



NYS Apples

April
2025
PRE K-12



Breakfast
Orchard Park



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chocolate Chip Muffin Top w/4 oz yogurt	2 Cinnamon Toast Crunch Cereal Bar	3 Breakfast Sandwich Sau- sage Egg and Cheese	4 Cinnamon Roll
	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
7 Wg Banana Muffin w/ 4oz yo- gurt	8 Chocolate Fudge Pop tart w/4oz yogurt	9 Cherry or Blueberry Breakfast bar	10 Breakfast Pizza	11 Apple Frudel
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
14	15	16	17	18
Spring Break!!				
21	22 Bagel filled with strawberry cream cheese	23 French Toast Sticks w/syrup	24 Egg & Cheese Wrap	25 Cherry Frudel
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
28 WG Chocolate Chip Muffin w 4oz yogurt	29 Assorted Cereal Day	30 National Tye-Dye Day Tye Dye WG Donuts		
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NY State Non-Fat or 1% White Milk
8oz

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN



If your student has a particular food allergy,
please contact the food service office @
(716)209-6251 or lhulings@op-schools.org

Student \$2.00
Adult \$2.90