School Health Advisory Council Special Meeting Minutes 03/10/25

Meeting start time – 4:52 p.m.

Opening Statements:

- Meeting called to order by Sara Humphrey, KISD Healthcare Coordinator
- Prior meeting minutes were presented and agreed upon
    - This meeting's minutes will need to be voted and approved during the next meeting.

Applications for Tarrant County Public Health presentations (Kids Growing Healthy)

- Nurse Humphrey in contact with Sheri Williams working towards presenting to Dr. Devlin
- Proposing implementation in the 6th grade due to increased exposure once in Jr High.
    - Tobacco and vaping presentation
    - Label reading
    - Eating the rainbow
    - Stress management
    - Heart healthiness, diabetes
- Education of parents as well, paperwork/pamphlets to help remind parents of the importance of proper nutrition for their students.
- Sending out Parent Square memo with information for parents regarding health updates and nutrition education
- Finding students that fall under free or reduced lunches in order to help provide snacks at times for certain students when they come to clinic hungry/not feeling well

Measles and vaccination compliance in schools:

- Plans put in place in the case of any measles cases reaching KISD.
- Meetings occurred for each campus with Nurse Humphrey, campus principal, campus nurse and Mr. Davis

Closing Remarks/Q&A:

- Open to suggestions to increase SHAC attendance from parents?
    - Registration having a SHAC table?
    - Specifically targeting parents of students in the Health Science program?
    - Nurse Humphrey spoke to Health Science teacher at KHS to attempt to offer extra credit for students to participate and join future SHAC meetings.
- Future meeting dates proposed:
    - May 12th

– 5:15 p.m. Meeting adjourned per Sara Humphrey