



BE EXCELLENT ON PURPOSE
& EMBRACE EACH DAY WITH

joy & gratitude!

Bring It On!

BRICKIE TIP #25 : Confidence Affirmations

Part of being grateful for ourselves is being self-confident.

Being self-confident is possessing belief in your own ability to succeed and assert self when necessary.

Now, figure out a way to work at least two or three of these affirmations into your week. Check the boxes when you've completed the challenge.

☐ AFFIRMATION #1

I believe in myself and my ability to succeed.

☐ AFFIRMATION #2

I deserve to be happy and successful.

☐ AFFIRMATION #3

I value myself.

☐ AFFIRMATION #4

I can overcome every obstacle that comes my way.

☐ AFFIRMATION #5

I am always growing and transforming.

☐ AFFIRMATION #6

I can overcome my insecurities.

☐ AFFIRMATION #7

I have the courage to chase my dreams.

