

HURST JR. HIGH

GRAB AND GO

APRIL
2025

BREAKFAST: Student \$2.25 • Adult: a la carte **LUNCH:** Student \$3.65 • Reduced \$0.40 • Adult: \$5.25

BREAKFAST: PopTart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

<p>31 BREAKFAST Mini Pancakes OR PopTart & Cereal Craisins Fruit Juice</p> <p>LUNCH Cheese Enchiladas w/ Mexican Rice OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Ranch Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>1 BREAKFAST Chicken Biscuit Sandwich OR PopTart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Chicken/Cheese Quesadilla OR Crispy Chicken Caesar Salad w/ Flatbread OR Fruit/Cheese Plate w/ Muffin Broccoli, French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>2 BREAKFAST French Toast & Sausage Link OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Smackers OR Steak Fingers Wheat Roll OR Cold Cut Sub Sandwich OR Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/ Cream Gravy Green Beans Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>3 BREAKFAST Breakfast Pizza OR PopTart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Beef Lasagna OR Turkey/Ham/Cheese Salad Wheat Roll OR Crispy Chicken Sandwich OR Grilled Cheese Sandwich Bahamas Blend French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>4 BREAKFAST Mini Cinnis OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Manager's Special w/ Bread of the Day OR Crispy Buffalo Chicken Wrap OR Italian Sub Sandwich Whole Kernel Corn Tater Tots Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>
<p>7 BREAKFAST Chocolate Filled Crescent OR PopTart & Cereal Craisins Fruit Juice</p> <p>LUNCH Beef/Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>8 BREAKFAST Chicken-n-Waffles OR PopTart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Manager's Special w/ Bread of the Day OR Crispy Chicken Salad w/ Flatbread OR Fruit/Cheese Plate w/ Muffin French Fries California Blend Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>9 BREAKFAST Cinnamon Donut & String Cheese OR PopTart & Cereal Craisins, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Ham/Cheese Croissant OR Mango Yogurt Parfait w/ Muffin Mashed Potatoes w/ Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>10 BREAKFAST Manager's Special OR PopTart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Spaghetti w/ Meat Sauce OR Oven Fried Chicken Drumsticks OR Turkey/Ham/Cheese Salad Wheat Roll OR Blueberry Yogurt Parfait w/ Muffin Crinkle Cut Carrots French Fries Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>11 BREAKFAST Breakfast on a Stick OR PopTart & Cereal Craisins Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Pepper Jack Grilled Cheese Sandwich OR *Turkey Club Sub OR Crispy Chicken Wrap French Fries Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>

*Contains Pork

Fresh fruit offered daily

Menu Subject to change due to product availability



HURST - EULESS - BEDFORD

Independent School District

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-DASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

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14 BREAKFAST
Bagel Filled w/
Cream Cheese
OR
PopTart & Cereal
Craisins
Fruit Juice

LUNCH
Chicken Alfredo w/
Garlic Breadstick
OR
BBQ Beef Rib
Sandwich
OR
Strawberry Yogurt
Parfait w/ Muffin
Corn on the Cob
French Fries
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

15 BREAKFAST
Pancake & Sausage
Breakfast Sandwich
OR
PopTart & Cereal
Raisels, Fruit Juice

LUNCH
Hamburger/
Cheeseburger
OR
Cheese Bites
w/ Marinara Dip
OR
Ham/Cheese Sub
Sandwich
OR
Chicken Caesar
Salad w/ Flatbread
Green Beans
French Fries
Fresh Veg. of the Day
Fruit Cup, Fruit Juice

16 BREAKFAST
Breakfast Pizza
OR
PopTart & Cereal
Craisins, Fruit Juice

LUNCH
Chicken Nuggets
OR
Steak Fingers
Wheat Roll
OR
Italian Combo
Sub Sandwich
OR
Blueberry Yogurt
Parfait w/ Muffin
Mashed Potatoes
w/ Cream Gravy
Whole Kernel Corn
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

17 BREAKFAST
English Muffin w/
Egg & Cheese
OR
PopTart & Cereal
Raisels, Fruit Juice

LUNCH
Soft Chicken Tacos
w/ Mexican Rice
OR
Manager's Special
w/ Bread of the Day
OR
*Turkey Club Wrap
OR
Grilled Cheese
Sandwich
Ranch Beans
French Fries
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice



22 BREAKFAST
Mini French Toast
OR
PopTart & Cereal
Raisels
Fruit Juice

LUNCH
Hamburger/
Cheeseburger
OR
Sweet & Sour
Chicken w/
Seasoned Rice
and Wheat Roll
OR
Strawberry Yogurt
Parfait w/ Muffin
Bahama Blend
French Fries
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

23 BREAKFAST
Manager's
Special
OR
PopTart & Cereal
Craisins, Fruit Juice

LUNCH
Chicken Tenders
OR
Chicken Fried Steak
Wheat Roll
OR
Cold Cut Combo
Sub Sandwich
OR
Fruit/Cheese
Plate w/ Muffin
Mashed Potatoes
w/ Cream Gravy
Baked Beans
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

24 BREAKFAST
Breakfast Burrito
w/ Eggs & Sausage
OR
PopTart & Cereal
Raisels, Fruit Juice

LUNCH
*Pepperoni Calzone/
Cheese Calzone
w/ Marinara Dip
OR
Crispy Chicken
Sandwich
OR
Turkey/Ham/Cheese
Sub Sandwich
OR
Blueberry Yogurt
Parfait w/ Muffin
Green Beans
French Fries
Fresh Veg. of the Day
Fruit Cup, Fruit Juice

25 BREAKFAST
*Sausage Rolls
OR
PopTart & Cereal
Craisins, Fruit Juice

LUNCH
Pepperoni Pizza/
Cheese Pizza
OR
Manager's
Special w/
Bread of the Day
OR
Crispy Buffalo
Chicken Wrap
OR
Italian Sub
Sandwich
Steamed Broccoli
Tater Tots
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

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