

School Health Advisory Council Minutes

Thursday, March 6, 2025

CISD Administration Building

9:00 a.m.

Welcome & Opening Remarks

A. Call to Order at 9:00 am

B. Starla Martin, Director of Student Services, provided the welcome and introduction of members C. Ginger Anderson to read the Mission & Purpose. Review SHAC purpose, norms and mission for the meetings

Agenda

1. Renewal of Youth Equipped to Succeed for 2025-2026 school year- Starla Martin

In compliance with Senate Bill 9 (SB 9), public schools are required to provide instruction on child abuse, family violence, dating violence, and sex trafficking. This instruction requires parental consent before students can participate.

To meet this requirement, we have chosen to provide the curriculum through an assembly format, ensuring that materials are age-appropriate for students in grades 6–12. These assemblies will follow a three-year rotation, covering essential topics through the programs:

Determined to Succeed

Freedom to Succeed

Focus on Success

2. Puberty Education- 4th Grade

Options:

Puberty- The Wonder Years <http://pubertycurriculum.com>

Always Changing and Growing Up- Girl Video/Boy Video on YouTube

▶ Always Changing and Growing Up- Girls Puberty Education

▶ Always Changing and Growing Up- Boys Puberty Education

Wellcast Puberty Videos

▶ Wellcast - Inside Puberty: What Are the Stages of Puberty? (Intro)

▶ All About Boys Puberty

▶ Wellcast - What is Puberty? Decoding Puberty in Girls

Unanimously approved for the 2025-2026 school year: Always Changing and Growing Up

3. Graduation Requirement Proposal- Katie Wells

Unanimously approved local graduation requirements:

CPR/AED education taught through Biology course

Peace Officer education taught through World History

Upcoming:

- Parent resource fair district-wide event, both district and community non-profit organizations. March 31, 2025 6-8pm at MMS

CISD SHAC MEETING ROSTER OCTOBER 28, 2024

	Position & Campus
Tamara Perry	Parent Moore Middle School
Leonore Schom	Staff Director Food & Nutrition
Lareina Kelly	Staff Food Services Supervisor
Sarah Voth	Parent Lykins
Monique Goodwin	Parent CHS, MMS, O'Dell
Katie Wells	Staff Lead Counselor @ CHS & MMS
Finley Proffer	Staff CISD PD Chief
Kyle Sheridan	Staff Asst. AD Head ATC
Alexandra Kuznetsova	Parent
Danielle Lewis	Parent Bothwell
Ginger Anderson	Parent CHS SHAC Chair
Krystal Phillips	Parent Martin Elementary SHAC Secretary

Julie Daley	Parent
Starla Martin	Staff Director of Student Services
Juli Krepps (via phone)	Staff Adaptive Sports Coordinator