



BLACK BEAR
CAFE

LUNCH MENU

MAKE IT A MEAL

SKIM, LF CHOCOLATE OR LACTAID MILK
FRESH APPLES, ORANGES, AND BANANAS
FRESH FRUIT CUP
FRESH VEGGIE CUP
HOT VEGETABLE OF THE DAY



GRILL

PIZZA
BURGERS
CHICKEN SANDWICHES
BOSCO STICKS
CHICKEN & CHEESE QUESADILLA

DELI

HAM & TURKEY SUBS
GRILLED CHICKEN WRAPS
CHEF SALAD
SPRING COBB SALAD
GREEK SALAD

GRAB & GO

PB&J PACK
FRUIT & YOGURT PARFAIT
CHICKEN SALAD PLATE
HUMMUS PLATE

IF YOU HAVE A FOOD ALLERGY OR SPECIAL DIETARY NEED, PLEASE NOTIFY A
MEMBER OF OUR FOOD SERVICE TEAM!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER