

Welcome current and future Cougar Cheerleaders!!!

We are so excited to kick off the 2025/2026 CMS Cheer Season with all of you! Please take a moment and complete the Google Form which contains the expectations for the year. [Google Form](#) A \$100 Deposit for Cheer Camp in July is due now and will secure your spot on the team. Payment information is available on the form. Contact Coach Lisa Hanes with any questions lhane@carmelunified.org