



Middle School Breakfast & Lunch Menu

April 2025

hello SPRING



Mon	Tue	Wed	Thu	Fri
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Key
Semi-Scratch Cooking Made Fresh in our Central Kitchen

1
Breakfast
Pizza Bagel Applesauce
Lunch
Chicken Alfredo Garlic Texas Toast Steam Broccoli Peppered Corn Diced Peaches

2
Breakfast
Pan Dulce Mixed Fruit
Lunch
Sloppy Joe Crinkle Cut Fries Shredded Lettuce Fresh Orange

3
Breakfast
Eggstravaganza Mini Chocolate Muffin Fresh Apple
Lunch
Chicken Sandwich Shredded Lettuce Sliced Tomatoes Pickles Fresh Pear

4
Breakfast
Mini Breakfast Bites Diced Peaches
Lunch
Pizza Stick/Tuna Sandwich Rainbow Carrots Spinach Blue Raspberry Rips

7
Breakfast
Raspberry Square Diced Peaches
Lunch
Garlic Cheesy Toast Marinara Sauce Garlic Parmesan Corn Mixed Fruit

8
Breakfast
Pancake on a Stick Applesauce
Lunch
BBQ Pork Sandwich Sweet BBQ Beans Colelaw Diced Peaches

9
Breakfast
Chocolate Chip Scone Mixed Fruit
Lunch
Homemade Turkey & Cheese Sandwich Baked Potato Chips Shredded Lettuce Sliced Tomatoes Pickles Granny Smith Apples

10
Breakfast
Mini Pancake Sandwich Banana
Lunch
Orange Chicken Chow Mein Shredded Carrots Shredded Cabbage Fresh Orange

11
Breakfast
Honey Wheat Bar Diced Peaches
Lunch
Pizza Wedge/Tuna Sandwich Spring Mix Cherry Tomatoes Raspberry Passionfruit Rips

CHOICES

Breakfast
Mon-Wed
• Fruit Smoothie With Pop Oats
Daily
• Whole-Grain Cereals/String Cheese
• Fruit Parfait
Thurs & Fri
• 100% Fruit Juice

Lunch
Mon & Tues
• Buffalo Wings
Thurs & Fri
• Chef Salad
Daily
• Bistro Pizza
• Spicy Chicken Sandwich
• Super Pretzel

14
Breakfast
Crumb Square Diced Peaches
Lunch
Corn Dog Bites Sweet BBQ Beans Crinkle Cut Fries Mixed Fruit

15
Breakfast
Early Risers Applesauce
Lunch
Chicken Pozole Tortilla Chips Shredded Cabbage Radish/ Diced Onions Limes Tangerines

16
Breakfast
French Toast Sticks Mixed Fruit
Lunch
Egg Bites Froot Loop Waffle Tater Tots Cherry Tomatoes Spinach Orange Juice

17
Breakfast
Egg & Sausage Burrito Apple
Lunch
Fish Sandwich Shredded Lettuce Sliced Tomatoes Strawberries

18
Good Friday

21
Breakfast
Banana Bread Square Diced Peaches
Lunch
Mac N Cheese Steamed Broccoli Perfect Pinto Beans Bunny Grahams Hip hop Rosati

22
Breakfast
Breakfast sausage Pizza Applesauce
Lunch
Rotini With Meat Sauce Breadstick Spinach Tri Color Peppers Diced Peaches

23
Breakfast
Ultimate Breakfast Round Mixed Fruit
Lunch
Beef Burger Crinkle Cut Fries Shredded Lettuce Sliced Tomatoes Pink Lady Apples

24
Breakfast
Mini Chicken & Waffle Sandwich Banana
Lunch
Popcorn Chicken Cornbread Savory Green beans Mexicorn Gold Nugget Mandarins

25
Breakfast
Chocolate Banana Benefit bar Diced Peaches
Lunch
Domino's Pizza 3 way Salad Carrot Sticks Mixed Fruit

28
Breakfast
Strawberry Smoothie Waffle Graham Diced Peaches
Lunch
Super Pretzel Nacho Cheese Sauce String Cheese Steamed Broccoli Refried Beans Mixed Fruit

National Pretzel Day

29
Breakfast
Pizza Bagel Applesauce
Lunch
Chicken Drumstick Breadstick Savory Green Beans Garlic Parmesan Corn Diced Peaches

30
Breakfast
Pan Dulce Mixed Fruit
Lunch
Chicken Alfredo Texas Toast Broccoli Buds Shredded Carrots Fuji Apples

WHAT MAKES A LUNCH?
Select 3-5 components

DAIRY GRAINS VEGETABLES
FRUIT PROTEIN

one must be a FRUIT or VEGGIE

WHAT MAKES A BREAKFAST?
Select three items in total

MILK GRAINS JUICE FRUIT

one must be a FRUIT or JUICE

Choice of Milk Offered Daily