.

LITERATURE ELECTIVES

GOTHIC & HORROR LITERATURE

Grade Level: 11-12

1 quarter

Durable Skills: **Critical Thinking:** Intellectual Curiosity

CTE: No

Prerequisite: **Senior High Language Arts - (10th grade SH LA)**

Credit: 1

Grade: 11-12

College Credit: No

For all the dark and scary literature fans! A variety of options are available to explore from *Dracula*, *Frankenstein*, *Dr. Jekyll and Mr. Hyde* to comparisons with current Young Adult titles.

MEMOIRS & NONFICTION LITERATURE

Grade Level: 11-12

1 quarter

Durable Skills: **Metacognition:** Planning

CTE: No

Prerequisite: **Senior High Language Arts - (10th grade SH LA)**

College Credit: No

Everybody has a story. By reading others' stories, students can learn from those who have come before them. This class will take a look at non-fiction works written by

well-known people. This class will heavily focus on memoirs and the idea of sharing one's own story. *Tuesday with Morrie* and/or *Night* will be used.

CLASSIC-MODERN AMERICAN LITERATURE

Grade Level: 11-12

1 quarter

Durable Skills: **Metacognition:** Planning, Teaching, Organizational Skills, Time Management, Goal Setting, Constructive Feedback **Collaboration:** Coordinating

CTE: No

Prerequisite: **Senior High Language Arts - (10th grade SH LA)**

Credit: 1

College Credit: No

For the lovers of classic literature! This class will offer students the opportunity to read several classic pieces, including novels, poetry, and dramas. Title options include, but are not limited to: *The Great Gatsby*, excerpts from *The Things They Carried*, and a choice novel. This course will be supplemented with shorter poetry pieces, dramas, and a research project.

COLLEGE INTRODUCTION TO LITERATURE: CIS

Grade Level: 11-12

1 quarter

Durable Skills: **Leadership:** Leadership

CTE: No

Prerequisite: **Senior High Language Arts (10th grade SHLA)**

Credit: 1

College Credit: Yes- 3 credits from ATCC

This course is designed to give students an introduction to various forms of literature. Students will have the opportunity to read short stories, poetry, and dramas from various times and places. In addition to personal responses to pieces, students will work on developing and demonstrating their analytical skills through writing responses and in-class discussion.

COMPOSITION ELECTIVES

TECH COMPOSITION

Grade Level: 11-12

1 quarter

Durable Skills: **Communication:** Written Communication

CTE: No

Prerequisite: **Senior High Language Arts - (10th grade SH LA)**

Credit: 1

College Credit: No

In this class students will practice and develop different writing styles. The course will include writing projects that require group cooperation, clear and concise writing, and efficient work habits--just like those required in the world

(COMPOSITION CONTINUED)

work. There will be a grammar review.

COLLEGE COMPOSITION I: CIS

Grade Level: 11-12

1 quarter

Durable Skills: Communication: Written Communication

CTE: No

Prerequisite: **Senior High Language Arts - (10th grade SH LA)**

College Credit: No for Advanced Composition

College Credit: Yes – 4 credits for Composition I only from CLC with an Accuplacer reading score of 78. This course is for students who plan to attend a college or university. Students earn high school credit for for this course. Additionally, students can earn college credit and high school credit for Composition I. Students will write personal essays of the following types: description, narration, and exposition. Course focus is on unity, support, coherence, and sentence skills. Completion of the formal essays will be a substantial part of the grade for the class. Students taking Composition I will write longer essays.

COLLEGE COMPOSITION II: CIS

Grade Level: 11-12

1 quarter

Durable Skills: Communication: Written Communication

CTE: No

Prerequisite: **Composition I**

Credit: 1

College Credit: Yes – 4 credits from CLC, Brainerd

The purpose of this course is to prepare students for college research writing. This course will build upon the writing techniques developed in Composition I. The focus is on arguing well, researching well, analyzing sources, and incorporating research into text. Research papers will be the focus of grading.

Additional ENGLISH ELECTIVES

DEBATE

Grade Level: 11-12

1 quarter

Durable Skills: Leadership: Advocacy

CTE: No

Prerequisite: **Senior High Language Arts - (10th grade SH LA)**

Credit: 1

College Credit: No

This course provides practice in the art of public speaking with an emphasis on debate. Students will research topics related to politics, pop culture, and current events. Because debates are an in-class activity, attendance is key.

FILM APPRECIATION: CIS

Grade Level: 11-12

1 quarter

Durable Skills: Leadership: Thought Leadership

CTE: No

Prerequisite: **Senior High Language Arts - (10th grade SH LA)**

Credit: 1

College Credit: Yes – 3 from CLC, Brainerd

This is an introduction to film as an art form with emphasis on film history. Written evaluations and critical discussion of the films shown in class will be integral parts of the course. A major research paper is also required. This course meets an Art credit required for graduation.

THEATRE ARTS

Grade Level: 11-12

1 quarter

Durable Skills: Collaboration: Coordinating

Collaboration: Teamwork/Team Oriented

CTE: No

Prerequisite: **Senior High Language Arts - (10th grade SH LA)**

Credit: 1

College Credit: No

This class is a blend of performance and technical theatre, along with written reflections. Students will perform basic movement exercise, improvisations, and acting scenes as well as create and perform in a variety show. Technical aspects will be included in the actual production.

This course meets an Art credit required for graduation.

Introduction to Humanities: CIS

Grade Level: 11-12

1 quarter

Durable Skills: Leadership: Advocacy **Character:** Self-Motivation

CTE: No

Prerequisite: **Senior High Language Arts - (10th grade SH LA)**

Credit: 1

College Credit: Yes

This course is an introductory survey of the genres and themes of the humanities. Readings, lectures, and class discussions will focus on genres such as music, the visual arts, drama, literature, and philosophy. As themes, the

FAMILY AND CONSUMER SCIENCE

FOODS

INTRODUCTION TO FOODS

Grade Level: 9-12

1 quarter

Durable Skills: **Collaboration:** Interpersonal Relationships **Collaboration:** Coordinating **Collaboration:** Teamwork/Team Oriented, Cooperation

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

Food preparation is a fun and creative activity and is very important to our health. This class will emphasize basic food preparation techniques and healthy food choices. A variety of foods will be prepared.

CULINARY I

Grade: 10-12

1 quarter

Durable Skills: **Collaboration:** Interpersonal Relationships **Collaboration:** Coordinating **Collaboration:** Teamwork/Team Oriented, Cooperation

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

Food is a major part of our lives from enjoyment to the importance of healthy eating. This class will review basic cooking preparation techniques, while exploring cooking principles that expand creativity.

CULINARY II

Grade Level: 10-12

1 quarter

Durable Skills: **Collaboration:** Interpersonal Relationships **Collaboration:** Coordinating **Collaboration:** Teamwork/Team Oriented, Cooperation

CTE Course: Yes

Prerequisite: **Intro to Foods or Culinary I**

Credit: 1

College Credit: No

ideas of freedom, love, happiness, death, nature, and myth may be explored from a western and non-western point of view. **This class can also meet an Art requirement.**

Take your cooking ability and “food smarts” to the next level. This class will expand your food knowledge with specialty units. Creative baking techniques, food decorating, Global Foods, and a Bake-Off Contest are some of the units to be covered.

RESTAURANT I

Grade Level: 11-12

1 quarter

Durable Skills: **Communication:** Customer Service **Leadership:** Management, Leadership, Project Management **Mindfulness:** Hospitality

CTE Course: Yes

Prerequisite: **Culinary II or Instructor Approval**

Credit: 1

College Credit: No

The Food Industry is large and growing with many opportunities for people of all ages. This class will introduce the expectations of working in the food industry. Units will all revolve around preparing the class to develop and run their own one-day restaurant.

