

## Fort Worth ISD Middle School Lunch 6-8<sup>th</sup> May 2025

Monday

\*\*Alsian\*\*

\*\*AMERICAN\*\*

\*\*Pacific\*\*

\*\*ISLANDER\*\*

## Tuesday

Jewish American Heritage Month 1

Beef Nachos with Spanish Rice Chicken Cobb Salad with Baked Pretzel French Fries Fresh Cherry Tomatoes

**Thursday** 

2

\*Manager's Special
Walking Taco
Fiesta Tostada with
Spanish Rice
Turkey Chef Salad with
Baked Pretzel
French Fries
Cole Slaw

**Friday** 

5

BBQ Chicken Sandwich
Walking Cheese Nachos
Yogurt and Cheese Plate
with Baked Pretzel
Pinto Beans
Cole Slaw

6 2

Carolina BBQ Pork Sandwich Chicken Tenders with Roll Chill Cheese Dog Mini Pancake Bites with Cheesy Eggs Turkey Chef Salad with Pretzel Mashed Potatoes with Gravy Steamed Carrots

7

\*Manager's Special
Breaded Beef Fingers with
Roll
Popcorn Chicken Salad
with Garlic Breadstick
Mashed Potatoes with Gravy
Corn

Wednesday

8

Popcorn Chicken with Roll Mac and Cheese with Garlic Breadstick Turkey Chef Salad with Baked Pretzel French Fries Roasted Broccoli 9

\*Manager's Special Chicken and Waffle Popcorn Chicken Salad with Garlic Breadstick French Fries Fresh Broccoli

12

Cheddar Cheese Nachos with Spanish Rice Chicken Alfredo with Garlic Breadstick Yogurt and Cheese Plate with Baked Pretzel Pinto Beans Steamed Carrots 13 *Endy Fray Day* 

**BIG-CITY BITES** 

Breaded Beef Fingers with Dinner Roll Popcorn Chicken Salad with Garlic Breadstick Mashed Potatoes with Gravy Corn 14

\*Manager's Special
Toasted Waffle with Sausage
Chicken Fajita Nachos
with Spanish Rice
Turkey/Cheese Sandwich
Green Beans
Peas and Carrots

15 Islan

Islander Pork Sandwich Meatball Sub Popcorn Chicken Salad with Garlic Breadstick French Fries Fresh Spinach Salad 16

\*Manager's Special
Chicken Fajita Nachos with
Spanish Rice
Chili Cheese Tamale with
Spanish Rice
Yogurt and Cheese Plate
with Baked Pretzel
Roasted Zucchini
Fresh Baby Carrots

19

Southwest Baked Potato with Twisted Breadstick Chicken Nuggets with Roll Chicken Corn Dog Chicken Cobb Salad with Baked Pretzel Mashed Potatoes with Gravy Fresh Baby Carrots 20 Bucky Fray Day

Carolina BBQ Pork
Sandwich
Cheddar Cheese Nachos
with Spanish Rice
Grilled Cheese Sandwich
Turkey/Cheese Sandwich
Black Beans
Fresh Cherry Tomatoes

21

\*Manager's Special
Chicken Dumplings
with Fried Rice
Spicy Popcorn Chicken
with Roll
Chilli Cheese Dog
Popcorn Chicken Salad
with Garlic Breadstick
Roasted Broccoli
Peas and Carrots

22

Beef Tamales with Cheese Sauce and Spanish Rice Powder Sugar Dusted French Toast Sticks with Sausage Yogurt and Cheese Plate with Baked Pretzel Tater Tots Celery Sticks 23

LAST DAY!

26

MEMORIAL DAY ī

27

28

29

30













## **Selections Vary Daily:**

Hamburger, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich, Cheese Pizza, Pepperoni Pizza, Meatlover's Pizza, Seasonal Fresh or Canned Fruit, Assorted Milk

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