

# K-8 Breakfast



*Grades K-8  
Breakfast Menu  
Spring 2025*

Breakfast includes:  
Choice of 1 Entree,  
1-2 Fruits, and 1 Milk

Menu subject to change  
due to item availability

Vegetarian options are  
available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Mar 31	Apr 1	Apr 2	Apr 3	Apr 4
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>Spring Break</li> <li>RPS Closed</li> </ul>	<ul style="list-style-type: none"> <li>Spring Break</li> <li>RPS Closed</li> </ul>	<ul style="list-style-type: none"> <li>Spring Break</li> <li>RPS Closed</li> </ul>	<ul style="list-style-type: none"> <li>Spring Break</li> <li>RPS Closed</li> </ul>	<ul style="list-style-type: none"> <li>Spring Break</li> <li>RPS Closed</li> </ul>
<i>Week 2</i>	Apr 7	Apr 8	Apr 9	Apr 10	Apr 11
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>Yogurt Parfait w/ Granola or Cereal w/ Cheese Stick</li> <li>Mandarin Oranges</li> <li>Fresh Fruit</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Turkey Sausage Breakfast Pizza or Muffin w/Boiled Egg</li> <li>Fresh Fruit</li> <li>100% Fruit Juice</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Country Steak Biscuit or Cereal &amp; Yogurt Cup</li> <li>Applesauce Cup</li> <li>Fresh Fruit</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Banana Bread Slice or Pop Tart w/ Cheese Stick</li> <li>Fresh Fruit</li> <li>100% Fruit Juice</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Mini Pancakes or Cereal w/ Cheese Stick</li> <li>Fresh Fruit</li> <li>Mixed Fruit</li> <li>Assorted Milk</li> </ul>
<i>Week 3</i>	Apr 14	Apr 15	Apr 16	Apr 17	Apr 18
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>Mini Cinnis or Cereal w/Cheese Stick</li> <li>Fresh Fruit</li> <li>Chilled Peaches</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Turkey Sausage Breakfast Pizza or Muffin w/ Boiled Egg</li> <li>Fresh Fruit</li> <li>100% Fruit Juice</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Turkey Sausage Eng. Muffin or Cereal &amp; Yogurt Cup</li> <li>Fresh Fruit</li> <li>Chilled Pears</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Biscuit or Pop Tart w/ Cheese Stick</li> <li>Fresh Fruit</li> <li>Chilled Fruit</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Mini Creamy Cheese Bagels w/Cheese Stick</li> <li>Fresh Fruit</li> <li>Craisins</li> <li>Assorted Milk</li> </ul>

*Alternative Entree Options*

*Nutrition Bites*

April's *Nutrition Bites*: Lettuce is the Virginia harvest of the month! This crunchy green is full of water, fiber, and vitamin K to help keep you hydrated and support healthy bones. Toss it into salads, wraps, or sandwiches at home for a fresh and healthy boost!