



Orange County Schools Pre-K Menus for April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	April 1 No School Spring Break	April 2 No School Spring Break	April 3 No School Spring Break	April 4 No School Spring Break
April 7 No School Teacher Workday	April 8 Chicken Waffle Sandwich Soft Taco Pinto Beans Fruit Choice	April 9 Whole Grain Cereal Chicken Sandwich Green Beans Fruit Choice	April 10 Scrambled Eggs w/Toast Pasta w/Meat Sauce Broccoli Fruit Choice	April 11 Manager's Choice Entrée Assorted Pizza Buttered Corn Fruit Choice
April 14 Sausage Biscuit Pizza Sticks w/Marinara Sauce Seasoned Greens Fruit Choice	April 15 Banana Bread Slice Loaded Nachos Black Beans Fruit Choice	April 16 Whole Grain Cereal Toasted Cheese Sandwich Green Beans Fruit Choice	April 17 Manager's Choice Entrée Assorted Pizza Buttered Corn Fruit Choice	April 18 No School
April 21 Muffin Garlic French Bread Broccoli Fruit Choice	April 22 Whole Grain Cereal Chicken Quesadilla Pinto Beans Fruit Choice	April 23 Breakfast Pizza Cheeseburger on Bun Baked Beans Fruit Choice	April 24 Mini Waffles Beef Steak w/Gravy & Roll Mashed Potatoes Fruit Choice	April 25 Manager's Choice Entrée Assorted Pizza Vegetable Choice Fruit Choice
April 28 Fruited Yogurt Cup Chicken Nuggets Oven Fries Fruit Choice	April 29 Chicken Waffle Sandwich Soft Taco Pinto Beans Fruit Choice	April 30 Whole Grain Cereal Chicken Sandwich Green Beans Fruit Choice	Menus are subject to change.	Breakfast includes: Fruit Choice 1% Milk

Families Making the Connection

Every Kid Healthy

Did you know that April 21-25 is Every Kid Healthy Week? Every Kid Healthy™ Week is an annual celebration of school health and wellness. It takes place during the last full week of April – each day shines a spotlight on the actions schools and families are taking to improve the health and wellness of their kids and teens.

Nutrition, physical activity, and mental health impact learning. Eating nutritious meals and snacks, getting enough sleep, having a support system and healthy strategies to manage stress, and moving more with walking, biking, dancing, playing sports, or other activities are all important. Healthy youth are better prepared to learn and thrive!

Everyone can take action during Every Kid Healthy™ Week and throughout the year. Learn more and find resources at [actionforhealthykids.org](https://www.actionforhealthykids.org).

- Prepare and choose nutritious foods and beverages.
- Move more for fitness.
- Be kind to yourself and others.
- Serve as a role model for health and wellness.
- Learn about your local wellness policy for your school district and find ways you can get involved.
- Promote and support wellness for your school, family, and community.