

SPECIAL EDUCATION DEPARTMENT

BREAKING THE BEHAVIOR CODE: Understanding the Disruptive Student

"Breaking the Behavior Code" means understanding that students' disruptive behavior is about communication, the way students act is reflective of their efforts to solve problems, and that all student behavior stems from one (or more) of the following four needs: gaining attention, escaping something undesirable, gaining something desirable, and obtaining sensory satisfaction.

We will discuss pro-active measures, what triggers a student, and minimizing those triggers and supporting students during situations they find triggering. We will also discuss how to help students learn replacement behaviors and coping strategies, as well as ways teachers can build rapport and trust with these students.