FAMILY

CHILD DEVELOPMENT I

NOT Available in 2025-26

Grade Level: 10-12

1 quarter (offered every other year)

Durable Skills: **Mindfulness:** Compassion, Empathy, Patience **Mindfulness:** Active Listening, Emotional Intelligence, Humility, Cultural Sensitivity

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

This course is recommended for all students, regardless of future career interests. It is especially important for those with an interest in working with children and families or having their own children someday. Many of us accept the responsibility of parenting without any training. The units of study will include prenatal development, newborns and infant development. A 48 hour parenting simulation using the “Real Care Infant Simulators” is part of the course as well.

CHILD DEVELOPMENT II

Grade Level: 10-12

1 quarter (offered every other year)

Durable Skills: Mindfulness: Compassion, Empathy

Mindfulness: Active Listening, Emotional Intelligence, Humility, Cultural Sensitivity

CTE Course: Yes

(FAMILY CONTINUED)

Prerequisite: Child Development I

Credit: 1

College Credit: No

Anyone planning a career working with children - nursing, preschool, elementary education, childcare, or anyone planning on becoming a parent one day would benefit from this class. The focus of study includes toddlers, preschool and school age children. Students will engage in a variety of hands-on projects as well as observe and interact with children in a preschool, elementary or day care setting as part of this class.

INTERIOR DESIGN

HOUSING & INTERIOR DESIGN

NOT Available in 2025-26

Grade Level: 9-12

1 quarter

Durable Skills: Metacognition: Detail Oriented, Planning, Organizational Skills, Time Management

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

If you enjoy decorating rooms, like watching and getting ideas from Home Decorating TV shows, or are thinking of a career in Interior Design then this class is for you. This course will study space planning, colors, surfaces, and furnishings that make our surroundings comfortable and enjoyable. Creative sewing and design projects will be a part of this class.

SEWING

FASHION DESIGN

Grade Level: 9-12

1 quarter

Durable Skills: Metacognition: Detail Oriented, Planning, Organizational Skills, Time Management

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

This course will combine fashion design and sewing construction. Students will improve sewing techniques for a lifelong hobby and practical life skill. Using the serger and altering clothing will be studied. Students will complete one or more individual projects of choice depending on the level of difficulty.

APPAREL & TEXTILE DESIGN I

NOT Available in 2025-26

Grade Level: 10-12

1 quarter (offered every other year)

Durable Skills: Metacognition: Detail Oriented, Planning, Organizational Skills, Time Management

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

Review and expand your sewing skills. Sewing can be as practical as being able to make repairs and alterations to the clothing you own, to designing your own creations. This class is for sewers of all levels. Projects are personalized to each individual's interests. Possible projects could be quilts, hunting gear, evening wear, wall hangings, and other endless possibilities depending on individual sewing abilities. Students will have the opportunity to use sewing machines, sergers, and quilting equipment.

APPAREL & TEXTILE DESIGN II

Grade Level: 10-12

1 quarter

Durable Skills: Metacognition: Detail Oriented, Planning, Organizational Skills, Time Management

CTE Course: Yes

Prerequisite: Apparel and Textile Design I or Instructor Approval

Credit: 1

College credit: No

Expand your sewing skills and take them to the next level. Sewing allows individuals to create their own works of art. This class will help individuals create that art. Projects vary greatly to meet student's interests and abilities.

FOREIGN LANGUAGE

Did you know? Two years of a single global language are required for entrance to most four-year colleges. In addition, many colleges require all students to study language at the University level as part of their general education, regardless of their major. Some colleges require students to take a language placement test to determine how much language will need to be studied at the University level. Language requirements vary at Technical and Community Colleges, depending on one's course of study.

Due to the semester course length at Sauk Centre Secondary School, students are strongly encouraged to, at a minimum, complete Introductory Spanish, Spanish I, and Spanish II in order to build a solid language foundation.

INTRODUCTORY TO SPANISH A INTRODUCTORY TO SPANISH B

Grade Level: 9-12

2 quarters

Durable Skills: Communication: Written Communication, Verbal Communication

CTE: No

Prerequisite: None

Credit: 2

College Credit: No

This course introduces the student to the Spanish-speaking world. Cultural aspects as well as grammatical aspects are included. Basic vocabulary, survival Spanish, present tense verbs are included.

SPANISH I A SPANISH I B

Durable Skills: Communication: Written Communication, Verbal Communication

Grade Level: 9-12

2 quarters

CTE: No

Prerequisite: Students must have taken and passed Introductory Spanish with a "D" or above or Instructor Approval

Credit: 2

College Credit: No

In this course, students will review concepts and begin to build upon them. Students will also increase their conversational and comprehensive abilities.

SPANISH II A

SPANISH II B

Grade Level: 10-12

2 quarters

Durable Skills: Communication: Verbal Communication **Growth Mindset:** Action-Oriented, Results Focused **Mindfulness:** Active Listening

CTE: No

Prerequisite: Students must have taken and passed Spanish 1 with a "C-" or above or Instructor Approval

Credit: 2

College Credit: No

Along with broadening their vocabulary and reviewing the present tense, students will be introduced to the past tense. Students will be taught cultural themes through the use of Spanish. Cultural themes include the butterfly migration in Mexico, Day of the Dead, Frida Kahlo, Día de los Inocentes, and Kings Day in Spain and Cuba. Students will further their language acquisition through the use of children's books, songs, videos, and articles.

SPANISH III A SPANISH III B

Grade Level: 10-12

2 quarters

Durable Skills: Communication: Verbal Communication **Collaboration:** Interpersonal Relationships **Growth Mindset:** Action-Oriented, Results Focused **Mindfulness:** Active Listening **Creativity:** Brainstorming **Fortitude:** Calmness Under Pressure

CTE: No

Prerequisite: Students must have taken and passed Spanish 2 with a "C-" or above or Instructor Approval

Credit: 2

College Credit: Yes – 4 from CLC, Brainerd

Students will have the opportunity to review everything that they have learned in prior courses, while expanding their vocabulary and knowledge of the language. Cultural topics include (but are not limited to) legends from a variety of Spanish speaking countries, the Mexican Revolution, Cinco de Mayo, School systems in Latin America, and holiday celebrations. Students must complete both quarters to receive college credit

(FOREIGN LANGUAGE CONTINUED)

SPANISH IV A

SPANISH IV B

Grade Level: 11-12

2 quarters

Durable Skills: Communication: Verbal, Communication **Collaboration:** Interpersonal Relationships **Growth Mindset:** Action-Oriented, Results Focused **Mindfulness:** Active Listening, Cultural Sensitivity **Critical Thinking:** Intellectual Curiosity **Creativity:** Brainstorming **Fortitude:** Calmness Under Pressure

CTE: No

Prerequisite: Students must have taken and passed Spanish 3 with a "C-" or above or Instructor Approval

Credit: 2

College Credit: Yes – 4 from CLC, Brainerd
Students will have the opportunity to truly apply everything that they have learned by integrating writing, conversation, and reading skills. Cultural topics will include (but are not limited to) Las Madres de la Plaza de Mayo in Buenos Aires, Semana Santa in Spain, and Carnival in Latin America. In this course students will further their language acquisition through songs, videos, novelitas, games and articles. Students may also have the opportunity to teach basic Spanish to elementary aged students. Students must complete both quarters in order to receive college credit.

INDUSTRIAL TECHNOLOGY

CONSTRUCTION STRAND

WOODS TECHNOLOGY

Grade Level: 9-12

1 quarter

Durable Skills: Creativity: Creative Thinking, Experimentation

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

Fees for this class: YES (cost of materials)

The course is designed to introduce students to a wide variety of wood working equipment and techniques. Special emphasis will be put on woodworking safety. The student is

expected to demonstrate safe work habits and procedures at all times. The student will be designing and constructing a night stand. The cost of the materials for the end night stand will be collected before the project is taken home.

