

Menus for April 2025

Tangipahoa
Parish School
System



This institution is an equal opportunity provider. Menus are subject to change.

Tuesday, April 1

Breakfast

Chocolate Swirl or
Tangi McGriddle
Fruit Cocktail
Fruit Juice

Lunch

Breaded Pork Chop
Mashed Potatoes &
Gravy
Green Beans
Dinner Roll
Fruit Cocktail

Wednesday, April 2

Breakfast

Eggstravaganza &
Biscuit or
Iced Cinnamon Swirl
Fresh Apple Slices
Fruit Juice

Lunch

Sloppy Joe on Bun
Tator Tots
Marinated Tomatoes
Fun Dip Apples

Thursday, April 3

Breakfast

Crunchmania or
Chicken Biscuit
Banana
Fruit Juice

Lunch

Salisbury Steak/Gravy
Mashed Potatoes
Glazed Carrots
Baked Beans
Dinner Roll
Banana

Friday, April 4

Breakfast

Pancake on Stick or
Glazed Donut
Chilled Peaches
Fruit Juice

Lunch

Pizza
Marinara Sauce
Buttered Corn
Peach Crisp

Monday, April 7

Breakfast

Sausage & Egg Biscuit
or Muffin
Mandarin Oranges
Fruit Juice

Lunch

Teriyaki Beef Dippers
Tator Tots
Steamed Broccoli
Baked Beans
Dinner Roll
Candy Corn Fruit

Tuesday, April 8

Breakfast

Breakfast Bar or
Poffitz Pancake Bites
Craisins
Fruit Juice

Lunch

Walking Tacos
Queso Cheese
Salsa/Sour Cream
Buttered Corn
Frozen Fruit Cup

Wednesday, April 9

Breakfast

Cereal or
Dutch Waffle
Tropical Fruit
Fruit Juice

Lunch

Baked Chicken
Mashed Potatoes &
Gravy
Marinated Tomatoes
Dinner Roll
Tropical Fruit

Thursday, April 10

Breakfast

French Toast Sticks or
Cinnamon Toast
Crunch Bar
Fresh Orange Wedges
Fruit Juice

Lunch

Hamburger
French Fries
Lett/Tomato/Pickle
Baked Apples

Friday, April 11

Breakfast

Egg Fiestada or
Breakfast Pizza
Applesauce
Fruit Juice

Lunch

Chicken & Sausage
Gumbo
Steamed Rice
Potato Salad
Marinated Cucumbers
Crackers
Applesauce



April 11-13, 2025





Monday, April 14

Breakfast

Chicken Biscuit or
Cereal Bar
Pineapple Tidbits
Fruit Juice

Lunch

Hot Dog on Bun w/
Chili & Cheese
Tater Tots
Baked Beans
Pineapple Tidbits

Tuesday, April 15

Breakfast

Homemade Cinnamon
Roll or Breakfast Bar
Fresh Apple Slices
Fruit Juice

Lunch

Mandarin Orange Chicken
Steamed Rice
Dumplings w/ Teriyaki
Vegetable Blend
Salad w/ Dressing
Fruit Gel Cup

