

9-12 HS Lunch

High School Lunch Menu Winter 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Mar 31	Apr 1	Apr 2	Apr 3	Apr 4
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Spring Break • RPS Closed 	<ul style="list-style-type: none"> • Spring Break • RPS Closed 	<ul style="list-style-type: none"> • Spring Break • RPS Closed 	<ul style="list-style-type: none"> • Spring Break • RPS Closed 	<ul style="list-style-type: none"> • Spring Break • RPS Closed
<i>Week 2</i>	Apr 7	Apr 8	Apr 9	Apr 10	Apr 11
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Pizza Boli Bites • Marinara Cup • Seasoned Green Beans • Fresh Fruit • Chilled Peaches • Assorted Milk 	<ul style="list-style-type: none"> • Queso Blanco Beef Nachos • Ranchero Beans • Salsa Cup • Fresh Fruit • 100% Fruit Juice • Assorted Milk 	<ul style="list-style-type: none"> • Spaghetti, Meatballs + Breadstick • Green Beans • Baby Carrots • Fresh Fruit • Chilled Pears • Assorted Milk 	<ul style="list-style-type: none"> • Spicy Chicken Sandwich • Pickle, Onion & Lettuce Cup • Seasoned Broccoli • Fresh Fruit • 100% Fruit Juice • Assorted Milk 	<ul style="list-style-type: none"> • Big Daddy's Pizza • Garden Salad • Seasoned Corn • Fresh Fruit • Chilled Pineapple • Assorted Milk
<i>Week 3</i>	Apr 14	Apr 15	Apr 16	Apr 17	Apr 18
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Crispy Catfish w/ Cornbread or Managers' Choice • Coleslaw • Potato Wedges • Fresh Fruit • Chilled Mandarin Oranges • Assorted Milk 	<ul style="list-style-type: none"> • Popcorn Chicken w/Dinner Roll • Sweet Potatoes • Collard Greens • Fresh Fruit • 100% Fruit Juice • Assorted Milk 	<ul style="list-style-type: none"> • Roasted Chicken w/ Dinner Roll • Green Beans • Seasoned Carrots • Fresh Fruit • Chilled Pineapple • Assorted Milk 	<ul style="list-style-type: none"> • Hot Honey Sloppy Joe • Baked Beans • Mixed Vegetables • Fresh Fruit • 100% Fruit Juice • Assorted Milk 	<ul style="list-style-type: none"> • Big Daddy's Pizza • Garden Salad • Seasoned Corn • Fresh Fruit • Frosty Mixed Berry Cup • Assorted Milk

Alternative Entree Options

- Yogurt & Granola - Mon, Wed
- Hamburger/Cheeseburger - Tue
- Chicken Sandwich - Wed
- Entree Salad w/ Roll - Mon - Fri
- M-F: Hummus Cup + Cheese stick w/ Tortilla Chips & Manager's Choice Fresh Vegetable

Nutrition Bites

April's *Nutrition Bites*: Lettuce is the Virginia harvest of the month! This crunchy green is full of water, fiber, and vitamin K to help keep you hydrated and support healthy bones. Toss it into salads, wraps, or sandwiches at home for a fresh and healthy boost!

Lunch includes:
Choice of 1 Entree,
1-2 Vegetables, 1-2
Fruits, and 1 Milk

Menu subject to change due
to item availability

Vegetarian Options
Available Upon Request