MACHINE WOODS A

MACHINE WOODS B

Grade Level: 10-12

1 OR 2 quarters - A & B

Durable Skills: Critical Thinking: Problem Solving and Research

CTE: Yes

Prerequisite: Woods Technology

Credit: Up to 2 credits

College Credit: No

Fees for this class: YES (cost of materials)

In these classes you will study wood construction methods, woodworking machines and hand tools, shop safety, wood finishes, etc. Ample time will be provided during the year to design and build individual projects. This class will provide many basic skills needed in the building construction field, cabinet making field, as well as problem solving skills used in everyday life.

INTRODUCTION TO CONSTRUCTION

Grade: 10-12

1 quarter

Durable Skills: Critical Thinking: Problem Solving

CTE Course: Yes

Prerequisite: Woods Technology and Machine Woods A or B

Credit: 1

College Credit: No

The building construction industry is one of the largest industries in America. This class will deal with designing plans for residential buildings. Construction technology, materials, estimating, and methods are studied in addition to design. Room and exterior design are enhanced with the building of models. Computers are used to assist students with planning and drawing and also to keep current with industry standards.

HOME MAINTENANCE

Grade: 10-12

1 quarter

Durable Skills: Critical Thinking: Problem Solving

Critical Thinking: Research

CTE Course: Yes

Prerequisite: Woods Technology and Machine Woods A or B

Credit: 1

(CONSTRUCTION STRAND CONTINUED)

Grade: 10-12

Repairing home drywall, electrical, plumbing, ext. finish, interior finish and appliances. Life long skills.

BUILDING CONSTRUCTION

Grade Level: 11-12

1-4 quarters

Durable Skills: Critical Thinking: Problem Solving

CTE Course: Yes

Prerequisite: **Introduction to Construction and Home Maintenance**

Credit: Up to 4 credits

The Building Construction 1-4 class is designed for students who want to learn the basic skills necessary for the building trade. This course offers training and practical experience in safety, planning, basic carpentry, rough carpentry, finish carpentry, electrical, plumbing, insulation, and other techniques. This is an excellent course for students interested in carpentry or any of the many related jobs, and also for any future homeowner.

MANUFACTURING STRAND

MANUFACTURING

Grade Level: 9-12

1 quarter

Durable Skills: Creativity: Innovation

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

Fees for this class: **YES (cost of materials)**

If you enjoy being creative, coming up with solutions to problems, and using high tech tools such as 3D printers and CNC machines to make things then this class is for you. In this course we will begin to learn what it takes to bring a product from an idea all the way to the sales floor. Through the use of computer aided design (CAD) and computer aided manufacturing (CAM) you will begin to see how many of the objects we use on a daily basis are manufactured.

WELDING I

Grade Level: 9-12

1 quarter

Durable Skills: Growth Mindset: Curiosity

CTE Course: Yes

Prerequisite: **Manufacturing**

Credit: 1

College Credit: No

Fees for this class: **YES (cost of materials)**

This course is for students who are interested in learning the basic skills necessary to properly setup and operate a variety of welding equipment. Students will get the chance to practice basic cutting and welding processes while they work through projects in the shop. They will explore the different careers in the manufacturing industry; learn about current industry trends, vocabulary, cutting/welding principles, and how to work safely in a shop environment.

WELDING II

Grade Level: 10-12

1 quarter

Durable Skills: Growth Mindset: Self-Sufficiency

CTE Course: Yes

Prerequisite: **Manufacturing and Welding I**

Credit: 1

College Credit: No

Fees for this class: **YES (cost of materials)**

This course is for students who have taken Welding 1 and would like to further their welding and metal fabrication skills. Students will be given more chances to practice their welding techniques using the various processes available to them. Individual projects will be encouraged but will require instructor approval and depend on student skill level, time, space and materials available.

MACHINE TOOL

Grade Level: 10-12

1 quarter

Durable Skills: Critical Thinking: Problem Solving

CTE Course: Yes

Prerequisite: **Manufacturing and Welding I**

Credit: 1

College Credit: No

Fees for this class: **YES (cost of materials)**

In this course students will begin to develop their skills as machinists and fabricators. Using the knowledge gained in manufacturing and welding we will begin designing and fabricating a variety of projects using our CAD/CAM software and the welding shop equipment. A variety of precision tools and equipment such as lathes, vertical mills, and CNC machines will be introduced.

CAREERS IN THE COMMUNITY/FELLING TRAILERS

Grade Level: 11-12

2 or 4 quarters

Durable Skills: Character: Accountability **Growth Mindset:** Self-Sufficiency

(MANUFACTURING STRAND CONTINUED)

CTE Course: Yes

Prerequisite: **Welding I & application process required (course limited to 12 students)**
Career Seminar needed for Q3 & Q4 at Felling Trailers.

Credit: 1 credit per quarter, up to 4 quarters

Qtrs 1-2: On-site welding lab training

Qtrs 3-4: PAID internships starting at \$16.50/hr available to those who apply and qualify

College Credit: No

This opportunity is for students who are interested in welding as a career or who want to take their welding skills to the professional level. Students will spend quarters 1 & 2 in the Felling Trailers welding lab learning the skills they need to help them be successful on the shop floor. Paid welding internship will be available to those who qualify quarters 3 & 4. Students will be expected to apply for the internships during the second quarter and go through an interview process just as they would to get hired as an employee. Many students who go through this program continue to work as employees for Felling Trailers.

TRANSPORTATION STRAND

SMALL ENGINES

Grade Level: 9-12

1 quarter

Durable Skills: Critical Thinking: Critical Thinking

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

This class will provide students with the basic understanding of how a small engine works. We will discuss types of small engines including four and two-stroke engines. Students will learn to use basic automotive hand tools as they completely teardown and rebuild a small engine that is provided. Other topics discussed may include preventative maintenance, seasonal storage, lubrication requirements and tune-ups. If time allows students may be allowed to bring in a small engine project of their own to work on.

POWERSPORTS

Grade Level: 10-12

1 quarter

Durable Skills: Critical Thinking: Problem Solving

CTE Course: Yes

Prerequisite: **Small Engines**

Credit: 1

College Credit: No

Fees for this class: **YES (cost of materials)**

This course is for students who have already taken small engines and want to advance their skills and knowledge working with small engine driven equipment. Gasoline powered equipment, along with diesel and electric, will be topics of study for the course. The maintenance of the other systems that make up this equipment such as drivetrain, electrical, brakes, and suspension will also be discussed. Students will be encouraged to bring in projects of their own to work on.

#sheCANics

Grade Level: 10-12

1 quarter

Durable Skills: Growth Mindset: Curiosity

CTE: No

Prerequisite: none

Credit: 1

College Credit: No

Fees for this class: **YES (cost of materials)**

This course is designed for females interested in breaking the stigma often associated with industrial technology fields, however anyone is eligible to participate. In this class we will explore careers that are traditionally dominated by men in a non-intimidating environment. Whether you are interested in learning for your own personal benefit or thinking about one of these areas as a possible career, this course is for you! We will discuss basic auto maintenance, welding, engineering, and more.

INTRODUCTION TO AUTO MECHANICS

Grade: 10-12

1 quarter

Durable Skills: Critical Thinking: Critical Thinking

CTE: No

Prerequisite: **Small Engines**

Credit: 1

Grade: 10-12

College Credit: No

Fees for this class: **YES (cost of materials)**

This course is for students who are interested in learning basic automotive maintenance and repair. **All skill levels are welcome and students are required to have a driver's license & their own vehicles available to work on.** Anyone who owns a car or plans on owning a car in the future should be required to take this class!

(TRANSPORTATION STRAND CONTINUED)

AVIATION I

Grade Level: 9-12

1 quarter

Durable Skills: Leadership: Risk Management

CTE Course: Yes

Prerequisite: None

Credit: 1

College Credit: No

This course is designed to be an introductory course for any student interested in aviation as a career path or hobby. We will discuss everything from careers dealing with unmanned aircraft systems (a.k.a. drones) to airplanes and rockets. Basic aeronautics, meteorology, FAA regulations, and flight planning are some of the topics that will also be discussed.