Wednesday, April 16

Breakfast

Pizza Bagel or
Crescent Filled Bar
Chilled Peaches
Fruit Juice

Lunch

Beef Stew
Steamed White Rice
Candied Yams
Dinner Roll
Strawberry Shortcake

Thursday, April 17

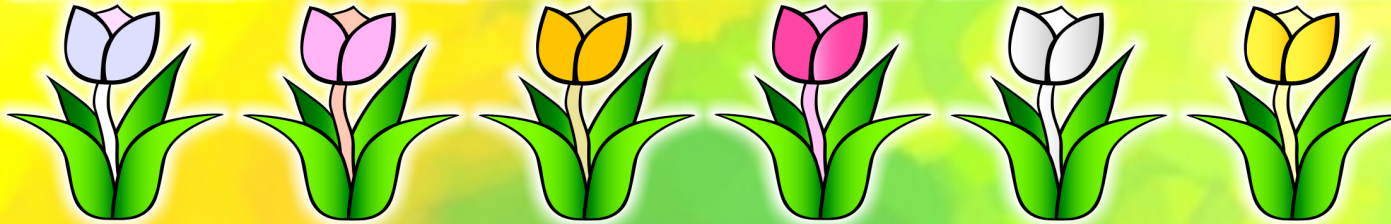
Breakfast

Cheese Omelet,
Sausage & Toast or
Breakfast Clusters
Banana
Fruit Juice

Lunch

Chicken Tenders
Cheesy Potatoes
Steamed Broccoli w/
Cheese
Texas Toast
Banana

SPRING BREAK

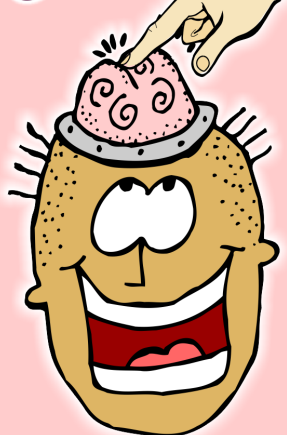


Break begins at the end of classes:
Friday, April 18

Classes resume:
Monday, April 28



Brain



Ticklers

Why does everyone feel so tired in April?

(Hold the page upside down and read it in a mirror for the answer!)

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Monday, April 28

Breakfast

Cereal Bar or
Pop Tarts
Fresh Orange Wedges
Fruit Juice

Lunch

Pizza Crunchers
Tator Tots
Garden Salad
Baked Beans
Fresh Orange Wedges

Tuesday, April 29

Breakfast

Chicken Biscuit or
Breakfast Bar
Applesauce
Fruit Juice

Lunch

Nachos-Taco Meat
Golden Queso
Tortilla Chips
Salsa
Buttered Corn
Applesauce

Wednesday, April 30

Breakfast

Sausage, Egg & Cheese
Croissant or
Cereal
Raisins
Fruit Juice

Lunch

Popcorn Chicken Bites
Mashed Potatoes &
Gravy
Green Peas
Dinner Roll
Frozen Fruit Cup

TIME TO BLOSSOM.

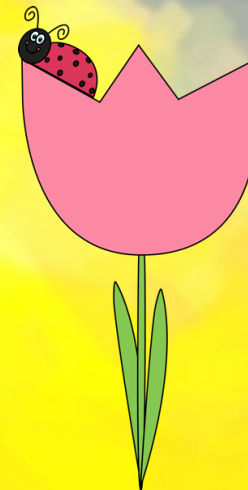
The flowers are coming out of hiding – and so should you! That resolution to exercise more that seemed so hard in the cold light of January is much more do-able as the weather warms!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

5-12 Grade Sandwich Line Menu

Tuesday, April 1 Stuffed Crust Pizza	Wednesday, April 2 Taquitos	Thursday, April 3 Homemade Grilled Cheese Sandwich		Friday, April 4 Spicy Chicken On Bun	Monday, April 7 Breaded Chicken On Bun
Tuesday, April 8 Hot Roast Beef Sandwich	Wednesday, April 9 Hot Dog with Chili & Cheese	Thursday, April 10 Buffalo Chicken Pizza	Friday, April 11 Spicy Chicken On Bun	Monday, April 14 Popcorn Chicken Bites	Tuesday, April 15 BBQ Chicken Pizza
Wednesday, April 16 Ham & Cheese Melt	Thursday, April 17 Cheeseburger		Monday, April 28 Breaded Chicken On Bun	Tuesday, April 29 Stuffed Crust Pizza	Wednesday, April 30 BBQ Chicken On Bun



9-12 Grade Salad Line Menu Available on Tuesday's & Thursday's

Tuesday, April 1 Spicy Chicken Salad	Thursday, April 3 Chef Salad	Tuesday, April 8 Popcorn Chicken Salad	Thursday, April 10 Taco Salad
Tuesday, April 15 Spicy Chicken Salad	Thursday, April 17 Chef Salad	Tuesday, April 29 Popcorn Chicken Salad	

NUTRITION TO GO

Not all chicken is created equal. In general, processed chicken, such as breaded chicken nuggets, is less nutritious than fresh chicken, and skin and dark meat contain more fat than white meat. Preparation also makes a difference -- fried chicken is OK once in awhile, but grilled or baked is better as a regular choice.

A QUICK BITE FOR TEENS