# Lots to Love about School Lunch!



#### Healthy, Balanced, Safe Meals



We oversee\* what goes on the plate so you don't have to!
☑ Tastes great
☑ Limited sodium
☑ Lots of delicious fruits, veggies, and chilled low-fat milk

Additionally, school kitchens always meet or exceed state guidelines for safe food, including keeping hot food hot and cold food cold until it's served. With plenty of warm, filling options there's no need for your child to wait at the microwave to heat their packed lunch.

\*by following USDA NSLP Guidelines



#### **Power of Choice**

With multiple daily options for entrees and sides, kids have the power to choose what they want to eat every day!



### **Take Back Your Time**

Add up the time you spend planning meals, grocery shopping, prepping and packing lunches, and cleaning the lunch box. You can put more time back in your day by leaving meals to us.



## **Compare Costs**

Compare the cost of soaring grocery store prices on standard lunch items and fresh produce to the cost of the school lunch. Add in any costs for baggies, cutlery, icepacks and lunchboxes. You may be surprised at which option provides the best value!



#### **Less Waste**

We all know kids can be picky. Buying lunch means they get to choose what they want to eat each day rather than throwing away any unwanted food packed in their lunch.



#### **No-Stress Payment**

Gone are the days when your child has to carry cash to purchase school lunch. Being able to load their account ahead of time gives you one less thing to think about each day.



## **Try Something New!**

Packed lunches often consist of the same rotation of foods. School lunch gives your child the opportunity to try different foods every day.

Our team of chefs and dietitians are constantly developing new recipes that keep up with trends (and are kid-approved)!

This institution is an equal opportunity provider.