AVIATION II

Grade Level: 10-12

1 quarter

Durable Skills: Leadership: Risk Management

CTE Course: Yes

Prerequisite: Aviation I

Credit: 1

College Credit: No

This course is designed for students who have taken Aviation I and would like to dive deeper into the various sectors of aviation. Aviation maintenance, piloting, and UAS operations are a few of the sectors we will focus on. Hands-on maintenance activities, trips to regional aviation facilities, remote aircraft flying, and flight simulator training will be some of the assignments in the course that will give students a good understanding of the opportunities within the aviation industry.

MATHEMATICS

NON-LINEAR ALGEBRA

REQUIRED

Grade:9

4 quarters

College Credit: No

This course is a continuation of concepts learned in Linear Algebra. We will expand the functions we study to exponential functions, quadratic functions and radical functions. Emphasis will be placed on solving equations, graphing equations and problem solving.

GEOMETRY ABC & ALGEBRA IIA

REQUIRED

Grade:10 (9th Grade Accelerated)

4 quarters

Durable Skills: Critical Thinking: Problem Solving

CTE: No

Credit: 4

College Credit: No

Geometry is the study of measurement, logic, and organized reasoning. It investigates the properties of lines, angles and polygons. Some solid Geometry concepts are incorporated with the study of lines and planes in space, cylinders, pyramids and spheres. The class is built on the idea of understanding "WHY" things are true in math. Although Geometry may be considered a college preparatory course, it is required by many technical occupations, is desirable and sometimes required in the skilled trades i.e. medical skills, carpentry, engineering, and so forth. The 4th quarter will be used to introduce Algebra II concepts.

ALGEBRA IIB & IIC

REQUIRED

Grade: 11-12 (10th Grade Accelerated)

2 quarters

Durable Skills: Critical Thinking: Research

CTE: No

Prerequisite: Geometry and Algebra 2A or Instructor Approval

Grade: 11-12 (10th Grade Accelerated)

College Credit: No

Algebra 2B and 2C are prerequisite courses for Algebra 3 and Physics, and are recommended for Chemistry. It prepares students for the MCA test as well as provides the necessary mathematics background for students who plan to train for careers in such fields as: electronics, the basic and health sciences, engineering, computer programming, drafting, plus other trade occupations in which a moderate mathematical background is required. Topics include linear equations and inequalities, quadratic equations, polynomials, powers, roots and radical,

(MATHEMATICS CONTINUED)

ALGEBRA IIIA / PROBABILITY & STATISTICS REQUIRED

Grade: 11-12 (10th Grade Accelerated)

1 quarter

Durable Skills: Critical Thinking: Problem Solving, Critical Thinking

CTE: No

Prerequisite: Algebra IIB and IIC or Instructor Approval

Credit: 1

College Credit: No

Algebra IIIA is a prerequisite course for College Algebra and Physics, and is recommended for Chemistry. Topics include trigonometry and probability. The remainder of this class will be used to prepare students for the MCA Math GRAD test.

ALGEBRA IIIB

Grade: 11-12 (10th Grade Accelerated)

1 quarter

Durable Skills: Critical Thinking: Critical Thinking

CTE: No

Prerequisite: Algebra IIIA or Instructor Approval

Credit: 1

College Credit: No

Algebra IIIB continues the topics studied in Algebra 3A, including exponential, logarithmic, and rational functions, and trigonometry. Any student planning to enroll in Introduction to College Algebra must take this course during the 4th quarter of the Sophomore (ACC) or Junior year.

INTRODUCTION TO COLLEGE ALGEBRA

Grade: 11-12

1 quarter

Durable Skills: Critical Thinking: Critical Thinking

CTE: No

Prerequisite: “C+” or better in Algebra 3B or Instructor Approval and Accuplacer of 35 on College Level Math, Accuplacer of 76 on Elementary Algebra, or an ACT Math Score of 20

Credit: 1

College Credit: Yes – 3 from CLC, Brainerd

This course will review many introductory algebra topics as well as introduce some new topics in algebra. Students who select Beginning College Algebra should have a high degree of interest and ability in mathematics. Beginning College Algebra is required for students who plan careers in

medicine, dentistry, pharmacy, architecture, engineering, biology, physics, chemistry, and mathematics. Topics will include the study of sequences, series, and their limits, the study of functions, specifically notation, linear, exponential and logarithmic, compositions, inverses, polynomials, transformations, and graphing. A grade of C+ or better in Algebra III is recommended.

COLLEGE ALGEBRA

Grade: 11-12

1 quarter

Durable Skills: Critical Thinking: Critical Thinking

CTE: No

Prerequisite: “C+” or better in Introduction to College Algebra or Instructor Approval

Credit: 1

College Credit: Yes – 3 from CLC, Brainerd

Students who select College Algebra should have a high degree of interest and ability in mathematics. College Algebra is required for students who plan careers in medicine, dentistry, pharmacy, architecture, engineering, biology, physics, chemistry, and mathematics. College Algebra will include the study of sequences, series, and their limits, the study of functions, specifically notation, linear, exponential and logarithmic, compositions, inverses, polynomials, transformations, and graphing. A grade of C+ or better in Algebra III is recommended.

COLLEGE PRE CALCULUS: CIS

Grade: 11-12

2 quarters

Durable Skills: Critical Thinking: Critical Thinking

CTE: No

Prerequisite: “C+” or better in College Algebra or Instructor Approval

Credit: 2

College Credit: Yes – 5 from CLC, Brainerd

This quarter will include the continued study of functions and graphing along with trigonometric functions, as well as an introduction to calculus topics specifically the limits, differentiation, and integration of functions.

COLLEGE CALCULUS A: CIS

COLLEGE CALCULUS B: CIS

Grade: 12

2 quarters

Durable Skills: Critical Thinking: Intellectual Curiosity

CTE: No

Prerequisite: “C+” or better in College Algebra/PreCalculus or Instructor Approval

Credit: 2

College Credit: Yes – 5 from CLC, Brainerd

Calculus is required for students who plan careers in medicine, dentistry, pharmacy, architecture, engineering,

(MATHEMATICS CONTINUED)

biology, physics, chemistry, and mathematics. This course is designed to introduce the fundamentals of calculus, specifically the differentiation and integration of algebraic, exponential, trigonometric, and logarithmic functions. In addition, this course is designed to address both the level of rigor and the level of conceptual understanding of Calculus.

MUSIC

The Sauk Centre High School Music Department offers courses in instrumental and choral music as part of the student's general educational curriculum. The band and choir rehearsals provide the laboratories in which students receive the opportunity to develop the technical skills needed for competent performance as well as to discover the structure, design, history, and meaning of music. The music department also serves the schools and the community's musical needs at concerts, select athletic contests and many other appearances.

All courses offered in the Music department meet the Art credit requirement for graduation.

SENIOR HIGH BAND

Full Year Preferred

Grade: 9-12

2 quarter minimum up to 4

Durable Skills: Critical Thinking: Problem-Solving, Research, Prioritization, Investigation **Collaboration:** Teamwork/Team Oriented, Team Building **Character:** Accountability, Trustworthy **Trustworthy Communication:** Communications (hybrid/remote), Presentation

CTE: No

Prerequisite: Students must complete instruction in choir and band through the 8th grade level or by audition

Credit: 1/2 credit per quarter

College Credit: Yes – See College Band

Students must be registered quarters 3 and 4 in order to participate in MSHSL contests.

There will be 1 choir and 1 band that will meet during the block. If you are in both band and choir, you will be in rehearsal the entire block.

