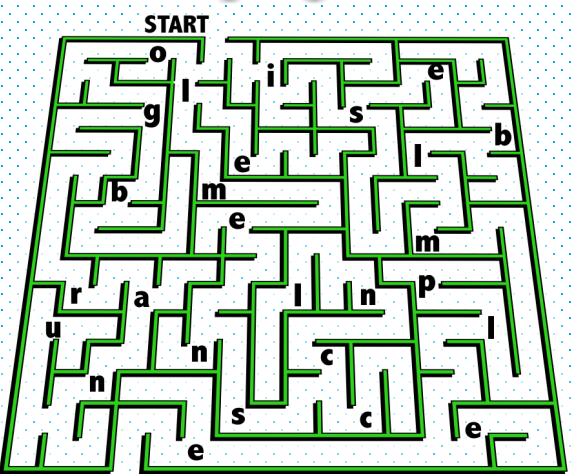




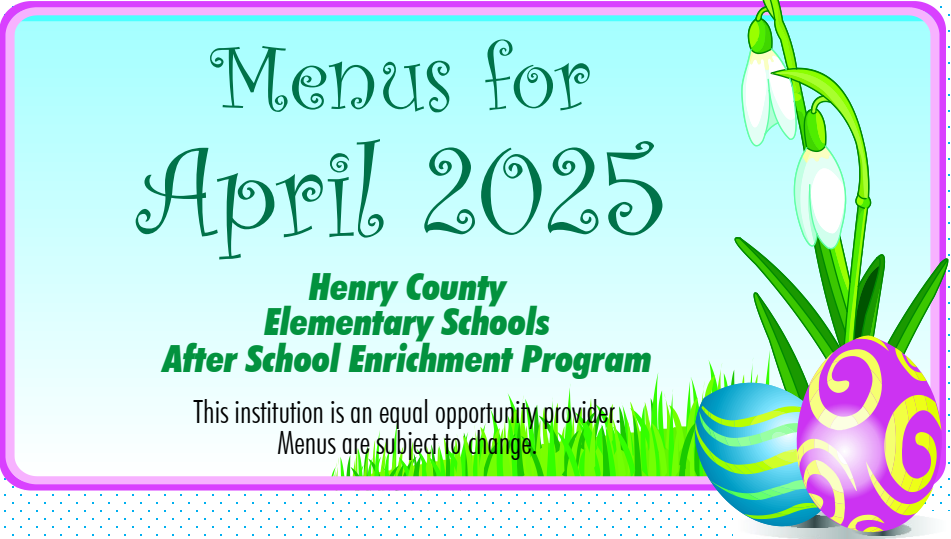
What's on YOUR plate?

Long ago, sailors used to suffer from a condition called "scurvy," until British sailors started taking a certain fruit (which contained a lot of vitamin C) with them on their voyages. Like magic, no more scurvy! To identify these magical fruits, trace a path through the maze, collecting letters as you go. Then, rearrange the letters you found on the correct path to get the answer!



ANSWER:

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html



Students Must Take Both Items For A Complete Snack!

Monday, March 31 WG Poptart Milk	Tuesday, April 1 Corn Dog (Ketchup & Mustard) 100% Juice	Wednesday, April 2 Smart Snack Chips 100% Fruit Juice	Thursday, April 3 Goldfish Crackers 100% Fruit Juice	Friday, April 4 WG Cereal Milk
Monday, April 14 WG Muffin Milk	Tuesday, April 15 WG Frudel 100% Juice	Wednesday, April 16 Smart Snack Chips 100% Fruit Juice	Thursday, April 17 Mini Bagels 100% Juice	Friday, April 18 Mini Chocolate Chip WG Cookies Milk
Monday, April 21 WG Muffin Milk	Tuesday, April 22 Corn Dog (Ketchup & Mustard) 100% Juice	Wednesday, April 23 Smart Snack Chips 100% Fruit Juice	Thursday, April 24 Goldfish Crackers 100% Fruit Juice	Friday, April 25 WG Cereal Milk
Monday, April 28 WG Muffin Milk	Tuesday, April 29 WG Frudel 100% Juice	Wednesday, April 30 Smart Snack Chips 100% Fruit Juice	Thursday, May 1 Mini Bagels 100% Juice	Friday, May 2 WG Graham Crackers Milk