



FWISD High School Lunch Menu

May 2025

Monday

Tuesday

Wednesday

Thursday

Friday



1

Cowtown Cornbread
Bacon Cheeseburger
Turkey Chef Salad with
Baked Pretzel
French Fries
Fresh Baby Carrots

2

***Manager's Special**
Walking Taco
Fish Sticks with Mac and
Cheese
Popcorn Chicken Salad
with Roll
Roasted Broccoli
Celery Sticks



5

Walking Cheese Nachos
Fiesta Tostada with Spanish
Rice
Spicy Buffalo Chicken Wrap
Pinto Beans
Steamed Carrots



6

Lucky Fray Day

Carolina BBQ Pork Sandwich
Chicken Alfredo with Garlic
Breadstick
Breaded Beef Fingers with Roll
Chili Cheese Dog
Popcorn Chicken Salad with Roll
Mashed Potatoes with Gravy
Fresh Cherry Tomatoes

BIG-CITY BITES

7

***Manager's Special**
Breaded Beef Fingers with
Roll
Spicy Chicken Chef Salad
with Roll
Mashed Potatoes with
Gravy
Celery Sticks

8

Chicken Fried Rice
Chili Cheese Dog
Spicy Popcorn Chicken
with Roll
Spicy Chicken Chef Salad
with Roll
Roasted Broccoli
Fresh Cherry Tomatoes

9

***Manager's Special**
Popcorn Chicken with Roll
Chicken Cobb Salad with
Baked Pretzel
Waffle Fries
Fresh Broccoli

12

Chicken Alfredo with
Garlic Breadstick
Turkey/Cheese Sub
Glazed Carrots
Fresh Broccoli

13

Lucky Fray Day

Breaded Beef Fingers with Roll
Spicy Chicken Chef Salad
with Roll
Mashed Potatoes with
Gravy
Celery Sticks

14

***Manager's Special**
Beefy Mac with Twisted
Breadstick
Eggoji Waffle with Sausage
Turkey/Cheese Sub
Pinto Beans
Fresh Baby Carrots



15

Islander Pork Sandwich
Bacon Cheeseburger
Chicken Cobb Salad with
Baked Pretzel
Waffle Fries
Side Salad



16

***Manager's Special**
Beef Nachos with Spanish
Rice
Chicken Tenders with Roll
Spicy Buffalo Chicken Wrap
Roasted Zucchini
Fresh Baby Carrots

19

Southwest Baked Potato
with Twisted Breadstick
Chicken Tenders with Roll
Chicken Potato Bowl
with Garlic Breadstick
Chicken Cobb Salad with
Baked Pretzel
Mashed Potatoes
Fresh Cherry Tomatoes

20

Lucky Fray Day

Carolina BBQ Pork Sandwich
BBQ Chicken Fries with
Twisted Breadstick
Beef Nachos with Spanish Rice
Chili Cheese Dog
Turkey/Cheese Sub
French Fries
Steamed Carrots

BIG-CITY BITES

21

***Manager's Special**
BBQ Chicken Sandwich
Boneless Buffalo Wings with Roll
Mac and Cheese with Garlic
Breadstick
Popcorn Chicken with Roll
Popcorn Chicken Salad with Roll
Waffle Fries
Fresh Baby Carrots

22

Chicken Fajita Nachos
with Spanish Rice
Powder Sugar French Toast
Sticks with Sausage
Turkey/Cheese Sub
Pinto Beans
Tater Tots



23



26

**MEMORIAL
DAY**

27

28

29

30

This Month

Breakfast
for
Lunch!

**CINCO
DE
MAYO**



**CHARLESTON
BIG-CITY BITES**
PULLED CAROLINA
BBQ SANDWICH

Islander
Pork Sandwich

*Lucky
Fray Day*
TREAT TUESDAYS

Selections Vary Daily: Cheese, Meat-Lover's, Buffalo Chicken, or Pepperoni
Pizza, Hamburger, Cheeseburger,
Spicy or Regular Chicken Sandwich,
Seasonal Fresh or Canned Fruit, Milk

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