***Any senior enrolled in 12/16 quarters of music through grades 9-12 and all 4 quarters their senior year is eligible for the spring New York City trip. Any exceptions must be approved by the instructor and administration.**

SENIOR HIGH CONCERT CHOIR

Full Year Preferred

Grade: 9-12

2 quarter minimum up to 4

Durable Skills: Collaboration: Team Building, Cooperation

CTE: No

Prerequisite: Students must complete instruction in choir and band through the 8th grade level or by audition.

Credit: 1/2 credit per quarter

College Credit: No

Students must be registered quarters 3 and 4 in order to participate in MSHSL contests.

There will be 1 choir and 1 band that will meet during the block. If you are in both band and choir, you will be in rehearsal the entire block.

***Any senior enrolled in 12/16 quarters of music through grades 9-12 and all 4 quarters their senior year is eligible for the spring New York City trip. Any exceptions must be approved by the instructor and administration.**

MUSIC STUDIES BAND

Full Year Preferred

Grade: 9-12

2 quarter minimum up to 4

Durable Skills: Critical Thinking: Problem-Solving, Research, Prioritization, Investigation **Collaboration:** Teamwork/Team Oriented, Team Building

CTE: No

Prerequisite: Students must complete instruction in band through the 8th grade level or by audition

Credit: 1/2 credit per quarter

College Credit: No

Students must be registered quarters 3 and 4 in order to participate in MSHSL contests.

Music Studies is a performance class with a focus on individual performance goals which will be met via individual lessons. Practice time is provided during class. Seniors may have the opportunity to perform youth service during their fourth year of music studies.

***Any senior enrolled in 12/16 quarters of music through grades 9-12 and all 4 quarters their senior year is eligible for the spring New York City trip. Any exceptions must be approved by the instructor and administration.**

(MUSIC CONTINUED)

MUSIC STUDIES CHOIR **Full Year Preferred**

Grade: 9-12

2 quarter minimum up to 4

Durable Skills: Collaboration: Team Building, Cooperation

CTE: No

Prerequisite: Students must have participated in choir from 7th grade through the 8th grade level or by audition.

Credit: 1 credit per quarter

College Credit: No

Students must be registered quarters 3 and 4 in order to participate in MSHSL contests.

Music Studies is a course largely involving additional performance as well as music history, music theory (note reading), and related topics. Seniors may have the opportunity to perform youth service during their fourth year of music studies.

**Any senior enrolled in 12/16 quarters of music through grades 9-12 and all 4 quarters their senior year is eligible for the spring New York City trip. Any exceptions must be approved by the instructor and administration.*

COLLEGE BAND: CIS **Full Year**

Preferred

Grade: 11-12

4 quarters

Durable Skills: Critical Thinking: Problem-Solving, Research, Prioritization, Investigation, **Collaboration:** Teamwork/Team Oriented, Team Building **Character:** Accountability, **Trustworthy Communication:**

Communications (hybrid/remote), Presentation

Leadership: Management, Decision Making

CTE: No

Credit: ½ credit per quarter

College Credit: Yes – 1 from CLC, Brainerd

Students must have participated in band from 6th grade through the current year and must be registered for a full year of band in order to receive credit for College Band.

PHYSICAL EDUCATION/HEALTH

PHY ED 9 **REQUIRED**

Grade: 9

1 quarter

Durable Skills: Collaboration: Team Building

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

The physical education curriculum is designed to promote physical development, self-esteem, and knowledge and introduce new enjoyable experiences for life-long physical and well-being. The class will offer a variety of individual, dual and team activities with emphasis on active participation and sportsmanship. The fitness training that was introduced in 8th grade will advance to a higher degree.

SENIOR HIGH PHY ED **REQUIRED**

Grade: 10

1 quarter

Durable Skills: Leadership: Project Management

Collaboration: Teamwork/Team Oriented

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

Emphasis will be placed on individual and team activities. This course will include testing on various skills, game rules, and strategies. A portion of each class will be directed at individual fitness training.

SENIOR HIGH HEALTH (10th Grade Health)

REQUIRED

Grade: 10

1 quarter

Durable Skills: Metacognition: Goal Setting

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

In health, students will be taking a look at themselves. Basic information leading to the development of an understanding of their value system, exercises in consequences and decision-making, followed by the study of health issues pertaining to physical, mental and social health.

(PHYSICAL EDUCATION/HEALTH CONTINUED)

PE SURVIVOR

Grade: 11-12

1 quarter

Durable Skills: **Collaboration:** Teamwork/Team Oriented

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

If you are a competitor, this class is for you. Students in this class should have the skills needed to play at a competitive level. We will be competing in individual and team challenges and changing teams up during the quarter.

PERSONAL FITNESS

Grade: 11-12

1 quarter

Durable Skills: **Growth Mindset**

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

Whether you're new to fitness or a seasoned athlete, this class will challenge you to push your limits and achieve your goals. Designed for all fitness levels, this class combines **weight lifting (3 days a week), cardio, agility, plyometrics, yoga and core exercises** to help you build muscle, burn calories, and improve endurance and flexibility. Students will determine their current fitness level, establish fitness goals, implement a fitness plan, and assess the effectiveness of the fitness plan. Come ready to sweat, push your limits, and have fun!

LIFETIME FITNESS

Grade: 10-12

1 quarter

Durable Skills: **Growth Mindset:** Action-Oriented

CTE: No

Prerequisite: **Completion of Senior High Physical Education**

Credit: 1

Grade: 10-12

College Credit: No

Lifetime Fitness is a physical education course designed to promote lifelong health and wellness through a variety of physical activities. Students will engage in fitness-based exercises, strength training, cardiovascular workouts, and recreational activities that emphasize personal fitness goals

and overall well-being. The course will focus on developing healthy habits, understanding the principles of exercise, and exploring ways to stay active beyond high school. Through participation, students will enhance their endurance, flexibility, strength, and coordination while learning the importance of maintaining an active lifestyle for long-term health.

SCIENCE

EARTH SCIENCE 9

REQUIRED

Grade: 9

2 quarters

Durable Skills: **Critical Thinking:** Intellectual Curiosity

CTE: No

Prerequisite: None

Credit: 2

College Credit: No

Earth Science explores the processes shaping our planet, including geology, meteorology, astronomy, and oceanography. Students will investigate natural phenomena, conduct hands-on experiments, and develop a deeper understanding of the Earth's systems and their impact on our environment.

BIOLOGY

GENERAL BIOLOGY I

REQUIRED

Grade: 10

2 quarters

Durable Skills: **Critical Thinking:** Problem Solving, Investigation

CTE: No

Prerequisite: **Physical Science or Instructor Approval**

Credit: 2

College Credit: No

Students in General Biology will gain an understanding of the study of living organisms. Topics include the nature of science, methods of science, chemistry in biology, cells, cell structure and function, membranes, photosynthesis, cellular respiration, cellular growth, and cellular reproduction.

(BIOLOGY CONTINUED)

GENERAL BIOLOGY II

REQUIRED

Grade: 10-12

2 quarters

Durable Skills: Critical Thinking: Investigation

CTE: No

Prerequisite: **General Biology I**

Credit: 2

College Credit: No

Students in General Biology II will gain an understanding of the study of biological subjects not covered in General Biology I. The subjects taught in this course will be Ecology, Classification, Microbiology and Zoology. Students enrolled in this course are expected to: 1. Explore the uses of biology in various careers and 2. Investigate biological questions and problems related to personal needs and societal issues. In addition students will be introduced to genetics, including human and applied genetics.

CRIMINAL INVESTIGATION

Grade: 10-12

1 quarter

Durable Skills: Critical Thinking: Analytical Thinking

CTE: No

Prerequisite: none

Credit: 1

College Credit: No

Introductory crime investigator courses introduce students to techniques used to gain information related to crimes. Course topics cover specific techniques for conducting a preliminary investigation. Students also learn the procedures for interviewing witnesses and suspects, processing crime scenes and conducting a basic forensic examination of evidence. The course may include practice in writing up reports from a crime scene.

