




Veggie Pasta w/ Beef Sausage
Perilla Chicken
Chick Fillet on Bun

Hoke County Schools Breakfast Menus for April 2025

ELEMENTARY SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
	April 1 Chicken Pancake Sausage Sandwich Assorted Cereals Diced Pears Assorted Juice Assorted Milk	April 2 French Toast Sticks Assorted Cereals Mandarin Oranges Assorted Juice Assorted Milk	April 3 Breakfast Pizza Assorted Cereals Applesauce Cup Assorted Juice Assorted Milk	April 4 Dunkin Stix Assorted Cereals Diced Peaches Assorted Juice Assorted Milk
April 7 Apple Muffin Assorted Cereals Strawberry Applesauce Assorted Juice Assorted Milk	April 8 Cinni Minis Assorted Cereals Diced Pears Assorted Juice Assorted Milk	April 9 Chocolate Chip French Toast Minis Assorted Cereals Mandarin Oranges Assorted Juice Assorted Milk	April 10 Chicken Biscuit Assorted Cereals Applesauce Cup Assorted Juice Assorted Milk	April 11 Honey Bun Assorted Cereals Diced Peaches Assorted Juice Assorted Milk
April 14 Maple Pancake Minis Assorted Cereals Strawberry Applesauce Assorted Juice Assorted Milk	April 15 Chicken Pancake Sausage Sandwich Assorted Cereals Diced Pears Assorted Juice Assorted Milk	April 16 French Toast Sticks Assorted Cereals Mandarin Oranges Assorted Juice Assorted Milk	April 17 Breakfast Pizza Assorted Cereals Applesauce Cup Assorted Juice Assorted Milk	April 18 
April 21 READY, SET... SPRING	April 22 SPRING	April 23 BREAK!	April 24 BREAK!	April 25 BREAK!
April 28 Apple Muffin Assorted Cereals Strawberry Applesauce Assorted Juice Assorted Milk	April 29 Cinni Minis Assorted Cereals Diced Pears Assorted Juice Assorted Milk	April 30 Chocolate Chip French Toast Minis Assorted Cereals Mandarin Oranges Assorted Juice Assorted Milk	**GRAHAM CRACKERS OFFERED DAILY**	

Families Making the Connection

Every Kid Healthy

Did you know that April 21-25 is Every Kid Healthy Week? Every Kid Healthy™ Week is an annual celebration of school health and wellness. It takes place during the last full week of April – each day shines a spotlight on the actions schools and families are taking to improve the health and wellness of their kids and teens.

Nutrition, physical activity, and mental health impact learning. Eating nutritious meals and snacks, getting enough sleep, having a support system and healthy strategies to manage stress, and moving more with walking, biking, dancing, playing sports, or other activities are all important. Healthy youth are better prepared to learn and thrive!


Everyone can take action during Every Kid Healthy™ Week and throughout the year. Learn more and find resources at [actionforhealthykids.org](https://www.actionforhealthykids.org).

- Prepare and choose nutritious foods and beverages.
- Move more for fitness.
- Be kind to yourself and others.
- Serve as a role model for health and wellness.
- Learn about your local wellness policy for your school district and find ways you can get involved.
- Promote and support wellness for your school, family, and community



Hoke County Schools Lunch Menus for April 2025

ELEMENTARY SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
	April 1 Meatball Sub Grilled Cheese Sandwich Chef's Salad w Diced Chicken w/ Dinner Roll Baked Beans Seasoned Sweet Potato Fries Mixed Fruit Low fat or Fat-Free Milk	April 2 Deep Dish Pepperoni Pizza Cheeseburger on Bun Peanut Butter and Jelly Sandwich Steamed Broccoli Buttered Corn Diced Pears Low fat or Fat-Free Milk	April 3 Hamburger Steak w Gravy Grilled Cheese Sandwich Chef Salad w Egg & Cheese w Breadstick Stir Fry Vegetables Sweet Potato Souffle *NC Heirloom Carolina Gold Steamed Rice Breadstick Spiced Apples Low-fat or Fat-Free Milk	April 4 Corn Dog Grilled Chicken Sandwich Peanut Butter and Jelly Sandwich Baked Beans Cheesy French Fries Strawberry Cup Low fat or Fat-Free Milk
April 7 Chicken Nuggets Grilled Cheese Sandwich Veggie Burger on Bun Steamed Broccoli Mashed Potatoes Pineapple Tidbits Dinner Roll Low Fat or Fat-Free Milk	April 8 Soft Shell Beef Taco Peanut Butter and Jelly Sandwich Chef Salad w Egg & Cheese w Crackers Black Beans Shredded cheese Salsa Buttered Corn Spiced Apples Low-fat or Fat-Free Milk	April 9 Spaghetti w/Meatballs Grilled Cheese Sandwich Veggie Burger on Bun Steamed Broccoli Sweet Potato Souffle Diced Peaches Wild Mike's Cheesy Bites Low fat or Fat-Free Milk	April 10 General Tso's Chicken Peanut Butter and Jelly Sandwich Chef Salad w/ Grilled Chicken w/ Breadstick Green Beans Steamed Carrots Chow Mein Noodles Mandarin Oranges Low fat or Fat-Free Milk	April 11 Hot Dog on Bun Grilled Chicken Wrap Grilled Cheese Sandwich Baked Beans Seasoned French Fries Pineapple Tidbits Low Fat or Fat-Free Milk
April 14 Chick Fillet on Bun Peanut Butter and Jelly Sandwich Stuffed Crust Cheese Pizza Steamed Broccoli Seasoned Potato Tots Diced Peaches Low fat or Fat-Free Milk	April 15 <u>BREAKFAST FOR LUNCH</u> Buttered Grits & Smokies Egg & Cheese Biscuit Chef Salad w/ Grilled Chicken w/ Breadstick Seasoned Sweet Potato Fries Pinto Beans *Fresh Strawberries Low fat or Fat-Free Milk	April 16 Beefy Nachos Chicken Quesadilla Peanut Butter and Jelly Sandwich Black Beans, Buttered Corn Shredded Lettuce Diced Tomatoes, Salsa Spiced Apples Low fat or Fat-Free Milk	April 17 Asian Zing Meatballs Grilled Cheese Sandwich Chef Salad w/ Grilled Chicken w/ Breadstick Steamed Broccoli *Fresh Baked Sweet Potato w/Cinnamon Sugar Topping *NC Heirloom Carolina Gold Steamed Rice Breadstick Mandarin Oranges	April 18 
April 21 READY, SET... SPRING	April 22 SPRING	April 23 SPRING	April 24 BREAK! SPRING	April 25 BREAK! SPRING
April 28 Chicken Tenders Grilled Cheese Sandwich Veggie Burger on Bun Steamed Broccoli Mashed Potatoes Diced Peaches Dinner Roll Low fat or Fat-Free Milk	April 29 Wedge Cheese Pizza Peanut Butter and Jelly Sandwich Pork Riblet on Bun Seasoned Sweet Potato Fries Pinto Beans Mixed Fruit Low fat or Fat-Free Milk	April 30 Spicy Chicken Sandwich Grilled Cheese Sandwich Chicken Quesadilla w Salsa Pinto Beans Potato Tots Diced Pears Low-fat or Fat-Free Milk		



***NC Farm-to-School**

Updated 3/31/2025