

School Health Service at BISS Gausel



City of
Stavanger

Who We Are

At BISS Gausel, the Public Health Nurse is:

Victoria I. Valenciano Fernández

☎ 51 91 21 15

✉ victoria.ines.valenciano.fernandez@stavanger.kommune.no

How to Contact Us

For parents of students under 16:

You can securely contact the school health service via **helsenorge** if you are registered in Stavanger municipality

School Health Service Team

The **School Health Service Team** is **interdisciplinary** and consist of:

- Public health nurse (on-site at the school)
- Physiotherapist
- Occupational therapist
- Psychiatric nurse
- Psychologist
- Doctor

The public health nurse is present at the school and manages most tasks, while the other professionals serve as expert resources when needed.

**For acute illness, please contact
your general practitioner**



We Offer

- Health promotion and preventive work in collaboration with the school
- Support for students' physical and psychosocial well-being
- Guidance to strengthen students' knowledge about their own health
- Assistance in coping with everyday challenges

Our Services

For All Students

- Follow-up according to the school health program
- Vaccinations as part of the **Childhood Immunization Program**

For Individual Students

- Support and follow-up based on specific needs

For Groups & Classes

- Health education and guidance
- Participation in selected parent meetings

Open Door Policy

- **No appointment needed for general inquiries!** Students can reach out whenever they need support.
- **Parents & Teachers** are welcome to reach out if needed.

We work closely with other services to ensure a **strong support network** for every student

Feel free to contact us about

- Vaccines and immunizations
- Emotional health
- Family challenges
- Nutrition & healthy living
- Puberty & development
- Physical activity & free-time activities
- Friendships & relationships
- Digital wellbeing
- Questions about Norwegian healthcare system, childhood & youth

Program Overview

PYP1

- **Meeting** with the school nurse: Height & Weight, hearing & sight (if no records)
- **National guidelines:** strong recommendation for all children to have a health check
- **Health Lesson:** Life skills/ Health promotion

PYP2

- **DTP-IPV Vaccination** (Diphtheria, Tetanus, Pertussis and Polio)

PYP3

- **Health Lesson:** Self-care, lifestyle, and prevention of violence and abuse
- **Follow-up** on height & weight and wellbeing

PYP5

- **Health Lesson:** Puberty in collaboration with school

PYP6

- **MMR Vaccination** (Measles, Mumps, and Rubella)
- **Spør Først**

MYP1

- **HPV Vaccination** (Human Papillomavirus)

MYP2

- **Health Lesson:** wellbeing, including mental and physical health
- **Follow-up** on height & weight and wellbeing

MYP3

- **Spør Først**

MYP4

- **DTP-IPV Vaccination** (Diphtheria, Tetanus, Pertussis, and Polio)

MYP5

- **Meningococcal Vaccine**

Useful sites

- [About the School Health Service](#)
- [The Childhood Immunization Program](#)
- [National Professional Guidelines](#)
- [Child and Family Center](#)
- [Children as Next of Kin](#)
- [Grief Support Group for Children and Youth](#)
- [Support Center for Relatives](#)
- [Parents Ask](#)
- [Everyday Parenting - Bufdir](#)
- [UNG.no](#)
- [Emergency Hotline for Children and Youth](#)
- [TIPS - Early Detection](#)