CHEMISTRY AND PHYSICS

ENGINEERING

Grade: 10-12

1 quarter

Durable Skills: Critical Thinking: Investigation

Collaboration: Interpersonal Relationships, Scheduling

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

Engineering is the application of science, math, and technology to design, build, and use machines and structures. This course will focus on solving real world problems using science and technology skills. Students will be working in the areas of mechanical engineering, civil engineering, and electrical engineering.

ROBOTICS

Grade: 10-12

1 quarter

Durable Skills: Critical Thinking: Prioritization

Critical Thinking: Investigation **Collaboration:**

Teamwork/Team Oriented, Scheduling, Team Building

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

This class will explore basic computer coding and programming of robotic elements. This includes building simple robotic elements, including drivable and flyable devices.

GENERAL CHEMISTRY (UNLESS TAKING PHYSICS)

REQUIRED

Grade: 11-12

2 quarters

Durable Skills: Critical Thinking: Problem Solving, Critical Thinking, Analytical Thinking

Geog

CTE: No

Prerequisite: **Algebra I & Algebra II or Algebra with co-registration in Algebra II recommended or Instructor Approval**

Credit: 2

College Credit: No

Topics covered include the composition of substances, measuring materials, types of chemical reactions, and properties of gases. Also covered are topics in atomic structure, chemical bonding, energy of reactions and organic and biological chemistry. A Chemistry or Physics course is required for graduation.

PHYSICS

REQUIRED

(UNLESS TAKING GENERAL CHEMISTRY

Grade: 11-12

2 quarters

Durable Skills: Critical Thinking: Research, Critical Thinking, Analytical Thinking

CTE: No

Prerequisite: **Algebra I & Algebra II or Instructor Approval**

Credit: 2

College Credit: No

This science stresses the study of motion, forces, and all the various kinds of energy. The lab work emphasizes students

(CHEMISTRY AND PHYSICS CONTINUED)

being able to analyze various systems of physics through mathematics. A Chemistry or Physics course is required for graduation.

COLLEGE CHEMISTRY: CIS

Grade: 11-12

2 quarters

Durable Skills: Metacognition: Detail Oriented, Organization Skills, Time Management **Critical**

Thinking: Problem Solving, Research, Critical Thinking

Growth Mindset: Resourcefulness, Self-Sufficiency

CTE: No

Prerequisite: Algebra I & Algebra II, General Chemistry or Instructor Approval

Credit: 2

College Credit: Yes – 4 credits from CLC, Brainerd

This course is designed to be the equivalent of the general chemistry course usually taken during the first college year. Satisfactory completion of this course will earn college credit.

Topics covered include atomic theory, atomic structure, chemical bonding, nuclear chemistry, radioactivity and chemical applications, gases and gas laws, solution chemistry, chemical reactions, stoichiometry, equilibrium, kinetics and thermodynamics.

SOCIAL STUDIES

WORLD HISTORY 9

REQUIRED

Grade: 9

2 quarters

Durable Skills: Critical Thinking: Investigation

CTE: No

Prerequisite: None

Credit: 2

Grade: 9

College Credit: No

The major objective of this course is to meet the world history standards adopted by the state of Minnesota. Using our textbook, along with learning opportunities provided for in class, students will learn about world history from the earliest civilizations through the continuing effects of the events of September 11, 2001.

GEOGRAPHY 10

REQUIRED

Grade: 10

2 quarters

Durable Skills: Critical Thinking: Critical Thinking

Character: Accountability

CTE: No

Prerequisite: None

Credit: 2

College Credit: No

This class will explore the world from a geographic perspective. The course will examine many key issues in geography including local and global population patterns, settlement patterns, political units, economic geography, and the interaction between humans and their environment. Students will learn how to properly use geographic tools to explore these issues and many others.

AMERICAN HISTORY I

REQUIRED

Grade: 11

1 quarter

Durable Skills: Mindfulness: Empathy

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

American History I is a required course for graduation from Sauk Centre Secondary School. We will investigate the history of our nation from early-settlement to Reconstruction. We will study issues and events in American history looking at the themes of government, economics, foreign relation, diversity, and culture. Students will examine these topics and apply them to American society today. Topics covered will include: Settlement, English Colonies, American Revolution, U.S. Constitution, early years of the Republic, War of 1812, Industrial Revolution, Slavery, Civil War and Reconstruction.

AMERICAN HISTORY II

REQUIRED

Grade: 11

1 quarter

Durable Skills: Mindfulness: Empathy

CTE: No

Prerequisite: American History 1 or Instructor Approval

Credit: 1

College Credit: No

American History II is a required course for graduation from Sauk Centre Secondary School. We will investigate the history of our nation from the settlement of the West to the 1930s. We will study issues and events in American history looking at the themes of government, economics, foreign

(SOCIAL STUDIES CONTINUED)

relation, diversity, and culture. Students will examine these topics and apply them to American society today. Topics covered will include: Western Settlement, Gilded Age, Big Business and Industry, Early Labor Struggles, Immigration, Spanish American War, Imperialism, World War I, Roaring Twenties, and The Great Depression.

AMERICAN HISTORY III

REQUIRED

Grade: 11

1 quarter

Durable Skills: Mindfulness: Empathy

CTE: No

Prerequisite: American History 1 and 2 or
Instructor Approval

Credit: 1

College Credit: No

American History III is a required course for graduation from Sauk Centre Secondary School. We will study issues and events in American history looking at the themes of government, economics, foreign relation, diversity, and culture. Students will examine these topics and apply them to American society today. Topics covered will include: WWII, the Cold War, Civil Rights Movement, 1960s, Modern America, Terrorism, Post 9/11 America.

ECONOMICS

REQUIRED

Grade: 12

1 quarter

Durable Skills: Critical Thinking: Problem Solving, Critical Thinking,

CTE: No

Prerequisite: None

Credit: 1

College Credit: No

This course will be devoted to the study of Economics; the study of how wants and needs are satisfied with scarce resources. This class will provide the students with a basic understanding of the American Economic system. Topics that will be covered include the following: scarcity, trade-offs, opportunity cost, economic systems, specialization, global economics, demand and supply, market structures, measuring the economy, and managing the economy.

GOVERNMENT I AND II

REQUIRED

Grade: 12

2 quarters

Durable Skills: Critical Thinking: Critical Thinking

CTE: No

Prerequisite: None

Credit: 2

College Credit: No

This course will be devoted to political science and community studies. In the area of political science, the principle focus will be on the U.S. Constitution. The Bill of Rights, the history of the Constitution, and the three branches of government will be the areas that will be covered. Other specific areas that will be covered are the lawmaking process, the Electoral College and a mock trial, conservative and liberal politics and stabilizing the national economy. Community studies will help keep the students informed about what our local governmental bodies are doing.

PERSONAL FINANCE

NEW!

REQUIRED

Grade: 10-12

1 quarter

Durable Skills: Critical Thinking: Prioritization

Character: Accountability **Fortitude:** Resilience

CTE: No

Prerequisite: None

Credit: 1

Grade: 10-12

College Credit: No

Every day, students make economic decisions. This course is designed to help students make smart decisions. We will look at basic money management skills, including: planning a budget, banking, taxes, credit, debt, investment, insurance needs, and consumer awareness.

