

APRIL 2025

BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free
 Adult Breakfast: \$ 4.00
 Adult Lunch: \$5.50

Monday

Tuesday

Wednesday

Thursday

Friday

**Spaghetti w/Meat sauce
 Or Marinara**
 Roasted Green Beans
 Fresh Fruit & Salad Bar

Fresh Pizza
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Ultimate Nachos
 Beef or Bean
 Corn
 Cheddar Cheese Sauce
 Rice, Salsa and Sour Cream
 Fresh Fruit & Salad Bar

Crispy Chicken Tenders
 Roasted Potato Wedges
 Broccoli Cheddar Soup
 Fresh Fruit & Salad Bar

Cheesy Breadsticks
 Marinara Sauce
 Roasted Broccoli
 Fresh Fruit & Salad Bar

BMU Bowls
 Chicken Nuggets or
 Mashed Potato, Corn, Gravy
 Fresh Fruit & Salad Bar

Fresh Pizza
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

**Traditional Grilled Cheese
 or Pesto Tomato Grilled Cheese**
 Tomato Soup
 Grilled Asparagus
 Fresh Fruit & Salad Bar

**Chicken Broccoli Alfredo
 Or Broccoli Alfredo**
 Garlic Toast
 Fresh Fruit & Salad Bar

Mac and Cheese
 Sweet Pea
 Bread Roll
 Fresh Fruit & Salad Bar

**Chicken and/or Cheese
 Quesadilla**
 Corn,
 Rice, Salsa and Sour Cream
 Fresh Fruit & Salad Bar

Fresh Pizza
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Brunch for Lunch
 French Toast Sticks
 Scrambled Eggs
 Sausage
 Roasted Home fries
 Fresh Fruit & Salad Bar

Early Release Day
**Crispy Chicken Sandwich
 On a Bun**
 Roasted Potato Wedges
 Roasted Zucchini



Generals Chicken
 w/ Broccoli
 Fried Rice
 Spring Rolls
 Fresh Fruit & Salad Bar

Ultimate Nachos
 Beef or Bean
 Corn
 Cheddar Cheese Sauce
 Rice, Salsa and Sour Cream
 Fresh Fruit & Salad Bar

Fresh Pizza
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Breakfasts Available Everyday

Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt
 with Granola, Muffins & Breakfast Breads
 1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any
 questions or comments.
paul.pellegrino@oesu.org

This Institution is an equal opportunity provider

Full Custom Sandwich Station available
 every day for grades 5-12

Peanut Butter & Jelly or Ham & Cheese
 Sandwiches are always available everyday as
 a substitute for any entrée meal.