



# FWISD High School Lunch Menu April 2025

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



**ARAB  
AMERICAN  
HERITAGE  
MONTH**

**7**  
Breaded Beef Fingers with Dinner Roll  
Spicy Chicken Chef Salad with Dinner Roll  
Mashed Potatoes with Gravy  
Celery Sticks

**14**  
Beefy Mac with Twisted Breadstick  
Turkey/Cheese Sub  
Eggoji Waffle with Sausage  
Pinto Beans  
Fresh Baby Carrots

**21**  
BBQ Chicken Fries with Twisted Breadstick  
Beef Nachos with Spanish Rice  
Chili Cheese Dog  
Turkey/Cheese Sandwich  
French Fries  
Steamed Carrots  
Pinto Beans

**28**  
Beef Nachos with Spanish Rice  
Orange Popcorn Chicken with Fried Rice  
Yogurt and Cheese Plate with Baked Pretzel  
Roasted Zucchini  
Glazed Carrots

**1**  
Cowtown Cornbread with Roll  
Bacon Cheeseburger  
Turkey Chef Salad with Baked Pretzel  
French Fries  
Fresh Baby Carrots

**8**  
Chicken Fried Rice  
Chili Cheese Dog  
Spicy Popcorn Chicken with Roll  
Spicy Chicken Chef Salad with Dinner Roll  
Roasted Broccoli  
Fresh Cherry Tomatoes

**15**  
Bacon Cheeseburger  
Chicken Cobb Salad with Baked Pretzel  
Waffle Fries  
Garden Salad

**22**  
BBQ Chicken Sandwich  
Boneless Buffalo Wings with Roll  
Boneless BBQ Wings with Roll  
Mac and Cheese with Garlic Breadstick  
Popcorn Chicken Salad with Roll  
Waffle Fries  
Fresh Baby Carrots  
DIRT PUDDING!

**29**  
Chicken Potato Bowl with Garlic Breadstick  
Chicken Tenders with Roll  
Grilled Cheese Sandwich  
Turkey Chef Salad with Baked Pretzel  
Roasted Broccoli  
Fresh Cherry Tomatoes

**2**  
Walking Taco  
Fish Sticks with Mac and Cheese  
Popcorn Chicken Salad with Roll  
Roasted Broccoli  
Celery Sticks

**9**  
Popcorn Chicken with Roll  
Chicken Cobb Salad with Baked Pretzel  
Waffle Fries  
Fresh Broccoli

**16**  
Beef Nachos with Spanish Rice  
Chicken Tenders with Roll  
Spicy Bufalo Chicken Wrap  
Roasted Zucchini  
Fresh Baby Carrots

**23**  
Cheddar Cheese Nachos with Spanish Rice  
Powder Sugar French Toast Sticks with Sausage  
Turkey/Cheese Sub  
Pinto Beans  
Tater Tots  
COOL TROPICS!

**30**  
Southwest Baked Potato with Twisted Breadstick  
Chili Cheese Tamale with Spanish Rice  
Yogurt and Cheese Plate with Baked Pretzel  
Pinto Beans  
Fresh Cucumbers

**3**  
Walking Cheese Nachos  
Fiesta Tostada with Spanish Rice  
Spicy Buffalo Chicken Wrap  
Pinto Beans  
Steamed Carrots

**10**  
Chicken Alfredo with Garlic Breadstick  
Turkey/Cheese Sandwich  
Pinto Beans  
Glazed Carrots  
Fresh Broccoli

**17**  
Southwest Baked Potato with Twisted Breadstick  
Chicken Tenders with Roll  
Chicken Potato Bowl with Garlic Breadstick  
Chicken Cobb Salad with Baked Pretzel  
Mashed Potatoes with Gravy  
Fresh Cherry Tomatoes

**24**  
Boneless Buffalo Wings with Roll  
Lemon Pepper Boneless Wings with Roll  
Spicy Chicken Chef Salad with Dinner Roll  
French Fries  
Fresh Baby Carrots

**31**  
Beefy Mac with Twisted Breadstick  
Chicken and Waffle  
Meatball Flatbread  
Turkey Chef Salad with Baked Pretzel  
French Fries  
Celery Sticks

**4**  
Chicken Alfredo with Garlic Breadstick  
Breaded Beef Fingers with Roll  
Chili Cheese Dog  
Popcorn Chicken Salad with Roll  
Mashed Potatoes with Gravy  
Fresh Cherry Tomatoes

**11**  
Beef Meatloaf with Roll  
Breaded Beef Fingers with Roll  
Spicy Chicken Chef Salad with Roll  
Mashed Potatoes with Gravy  
Celery Sticks

**18**  
**No School!**

**25**  
Beefy Mac with Twisted Breadstick  
Chicken and Waffle  
Meatball Flatbread  
Turkey Chef Salad with Baked Pretzel  
French Fries  
Celery Sticks

**Selections Vary Daily:  
Cheese, Meat-Lover's,  
Buffalo Chicken, or  
Pepperoni Pizza,  
Hamburger,  
Cheeseburger, Spicy  
or Regular Chicken  
Sandwich, Seasonal  
Fresh or Canned Fruit,  
Milk**

