

Counseling Agencies

*indicates updated 2020

Agency	Address	Phone Number/Fax	Email or website	Insurance	Contact Person	Other Info
*Behavioral Solutions	215 Bres Ave, Ste. C Monroe, LA 71201	318-509-8073	Email: behavioral_solutions@c omcast.net	Medicaid	Dr. Yolanda Dupre	Provides services ages 5 and above - CPST, Crisis Intervention, Medication Management (Dr. Agarwal 1x month), Clinical Assessments, PSR
Blanchard, Nancy (LPC)	2106 N. 7 th Ste. 105 West Monroe, LA 71291	318-582-9973	Nancyblanchard@gmail.com	Medicaid and private insurance	Nancy Blanchard	
*Center for Children & Families	622 Riverside Dr. Monroe, LA 71201	318-398-0945 318-398-4314 (fax)	www.standforhope.org	Medicaid eligible	Brittany Jones	Provides services ages 4 and above - CPST, Crisis, Medication Mgmt (Dr. Tony Young), FFT-CW, FFT, MST
*Center for Counseling and Psychological Resources	2106 N. 7 th Street Suite 230 West Monroe, LA 71291	318-224-7223	https://www.ccprla.org/ e-mail: info@ccprla.org	Medicaid and private insurance		Individual, couples, family counseling; play therapy; eating psychology and counseling; psychological testing; accelerated resolution therapy
*Christian Counseling & Discipleship Center - Whitesferry Road Church of Christ	3201 N. 7 th St. West Monroe, LA 71291	318-396-8152 318-396-8153 (Fax)	www.cccofwm.com	Blue Cross Blue Shield & Vantage, private pay	Christina Albritton	Counseling services - preschool and above
*Cognitive Development Center	4951 Central Ave Monroe, LA 71203	318-340-1535 318-340-1539 (fax)		Medicaid and some private insurance	Stefany Drungo	Provides services ages 6 and above - psychosocial rehabilitation, community psychiatric supportive therapy (Dr. Rita Agarwal and Dr. Rowden), MST, substance abuse
*Community Rehabilitation Center	2414 Ferrand Ste. 1 Monroe, LA 71201	318-325-0072 318-325-0070 (fax)		Medicaid	Tiffany Wyatt	Provides counseling services ages 4 and above; medication mgmt. - Dr. Kimberly Law (2x month)
Crossroads Counseling and Research	208 Cole Ave Monroe, LA 71203	318-345-5183	www.crsrds.com	Medicaid and Private insurance	Dr. Bagley	Provides services ages 5 and above

*Easy Living Behavioral Health	1505 N. 7 th St. West Monroe, LA 71291	318-322-4770		Medicaid and some private insurance	Nancy Kelly	Provide services ages 4 and above - individual and group counseling, psychiatric services (Dr. Buckles), substance abuse/addiction, case management
*Macro Group (part of Ebanks Clinicians)	1602 Royal Ave Monroe, LA 71201	318-325-7725 318-325-7735 (fax)	www.ebanksinjuryclinicians.com	Medicaid	Dustin Ebanks	Mental health, psychiatrist (Dr. Rita Agarwal), and licensed counselors. Counselors provide services in the school, home and community.
*Family New Life	3100 Kilpatrick Blvd Monroe, LA 71201	318-325-8050 318-325-5385 (fax)	www.fnltrehab.com	Medicaid	Jessica Ezell	Provides services ages 5 and above; outpatient mental health facility - offer in-home counseling and medication mgmt. Dr. Aruna Gullapalli
Family Plus	3101 Armand St. Ste. 1 Monroe, LA 71202	318-343-3528		Private insurance - sliding scale	Earline Chance	Provides services ages 5 and above
*Family Solutions Counseling Center	1103 Hudson Lane Monroe, LA 71201	318-322-6500 318-322-5118 (fax)	www.familyolutionscounseling.org	Private insurance, Private pay, Medicaid	Bill Riddle	Provides services to Children, adolescents, family services, Autism Center - ABA; med mgmt; OT, PT, Speech
*Finding Solace Counseling	403 N. 6 th St. Ste 2 West Monroe, LA 71291	318-737-7201	www.findingsolacecounseling.com	Private insurance, private pay, sliding scale	Ashley Lynch	Provides family and individual counseling - ages 5 and up.
*First West Counseling Center	212 Cypress St West Monroe, LA 71291	318-322-1427 318-322-1477 (fax)	Fwcounseling.cc	\$55 per hour; no insurance; reduced fee for financial need approved (\$35)	Todd Sherwin Project HELP: Jana Hutzler	First West: Ages 6 and above Project HELP (during school hours): provides services to Riser Elementary/Middle, Lenwil
Forsythe Counseling Center	2101 Forsythe Ave Monroe, LA 71201	318-366-8184		Private Pay, Private Insurance	Amber White	Family Therapist
*Free, Sherry LCSW	2105 University Avenue Monroe, LA 71203	318-355-2761	N/A	Most private insurances and employee assisted	Sherry Free	Individual, marriage, family counseling - ages 6 and above.

