



Orange County Schools Snack Menus for April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	April 1 No School Spring Break	April 2 No School Spring Break	April 3 No School Spring Break	April 4 No School Spring Break
April 7 No School Teacher Work Day	April 8 Baked Doritos (wg) 100% Fruit Juice	April 9 Turkey Sandwich Half (wg) 100% Apple Juice	April 10 Cereal Bowl (wg) Milk	April 11 NutriGrain Bar (wg) 100% Fruit Juice
April 14 Cheez-It Crackers (wg) 100% Fruit Juice	April 15 Yogurt Cup Educational Crackers (wg)	April 16 Chex Snack Mix (wg) 100% Fruit Juice	April 17 Applesauce String Cheese	April 18 No School
April 21 Tortilla Chips (wg) Salsa	April 22 Rice Krispies Treat (sg) Fruit Choice	April 23 Muffin (wg) Milk	April 24 Pretzels (wg) Fruit Choice	April 25 Graham Crackers (wg) Milk
April 28 Goldfish Crackers (wg) String Cheese	April 29 Baked Doritos (wg) 100% Fruit Juice	April 30 Turkey Sandwich Half (wg) 100% Apple Juice	Menus are subject to change.	wg = whole grain rich

Families Making the Connection

Every Kid Healthy

Did you know that April 21-25 is Every Kid Healthy Week? Every Kid Healthy™ Week is an annual celebration of school health and wellness. It takes place during the last full week of April – each day shines a spotlight on the actions schools and families are taking to improve the health and wellness of their kids and teens.

Nutrition, physical activity, and mental health impact learning. Eating nutritious meals and snacks, getting enough sleep, having a support system and healthy strategies to manage stress, and moving more with walking, biking, dancing, playing sports, or other activities are all important. Healthy youth are better prepared to learn and thrive!

Everyone can take action during Every Kid Healthy™ Week and throughout the year. Learn more and find resources at [actionforhealthykids.org](https://www.actionforhealthykids.org).

- Prepare and choose nutritious foods and beverages.
- Move more for fitness.
- Be kind to yourself and others.
- Serve as a role model for health and wellness.
- Learn about your local wellness policy for your school district and find ways you can get involved.
- Promote and support wellness for your school, family, and community.