

Checklist for Lice Treatment

- ☐ Treat hair with lice shampoo following package directions exactly (use the correct amount of product for the correct amount of time)
- ☐ Remove dead lice and work to remove nits/eggs with a nit comb after treatment
- ☐ Comb hair with nit comb every night for the next 2 weeks (Combing wet hair works the best)
- ☐ Repeat lice shampoo treatment per package instructions
- ☐ Continue to look for and remove nits
- ☐ Remove and wash all clothing, bedding, towels and blankets
- ☐ Wash in HOT water and dry in a HOT dryer (leave in dryer at least 10 minutes)
- ☐ Remove and place in plastic bags items that cannot be washed (stuffed animals, pillows, etc.), leave in sealed bags for at least 24 hours OR you can vacuum these items with the vacuum brush attachment
- ☐ Wash combs and brushes in VERY HOT water, allow to soak in hot water for 10 minutes (at least 130° F or 55° C)
- ☐ Vacuum all furniture, floors and carpets including car seats
- ☐ Tie long hair back in a ponytail, braid or bun