

Pre-K Lunch

*Pre-K School
Lunch Menu
Spring 2025*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Mar 31	Apr 1	Apr 2	Apr 3	Apr 4
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Spring Break • RPS Closed 	<ul style="list-style-type: none"> • Spring Break • RPS Closed 	<ul style="list-style-type: none"> • Spring Break • RPS Closed 	<ul style="list-style-type: none"> • Spring Break • RPS Closed 	<ul style="list-style-type: none"> • Spring Break • RPS Closed
<i>Week 2</i>	Apr 7	Apr 8	Apr 9	Apr 10	Apr 11
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Pizza Boli Bites • Potato Wedges • Marinara Cup • Chilled Peaches • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Queso Blanco Nachos • Ranchero Beans • Fresh Fruit • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Spaghetti w/ Meatballs • Seasoned Green Beans • Chilled Pears • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Crispy Chicken Sandwich • Seasoned Broccoli • Fresh Fruit • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Big Daddy's Pizza • Seasoned Corn • Chilled Pineapple • Unflavored Low-Fat Milk
<i>Week 3</i>	Apr 14	Apr 15	Apr 16	Apr 17	Apr 18
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> • Pizza Dippers • Marinara Cup • Green Beans • Mandarin Oranges • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Hot Dog • Steamed Broccoli • Fresh Fruit • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Chicken Nuggets • Seasoned Peas • Applesauce Cups • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Turkey Croissant • Baby Carrots • Fresh Fruit • Unflavored Low-fat Milk 	<ul style="list-style-type: none"> • Big Daddy's Pizza • Seasoned Corn • Mixed Fruit • Unflavored Low-fat Milk

Additional Daily Entree Option

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Nutrition Bites

April's *Nutrition Bites*: Lettuce is the Virginia harvest of the month! This crunchy green is full of water, fiber, and vitamin K to help keep you hydrated and support healthy bones. Toss it into salads, wraps, or sandwiches at home for a fresh and healthy boost!

Lunch includes:
Choice of 1 Entree,
1-2 Vegetables, 1 Fruit,
and 1 Milk

Menu subject to change due
to item availability

Vegetarian Options
Available Upon Request