



Helpers in Your Community: Is the helper able, available and acceptable?

CRISIS (DISTRESS) CENTER: 988; or text HELP to 741-741	
SUICIDE PREVENTION CENTER: (318) 387-5683	
TEEN LINE: 504-777-3273crisisteen text line	
RAPE/SEXUAL ASSAULT CENTER: 800-656-4673	
DOMESTIC VIOLENCE HOTLINE: 800-799-7233	
SEXUAL ABUSE HOTLINE: 800-656-4673	
CHILD ABUSE HOTLINE: 855-452-5437	
POLICE: 911; Ouachita Parish Sheriff's Dept (318)329-1200	
PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 - landline displays your exact location	
MENTAL HEALTH CRISIS / RESPONSE: (318)327-1362 Ouachita Parish Coroner will help with a mental health crisis to get patient admitted into a mental health hospital who refuses help	
HOSPITAL EMERGENCY SERVICES: St. Francis Medical Center (318)323-3426	
Homeless Shelters Resources: (318)998-6030; Google "211" or homelessshelterdirectory.org	
YOUTH SHELTER: (318)345-5556 Our House Help for Teenagers	
MENTAL HEALTH OUTREACH CLINIC: Aimwell (855)802-1592; Allegiance (866)798-0552	
CHILDREN/YOUTH PSYCHIATRIC CLINIC: NEDHSA (844)758-6242	
PRIVATE PRACTITIONERS: Robert Calhoun (318)816-9055; Joanie Groves (318)512-4112	
MEDICAL CLINIC / GENERAL PRACTITIONER: Monroe Medical Clinic (318)322-7836; Affinity Walk-in clinic (318)807-0525	
STD INFORMATION AND TESTING SITES: 800-311-3435 CDC- STD Hotline	
CHILDREN'S SERVICES OFFICES: Children & Family Services (318)362-5417	
STUDENT SERVICES: Ouachita Parish School Board (318)432-5000	
CHILD CARE REFERRALS: Childcarecenter.us	
PARENT TRAINING Children's Coalition - parenting - (318)323-8775	
FAMILY SUPPORT SERVICES Child Welfare (318)362-5417	
SUBSTANCE ABUSE COUNSELING: (800)304-2219	
ALCOHOLICS ANONYMOUS: 866-641-9190	
MENTAL HEALTH SERVICES: Ouachita parish health unit (318)361-7370	
RELIGIOUS/SPIRITUAL SUPPORT: Any local church - the religious leader is there to support you.	
LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE: Ouachita DA's Office (318)388-4720	
COMMUNITY CORRECTIONS OFFICERS: Ouachita Sheriff (318)329-1200	
Other: SaveCenla.com	Other: 211 or (Resource center)
Other: Dept of Veterans Affairs (318)362-5137	Other: https://www.depression-anxiety-stress-test.org/ ; survivorsofsuicide.com
Other: Betterhelp.com	Other: NEDHSA 318-362-3270