				programs (EAP)		
*Granberry Counseling Center: LA Baptist Children's home + North Monroe Baptist Church	7200 DeSiard St Monroe, LA	318-345-8200 318-342-8049 (Fax)	www.granberrycounseling.org	Sliding scale, some private insurance	Kathy Eichelberger	Provides services to ages 6 and above for individual, family services
Health Paradigm	1506 Stubbs Ave Monroe, LA 71201	318-251-2322		Private insurance and Medicaid	Dr. Vandenberg's Monroe office	Tuesdays only
*Health Point Center	1818 Avenue of America Monroe, LA 71201	318-998-2700 318-998-2703 (fax)	www.healthpointcenter.com	Private Insurance; Vantage; self-pay; Medicaid	Amy Moore or any office staff	Dr. Thomas: psychologist - testing/counseling; play therapy, individual and family counseling; 3 & above
*Horizons Rehabilitation Center	2911 Cameron Street Monroe, LA 71201	318-651-9363		Medicaid	Kerry Scott - Clinical Director	Provides services ages 5 and above; individual, family, substance abuse, CPST, PSR services; nurse practitioner on staff for med mgmt
Ilana Wahlder Counseling	2205 Justice, Suite D Monroe, LA 71201	318-355-2866				
*Immanuels Healing Center	2404 Ferrand St. Ste 23 Monroe, LA 71201	318-323-0463 318-323-0465 (fax)		Medicaid and sliding scale	Courtney Wyatt	Provides counseling services to ages 4 and above; med mgmt (Dr. Kimberly Law) - PSR, CPST, Crisis, Behavioral
J Bryan Counseling	1215 Cypress St. West Monroe, LA 71291	318-605-2173				
*Jabour, Ned, PhD	300 Washington St. Ste. 100A Monroe, LA	318-387-7722		Private Insurance		Marriage, Family, and Child Counseling
*Jodi Valentine Counseling	101 N. 2 nd St. West Monroe, LA 71291	318-737-7407		Medicaid-Private Insurance		Provides services ages 5 and above
Northeast Delta Human Service Authority (Monroe Mental Health)	3200 Concordia Monroe, LA 71201	318-362-5188 1-800-256-2522 (after hours)	www.nedeltahsa.org	Medicaid-Private Insurance		

*Rehab Services of NELA	4306 South Grand St. Monroe, LA 71202	318-324-5441 318-324-5442 (fax)		Medicaid only - do not have to have a physician referral		CPST, PSR, and med mgmt (Dr. Janice Hollier), Independent Living Skill Building (ILSB)
*River City Professional Counseling Services	1210 Stubbs Ave Monroe, LA 71201	318-325-8782 318-325-8749 (fax)		Medicaid	Deborah Dublin	Outpatient substance abuse, mental health counseling, and family therapy; med mgmt. (Dr. Rita Agarwal, Dr. Calvin Walker)
*Rivers South Rehabilitation Center	1010 N. 9 th St. Monroe, LA 71201	318-410-1062 318-410-1065 (fax)		Medicaid - all except Louisiana Healthcare	Kimberlee Ross	Behavioral health services from ages 6-99 (ADHD, schizophrenia, bipolar, ODD, etc.) Med Mgmt (Martha Phillips, PMHNP and Dr. Conley)
*Strategic Counseling Solutions	2106 N. 7 th St. Ste. 205 West Monroe, LA 71291	318-450-8719		Medicaid-Private Insurance	Amy Snow	Play therapy offered, family and individual counseling
*ULM Marriage & Family Therapy/Community Counseling Clinic	500 Bayou Dr. Strauss Hall, Room 112 Monroe, LA 71209	318-342-5678 318-342-3629 (fax)		\$25 - 1 st session \$20 - following sessions or sliding scale fee; free for ULM students and military	Dr. Van Frusha - Clinic Director	Individual, family, couples therapy. Any age.
Wellness Initiatives, LLC	1900 N. 18 th St. Ste. 414 Monroe, LA 71201	318-410-1555		Medicaid and private insurance	Beatrice Tatum	
*Wellspring Counseling	1904 Royal Ave. Monroe, LA 71201	318-323-1505	www.wellspringalliance.org	Medicaid and private insurance	Lisa Longenbaugh	Services for children and adults - abuse victims