WEST STEARNS CEO

(CREATING ENTREPRENEURIAL OPPORTUNITIES)

Grade: 11-12

1 year

Durable Skills: Communications (hybrid/remote),

Negotiation, Social Media **Leadership:** Management,

Leadership, Project Management **Collaboration:** Team

Building, Cooperation, Remote/Virtual Teams **Creativity:**

Ideation, Experimentation, Brainstorming **Growth**

Mindset: Self-Starter, Curiosity, Entrepreneurship

Fortitude: Resilience **Fortitude:** Assertiveness, Calmness

Under Pressure, Self-Confident

CTE: No

Prerequisite: Application process

Credit: 4 (meets the Economics requirement)

College Credit: No

CEO is a year-long course designed to utilize partnerships that provide an overview of business development and processes. The local business community partners with area schools to create project based experiences for students by providing funding, expertise, meeting space, business tours

(SOCIAL STUDIES CONTINUED)

and one-on-one mentoring. Students visit area businesses, learn from guest speakers, participate in a class business, write business plans, and start and operate their own business. Business concepts learned through the experiential CEO class are critical; the 21st century skills of problem solving, teamwork, self-motivation, responsibility, higher order thinking, communication and inquiry are at the heart of student development throughout the course.

The class meets for **1 hour and 15 minutes each school day from 7:15-9:00 am** in a variety of businesses. The class is populated by students from Melrose, Sauk Centre, and Albany High School students and completely supported financially by our CEO Business Investors.

Students are required to provide their own transportation to meeting locations and dress business casual for all class sessions.

COMMUNITY ENGAGEMENT AMBASSADOR

Grade:12

(July 1, 2025 - March 31, 2026)

Durable Skills: Growth Mindset

CTE: No

Prerequisite: Application process

Credit: 1 (meets the Government 1 or Government 2 requirement)

College Credit: No

Community Engagement Ambassador is a year-long course designed to utilize partnerships that provide an overview of leadership, volunteerism, business development and processes, and community engagement. There will be opportunities to partner with nonprofit organizations, along with one-on-one mentoring for different local events. The local Chamber of Commerce will partner with students to create civil-based experiences by providing expertise, meeting space, business tours, and class schedules. Students visit businesses, learn from guest speakers, participate in local business meetings, explore resume building and applications, along with practicing interview skills. Community Engagement concepts learned through the experiential class are critical; the 21st-century skills of problem-solving, teamwork, self-motivation, responsibility, higher-order thinking, communication, and inquiry are at the heart of student development throughout the course.

The class meets for 70 hours from **July 1, 2025, to March 31, 2026**, in a variety of community locations and businesses. Students are required to provide their own transportation to meeting locations and dress business casual for all class sessions.

INDEPENDENT LEARNING

ATHLETIC DIRECTOR INTERNSHIP NEW

Grade: 12

1 quarter

Durable Skills:

CTE: No

Prerequisite: None

Credit: .5 credit per quarter (Pass/Fail elective credit)

Grades: 11-12

College Credit: No

Internships are nontraditional courses where students are responsible for assisting the Activities Office. Some of the tasks may include: preparing programs for events and competitions, updating websites, prepping for home events and competitions, creating videos, marketing, and other miscellaneous responsibilities. Interested students need to apply for positions. Internships are graded as Pass/Fail.

YOUTH SERVICE

Grade: 12

1 quarter

Durable Skills: Communication: Verbal

Communication Leadership: Leadership, Mentorship

Metacognition: Teaching Critical Thinking:

Prioritization, Intellectual Curiosity **Collaboration:**

Interpersonal Relationships **Character:** Self-Motivation

Growth Mindset: Curiosity Mindfulness: Compassion

CTE: No

Prerequisite: None

Credit: 1 credit per quarter, up to 2 quarters (Pass/Fail elective credit)

College Credit: No

This elective is an independent study class for students to perform a service that is of their choice and is meaningful to the school or our community. Students will attend a one day orientation to discuss their project with the Youth Services Coordinator. Students must be willing to make the commitment to complete 50+ hours of Youth Service per quarter to earn one credit. Other requirements include completion of weekly journals and a final paper.

All youth service projects must be pre-approved by the Youth Services Coordinator. Should students need assistance in finding placement, one will be appointed after the first day of orientation. Examples of volunteer projects could include classroom assistance, tutoring, working in a district office, yearbook assistance, visiting with residents in

(INDEPENDENT LEARNING CONTINUED)

the nursing home, etc. Students are encouraged to consider a volunteer placement off school grounds.

MATH YOUTH SERVICE

Grade: 11-12

1 quarter

Durable Skills: Communication

CTE: No

Prerequisite: **Pre-approval by math department**

Credit: 1 credit per quarter, up to 8 quarters (Pass/Fail elective credit)

College Credit: No

This elective is an independent study for students who excel at math and would be willing to serve as a peer tutor. Tasks may include supporting 7th and 8th grade students during study halls and/or providing peer support in other math classes.

TECH YOUTH SERVICE

Grade: 12

FULL semester preferred

Durable Skills: Critical Thinking

CTE: No

Prerequisite: **Pre-approval by technology department**

Credit: 1 credit per quarter, up to 8 quarters (Pass/Fail elective credit)

Grade: 12

College Credit: No

This independent study elective allows students to collaborate with the technology department, gaining hands-on experience in device troubleshooting and digital tool integration. Responsibilities include assisting with technology maintenance, updating training materials to reflect software updates and changes, and researching and implementing educational technologies. Students are required to complete weekly journals and a final paper.

INDEPENDENT STUDY

Grade: 12

1 quarter to 2 quarters

Durable Skills: Growth Mindset

CTE: No

Prerequisite: **GPA of B- or higher**

Credit: 1 credit per quarter, up to 2 quarters (Pass/Fail elective credit)

College Credit: No

Independent Study (IS) courses are designed to help students meet their educational goals. Independent study courses allow students to explore curricular areas not offered through our course schedule. These courses are taught voluntarily by licensed staff and must be accepted by the instructor and approved through the counseling office and administration.

The following requirements apply:

- Students must be a senior in good academic standing
- Because independent study requires self-motivation and excellent study habits
 - A cumulative grade point average of B- or higher
 - The student is responsible for initiating the process of setting up an independent study course
- Teachers are not required to teach an independent study course. Some courses may be supervised by the counselor or administration.
- All independent study courses are taken for Pass/Fail elective credit - no audits allowed.
- Students may enroll in only one independent study course per quarter
- Classes offered in the SCSS curriculum may not be taken as an independent study
- Students may not take more than 2 quarters of Independent Study courses

Procedure for setting up an independent study course:

- Student and instructor agree upon and write up an independent study proposal, including topics to be covered and the grading procedure.
- Student attaches the proposal to the Independent Study application (available from the school counselor) and obtains the required signatures.
- The completed application must be submitted to the school counselor by registration time.

ON THE JOB TRAINING

WORK BASED LEARNING

WORK EXPERIENCE

(PREVIOUSLY NAMED ON THE JOB)

Work Based Learning

Grade: 12

UP TO 4 QUARTERS

Durable Skills: Character: Accountability

CTE: Yes

Prerequisite: Career Seminar I and minimum of a 2.0 GPA required to enroll in the course.

Credit: 1 credit per quarter, up to 4 quarters (Pass/Fail elective credit)

College Credit: No

The on-the-job training program allows students to learn in the workplace and explore various careers. Work sites may vary from sales, service, banking retail, construction, farming, and home business opportunities. Training agreements and timesheets are required and all students enrolled must be employed within the first week of class. A student must work a minimum of 5.5 hours from Monday through Friday (weekend hours do not count). Numbers will be limited to 35 students a quarter, and students who have failing grades will be ineligible for the remainder of the year. OJT will be offered only during the fifth period. Students will need to attend class on the first day of each quarter they are in the class. Students must be working during their OJT time. Students will need to have a signed and returned form from their employer stating that they will have a job there during those hours before being able to enroll in this course.

CAREERS IN THE COMMUNITY/FELLING TRAILERS

Grade: 11-12

2 or 4 quarters

Durable Skills: Character: Accountability **Growth**

Mindset: Self-Sufficiency

CTE: Yes

Prerequisite: Welding I & application process required (course limited to 12 students).

