

Fort Worth ISD Middle School Lunch 6-8th

April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 2px solid gold; padding: 10px; display: inline-block;"> ARAB AMERICAN HERITAGE MONTH </div>	1 Beef Nachos with Spanish Rice Chicken Cobb Salad with Baked Pretzel French Fries Fresh Cherry Tomatoes	2 Walking Taco Fiesta Tostada with Spanish Rice Sunbutter/Jelly Sandwich Turkey Chef Salad with Baked Pretzel French Fries Cole Slaw 	3 BBQ Chicken Sandwich Walking Cheese Nachos Yogurt and Cheese Plate with Baked Pretzel Pinto Beans Cole Slaw	4 Chicken Tenders with Roll Chili Cheese Dog Mini Pancake Bites with Cheesy Eggs Turkey Chef Salad with Baked Pretzel Mashed Potatoes with Gravy Steamed Carrots 
7 Beef Meatloaf with Roll Breaded Beef Fingers with Roll Popcorn Chicken Salad with Garlic Breadstick Mashed Potatoes with Gravy Corn	8 Popcorn Chicken with Roll Mac and Cheese with Garlic Breadstick Turkey Chef Salad with Baked Pretzel French Fries Roasted Broccoli	9 Chicken and Waffle Popcorn Chicken Salad with Garlic Breadstick French Fries Fresh Broccoli 	10 Cheddar Cheese Nachos with Spanish Rice Chicken Alfredo with Garlic Breadstick Yogurt and Cheese Plate with Baked Pretzel Pinto Beans Steamed Carrots	11 Breaded Beef Fingers with Dinner Roll Popcorn Chicken Salad with Garlic Breadstick Mashed Potatoes with Gravy Corn
14 Toasted Waffle with Sausage Chicken Fajita Nachos with Spanish Rice Turkey/Cheese Sandwich Green Beans Peas and Carrots 	15 Chicken Meatball Sub Popcorn Chicken Salad with Garlic Breadstick French Fries Fresh Spinach Salad	16 Chicken Fajita Nachos with Spanish Rice Chili Cheese Tamale with Spanish Rice Yogurt and Cheese Plate with Baked Pretzel Roasted Zucchini Fresh Baby Carrots	17 Southwest Baked Potato with Twisted Breadstick Chicken Nuggets with Roll Chicken Corn Dog Chicken Cobb Salad with Baked Pretzel Mashed Potatoes with Gravy Fresh Baby Carrots	No School!
21 Cowtown Cornbread with Roll Cheddar Cheese Nachos with Spanish Rice Grilled Cheese Sandwich Turkey/Cheese Sandwich Black Beans Fresh Cherry Tomatoes	22 Chicken Dumplings with Fried Rice Spicy Popcorn Chicken with Dinner Roll Chili Cheese Dog Popcorn Chicken Salad with Garlic Breadstick Roasted Broccoli Peas and Carrots DIRT PUDDING! 	23 Beef Tamales with Cheese Sauce and Spanish Rice Powder Sugar Dusted French Toast Sticks with Sausage Yogurt and Cheese Plate with Baked Pretzel Tater Tots Celery Sticks COOL TROPICS 	24 Chicken Quesadilla with Spanish Rice Popcorn Chicken Salad with Garlic Breadstick Pinto Beans Roasted Broccoli Fresh Baby Carrots	25 Macaroni and Cheese with Garlic Breadstick Chicken Corn Dog Chicken Cobb Salad with Baked Pretzel French Fries Celery Sticks
28 Cheddar Cheese Nachos with Spanish Rice Spaghetti and Meat Sauce with Garlic Breadstick Turkey/Cheese Sandwich Roasted Zucchini Glazed Carrots	29 Chicken Potato Bowl with Garlic Breadstick Popcorn Chicken with Roll Grilled Cheese Sandwich Chicken Cobb Salad with Baked Pretzel Mashed Potatoes with Gravy Roasted Broccoli	30 Chicken Quesadilla with Spanish Rice Chicken Fried Rice Turkey/Cheese Sandwich Pinto Beans Fresh Cucumbers	Selections Vary Daily: Hamburger, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Meatlover's Pizza, Seasonal Fresh or Canned Fruit, Assorted Milk	

This Month

Breakfast
for
Lunch!