Psychologists (Private Practice)

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Provider	Address	Phone Number/Fax	Email or website	Insurance	Contact Person	Other Info
*Baker, E.H., PhD, MP Hill, Candi, PhD	1502 Stubbs Ave Monroe, LA 71201	318-323-8700		Private insurance		Psychological testing, medication
*Williams, David, PhD, MP	1410 Royal Ave. Monroe, LA 71201	318-998-3511		Private insurance		Psychological testing, medication
*Thomas, Terry, PhD Thigpen, Sally, PhD	1818 Avenue of America Monroe, LA 71201	318-998-2700		Private insurance		Psychological testing, medication
Moore, David, PhD	805 Stubbs Ave. Monroe, LA 71201	318-340-9020				
Thomason, David, PsyD, MP	1888 Hudson Circle, Ste 8 Monroe, LA 71201	318-322-0770				

Psychiatrists

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Provider	Address	Phone Number/Fax	Email or website	Insurance	Contact Person	Other Info
Agarwal, Rita, MD	3711 Cypress St. West Monroe, LA			Medicaid only		
*Zentner, Scott, MD - Family Solutions Autism Center	1300 Hudson Lane Monroe, LA 71201	318-322-6500		Private insurance		
Gullapalli, Aruna, MD				Medicaid only		
Health Paradigm (Vandenberg)	1506 Stubbs Ave Monroe, LA 71201	318-323-7841		Medicaid only		
Vandenburg, Herbert, MD	615 S. Trenton St. Ruston, LA	318-251-2322				
*Walker, Calvin, MD	433 Bayou Oaks Drive Monroe, LA	318-323-0700		Medicaid only		
*Young, Tony, Medical Psychologist	701 Walnut St. Monroe, LA 71201	318-398-1788 318-398-7154 (fax)		Medicaid only		Medication management - Center for Children and Families
Turpin, John, MD	3421 Medical Park Monroe, LA 71203	318-966-6394				

Neurologist

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Provider	Address	Phone Number/Fax	Email or website	Insurance	Contact Person	Other Info
Pena-Miches, Aristoteles, MD	500 Hall Street Monroe, LA 71201	318-323-8700				

Psychiatric Hospitals

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Provider	Address	Phone Number/Fax	Email or website	Insurance	Contact Person	Other Info
Brentwood Hospital	1006 Highland Ave. Shreveport, LA 71101	1-877-678-7500	www.brentwoodbehavioral.com			
Cypress Grove	4673 Eugene Ware Blvd Bastrop, LA 71220	318-281-2448 318-281-2499 (fax)				
Glenwood Behavioral Health Unit	128 Ridgedale Drive West Monroe, LA 71291	318-329-4525 318-329-4526 (fax)				Provides services to ages 18 and over
Longleaf Hospital	44 Versailles Blvd Alexandria, LA 5111	318-445-5111	www.longleafhospital.com			
Serenity Springs Hospital	1495 Frazier Road Ruston, LA 71270	318-202-3860	www.serenityhospital.com			Provides services to ages 18 and over
St. Patrick Mental Health Service	3421 Medical Park Drive Monroe, LA 71203	318-966-4000				Provides services to ages 18 and over

Related Services

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Provider	Address	Phone Number/Fax	Email or website	Insurance	Contact Person	Other Info
*Another Chance Enterprise	2808 Evangeline St. Monroe, LA 71201	318-325-9503 318-325-9504 (fax)	www.anotherchancela.com	Medicaid; Some Private insurance	Billy Foster-owner	Provides services ages 5 and above; EPSDT: Early and Periodic Screening Dx and Treatment; Youth Respite Services/Youth Worth It
*Ascent (Formerly Wraparound)	502 N. 2 nd Street Monroe, LA 71201	318-654-4245	www.ascentlife.org	Medicaid only	Brady Middleton	Can refer online; case management, facilitating services for families
Behavioral Developmental Resources (Applied Behavioral Analysis - ABA)	3201 Armand Monroe; 107 McMillan West Monroe; 2106 N. 7 th West Monroe	318-600-6640				
Blooming Potential (ABA and Speech Therapy)	501 McMillan Road West Monroe, LA	318-582-5889 318-550-4726 Fax				
Children's Coalition for NELA	1363 Louisville Ave Monroe, LA 71201	318-323-8775	www.childrenscoalition.org			Early Head Start, teacher training, parent education, after-school and school-based programs, youth development activities
The Behavior Train (ABA)	628 Commercial Pkwy Unit 2 West Monroe, LA 71292	318-588-8908				