Career Seminar needed for Q3 & Q4 at Felling Trailers.

Credit: 1 credit per quarter, up to 4 quarters

Qtrs 1-2: On-site welding lab training

Qtrs 3-4: PAID internships starting at \$16.50/hr available to those who apply and qualify

College Credit: No

This opportunity is for students who are interested in welding as a career or who want to take their welding skills to the professional level. Students will spend quarters 1 & 2 in the Felling Trailers welding lab learning the skills they need to help them be successful on the shop floor. Paid welding internship will be available to those who qualify quarters 3 & 4. Students will be expected to apply for the internships during the second quarter and go through an interview process just as they would to get hired as an employee. Many students who go through this program continue to work as employees for Felling Trailers

WEST STEARNS CEO

(CREATING ENTREPRENEURIAL OPPORTUNITIES)

Grade: 11-12

4 quarters

Durable Skills: Communications (hybrid/remote), Negotiation, Social Media **Leadership:** Management, Leadership, Project Management **Collaboration:** Teamwork/Team Oriented, Team Building, Cooperation, Remote/Virtual Teams **Creativity:** Ideation, Experimentation, Brainstorming **Growth Mindset:** Self-Starter, Entrepreneurship **Fortitude:** Resilience, Assertiveness, Calmness Under Pressure, Self-Confident

CTE: No

Prerequisite: Application process

Credit: 4 (meets the Economics requirement)

College Credit: No

CEO is a year-long course designed to utilize partnerships that provide an overview of business development and processes. The local business community partners with area schools to create project based experiences for students by providing funding, expertise, meeting space, business tours and one-on-one mentoring. Students visit area businesses, learn from guest speakers, participate in a class business, write business plans, and start and operate their own business. Business concepts learned through the experiential CEO class are critical; the 21st century skills of problem solving, teamwork, self-motivation, responsibility, higher order thinking, communication and inquiry are at the heart of student development throughout the course.

The class meets for **1 hour and 15 minutes each school day from 7:15-9:00 am** in a variety of businesses. The class is populated by students from Melrose, Sauk Centre, and Albany High School students and completely supported financially by our CEO Business Investors. Students are required to provide their own transportation to meeting locations and dress business casual for all class sessions.

(WORK BASED LEARNING CONTINUED)

COMMUNITY ENGAGEMENT AMBASSADOR

Grade: 12

(July 1, 2025 - March 31, 2026)

Durable Skills: Growth Mindset

CTE: No

Prerequisite: **Application process**

Credit: 1 (meets the Government 1 or Government 2 requirement)

College Credit: No

Community Engagement Ambassador is a year-long course designed to utilize partnerships that provide an overview of leadership, volunteerism, business development and processes, and community engagement. There will be opportunities to partner with nonprofit organizations, along with one-on-one mentoring for different local events. The local Chamber of Commerce will partner with students to create civil-based experiences by providing expertise, meeting space, business tours, and class schedules. Students visit businesses, learn from guest speakers, participate in local business meetings, explore resume building and applications, along with practicing interview skills. Community Engagement concepts learned through the experiential class are critical; the 21st-century skills of problem-solving, teamwork, self-motivation, responsibility, higher-order thinking, communication, and inquiry are at the heart of student development throughout the course.

The class meets for 70 hours from **July 1, 2025, to March 31, 2026**, in a variety of community locations and businesses. Students are required to provide their own transportation to meeting locations and dress business casual for all class sessions.

HEALTHCARE CAREERS IN THE COMMUNITY

Grade: 11-12

2 quarters

Durable Skills: Leadership: Decision Making

CTE: No

Prerequisite: **Biology II**

Credit: 2 (Quarters 1 & 2)

College Credit: No

Healthcare Careers in the Community is a semester-long course designed to utilize a partnership with CentraCare Health system. There will be opportunities to learn medical background knowledge, along with observational experiences in different medical departments. Additionally, both occupational and soft (employability) skills will be taught. Occupational skills are the specific technical skills and knowledge you need to do a job. Along with soft skills, sometimes called employability skills, are the foundational

skills you need to work, communicate with others, and problem solve. All these concepts are being taught to be relevant to 21st century learned skills.

The class meets for the first semester at Sauk Centre Secondary School. Second Semester will allow students to be at the Sauk Centre CentraCare facilities. Each week a different department or location in the hospital or clinic will be chosen/assigned. Students are required to provide their own transportation to meeting locations and dress according to CentraCare guidelines.

EMR (Emergency Medical Responder) **NEW!!**

Grade: 11-12

2 Quarters

Durable Skills: Leadership: Decision Making

CTE: Yes

Prerequisite: None

Credit: 2

College Credit: No

Following successful completion of this course, students will become certified as an Emergency Medical Responder within the state of MN. This course will enable students to develop the basic skills in emergency care, basic life support, and first aid. These skills would be valuable for individuals interested in becoming a police officer, emergency medical technician, paramedic, first responder, or others in becoming a police officer, emergency medical technician, paramedic, first responder, or others interested in careers in health care.

INFINITY ONLINE COURSES

Grade: 11-12

Durable Skills: Leadership: Management

Metacognition: Organizational Skills, Time Management

CTE: No

Sauk Centre Secondary has partnered with Infinity Online to offer additional class options for students. Each Infinity course requires two quarters, unless it is indicated as a full year course. Students will be assigned to a computer lab during the day and will not be able to leave school during their Infinity class period. Students will be expected to complete coursework during their class period at school, however most Infinity courses require additional homework time spent outside of the school day. Due to the high rigor of these courses students must be technology savvy, self-directed learners, problem solvers, intrinsically motivated, and independent thinkers.

FALL SEMESTER 2025

* Denotes a full year course (students must enroll for both semesters if they intend to earn a full year credit).

Math

College Prep Math
Consumer Math
Statistics A* (CIS)

Science

Astronomy
Forensic Science I
Marine Biology A

Social

Criminology
Cultural Anthropology (CIS)
Psychology (CIS)
Sociology

English

Short Stories

Prerequisites:

1. Teacher Recommendation
2. Parent Permission
3. Cumulative GPA for Juniors of 3.0 or above, and for Seniors 2.5 or above

Credits: Semester Class = 2, Full Year Class = 4

College Credit: College credit opportunity is denoted with (*CIS) and is awarded from CLC, Brainerd.

Any student who is interested in taking an Infinity class must meet with the counselor to complete the required paperwork and to verify eligibility requirements. Some classes fill quickly and students are encouraged to register as early as possible. For registration purposes, Infinity courses will be considered for primary requests only and will not be available as alternate elective choices. Any student who fails an Infinity course will not be eligible to register for any additional Infinity courses at Sauk Centre Secondary School. Course descriptions are available from the school counselor.

Critical Thinking & Study Skills

Young Adult Literature

World Language

American Sign Language I A
American Sign Language II A
French I A
French II A

Education

Early Childhood

Art

Art Around the World
Interior Design
Music Appreciation

Business

Career and Job Skills

Health and Physical Education

Health Occupations
Health & Wellness
Sports Medicine Introduction

SPRING SEMESTER 2026

* Denotes a full year course (students must enroll for both semesters if they intend to earn a full year credit).

Math

College Prep Math
Consumer Math
Probability & Data
Statistics B* (CIS)

Science

Forensic Science II
Forestry
Great Minds in Science
Marine Biology B

Social

American History (CIS)
Criminology
Economics (CIS)
Lifespan Development (CIS)

English

Creative Writing
Myths & Legends
Public Speaking

World Language

American Sign Language I B
American Sign Language II B
French I B
French II B

Business

Marketing

Education

Early Childhood

Art

Art Around the World
Art Appreciation (CIS)
Interior Design
Music Appreciation

Health and Physical Education

Health Science: Public Health
Health & Wellness
Medical Terminology (CIS)
Personal Development
Sports Medicine Injury Prevention
Wellness (CIS)