



Menu Name : Cologne Academy Breakfast Menu Grade Level / Age Group : K-8 Grades			Meal Pattern : NSLP		Meal : Breakfast					
MAY - 2025										
Breakfast	<div>Milk in School Meals</div> <p>Milk is more than just a beverage; it's a powerhouse of essential nutrients crucial for growing bodies. From calcium and vitamin D to protein and potassium, milk offers a myriad of health benefits, supporting bone health, muscle function and overall growth.</p> <p>We offer fat-free and low-fat (unflavored or flavored) milk at mealtimes. This ensures students receive the nutritional benefits of milk without added fats. For students with a medically documented food allergy, we provide lactose-free milk as an alternative.</p>			Thursday, May 1, 2025		Friday, May 2, 2025				
				Choco-Crisp Belgian Waffle		Banana Chocolate Chip Oatmeal Round				
				100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)				
				Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)				
				Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day						
Breakfast	Monday, May 5, 2025		Tuesday, May 6, 2025		Wednesday, May 7, 2025		Thursday, May 8, 2025		Friday, May 9, 2025	
	Assorted Big Cereal Bowl		Banana Loaf		Orange Dream Muffin		Cinnamon Roll		Maple Snack'n Waffle	
	100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)	
	Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day									
Breakfast	Monday, May 12, 2025		Tuesday, May 13, 2025		Wednesday, May 14, 2025		Thursday, May 15, 2025		Friday, May 16, 2025	
	Assorted Big Cereal Bowl		French Toast Breakfast Bread		Cake Glazed Donut		Pancake Puffs Pack		Mini Cinnis	
	100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)	
	Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)	
	Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day									
Breakfast	Monday, May 19, 2025		Tuesday, May 20, 2025		Wednesday, May 21, 2025		Thursday, May 22, 2025		Friday, May 23, 2025	
	Assorted Big Cereal Bowl		Chocolate Swirl		Banana Bread Super Slice		WG Muffin			
	100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)		100% 4.23 oz Fruit Juice (1 item)			
	Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)		Choice Milk & Second Fruit (1 item each)			
	Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day									

\*\*\* Three Items meet USDA requirements (One item must be fruit).

Skim &amp; 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.